

SEAC Meeting Minutes

December 08, 2020

- I. Welcome
- II. Persons present:
 - a. Elizabeth Cobb
 - b. Kim Dean
 - c. Nicole Group
 - d. Jennifer Beard
 - e. Sara Beckham-Henry
 - f. Stephanie Hicks
 - g. Jennifer Schaeffer
 - h. Cate Hudtloff
 - i. Irene Krone
 - j. Ahna See
 - k. Katy Compel
 - l. Amanda Wagner
 - m. Setsey Soul
 - n. Emily Boshkoff
 - o. Kate Barrett
 - p. Tanya Evans
 - q. Kevin Kirst
 - r. Michael Armstrong (invited speaker)
 - s. Rose Nevill (invited speaker)
- III. Motion to approve minutes—approved
- IV. Speaker: Rose Neville, PHD
UVA STAR Program (Supporting Transformative Autism Research)
 - a. Rose shared an overview of the STAR program with the SEAC, as well as describing current activities that may be of interest to parents and community members.
 - b. The STAR program is targeting the core themes in ASD research at UVA:
 - i. Recognize the signs of ASD
 - ii. Identify the biology of ASD
 - iii. Pinpoint cases of ASD and prevent disabling aspects
 - c. Rose also shared they have several active programs such as: the VA-LINKS project (increasing pediatrician's capacity to screen and diagnose ASD), PEERS program (social skills group, currently they are targeting adolescent and young adult females, contact is Erica Rouch), a research study looking at using ABA virtually to support caregivers in the home.
 - d. Rose also shared that they are recruiting participants for a study about transitional services and actively recruiting parents of children with ASD aged 12-24.

- e. The STAR program is also providing AutismDRIVE, which is a website providing information about a number of services, and STAR family navigation services.
- V. PRC Update—Michael Armstrong
- a. They are currently updating the lending library and they are looking for recommendations for from SEAC members regarding books that have been helpful to them as parents. People can contact Michael via email with any recommendations.
- VI. Committee Updates:
- a. Parent Council—did not meet in December
 - b. Health Advisory Committee—hasn't met since September, no updates
 - c. Strategic Design Team/Contemporary Schooling Initiative—no update
 - d. Portrait of a Graduate—Patrick McLaughlin (Chief Strategic Planning) has asked for a member of SEAC to join the committee; there are 4 meetings from December through April. Sara Henry (WES) volunteered.
- VII. Advisory Letter to School Board
- a. <https://resources.finalseite.net/images/v1601571424/k12albemarleorg/mz90gktye82iyrm5f9xu/SEACAnnualReport2020.pdf>
 - b. Need to start putting together letter to school board more formally this month
 - c. Proposed topics: need more school psychologists, provide training for teachers and staff around ADHD, information and care for parents of students in special education, safe schools ambassador program
 - d. Should we address learning loss? “Recovery services” = collaborative, how can we work together
 - e. Several SEAC members expressed strong concern that student mental health needs are already not being met, and there will likely be a substantially increased need once students go back to school in person.
 - f. Kevin agrees that there is a need for increased mental health services and professionals in the school system. However, he described the current priority is “fighting to keep the services that we already have”, and suggested that this may be an issue for which we need a grant.
- VIII. Nicole gives a heartfelt thank you to everyone ☺ We are lucky to have Kevin and Katie to join our calls, to give input without taking over the meeting.
- IX. Review future meetings:
- a. Next meeting Tuesday January 12th, will have a contact from REACH
 - b. Tuesday February 16th
 - c. March—Kevin will do annual budget review, Jess Perlman
 - d. April- nominate officers
 - e. May- open