



## Who We Are



### About Easterseals UCP

Easterseals UCP provides REACH crisis services in Region I, serving the catchment areas of the following CSBs:

- Alleghany Highlands
- Harrisonburg-Rockingham
- Horizon
- Northwestern
- Rappahannock Area
- Rappahannock-Rapidan
- Region Ten
- Rockbridge
- Valley

### Easterseals UCP Mission Statement

Our purpose is to provide meaningful and exceptional services so that children and adults living with disabilities and mental health challenges can live, learn, work and play in their communities.

### Contact Us

24/7 Crisis & Referral Hotline: 855-917-8278

Web: [www.eastersealsucp.com](http://www.eastersealsucp.com)

### What does REACH offer?

- Clinical assessment and support
- Training and empowerment for individuals, families and caregivers
- 24/7 crisis line
- Mobile crisis response
- Mobile crisis supports in the home and community
- Short-term residential crisis stabilization at the Crisis Therapeutic Home
- Master's and bachelor's level clinicians
- Individualized crisis education and prevention planning
- Community and home based crisis intervention and stabilization support
- A multidisciplinary support team utilizing a biopsychosocial approach

### Adult REACH Region I

672 Berkmar Circle  
Charlottesville, VA 22901



### REACH Mission Statement

Individuals with developmental disabilities shall be supported with services that allow the individual to live the most inclusive life possible in his/her community, which includes access to appropriate and effective crisis stabilization, intervention, and prevention services, including mental health treatment services when indicated.

## Adult REACH Region I

24/7 Crisis & Referral Hotline:  
855-917-8278



## What is REACH?

The REACH program is designed to meet the crisis support needs of individuals who have a developmental disability and are experiencing crisis events which put them at risk for homelessness, incarceration, hospitalization, and/or danger to self or others. REACH programs offer an additional layer of support to emergency services, the state hospital system, and caregivers who work most closely with individuals with a developmental disability (DD).

### Who is eligible for REACH services?

REACH is a lifespan program that serves children and adults across the state.

In Region I, Easterseals UCP provides REACH services to adults ages 18 and up.

Individuals must have a documented intellectual and/or developmental disability AND co-occurring mental illness and/or significant behavioral challenges.

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*REACH can be contacted 24/7 via the crisis line at 855-917-8278. However, in the event that someone is a danger to themselves or others, please call 911 and request assistance from emergency responders first, and then follow up with a call to REACH.*

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### REACH Mobile Crisis Team

- 24/7 REACH crisis hotline
- Consultation with crisis clinician via phone
- On-site response for crisis assessment within 2 hours
- Development and training on individualized Crisis Education and Prevention Plans
- Linking to community service supports
- Training on prevention and stabilization strategies



Crisis Therapeutic Home in Charlottesville, VA

### Mobile Crisis Services

- Implementation of crisis stabilization plans in home and community settings
- Coaching/mentoring the system of support
- Skills assessment and development

### Crisis Therapeutic Home

- Six-bed short-term residential crisis stabilization (up to 30 days)
- Structured daily therapeutic schedule
- Therapeutic groups, activities, and community outings
- Skill-building exercises (ADLs, social skills, etc.)
- Emotional recognition and regulation development