



PTA PRESENTS

Highlights

Parent Art Evening -
Feb. 10-16th, 2021



Meditating with Ann-Katrin
Every Monday Feb. 1st-22nd 2021,
8.30 - 9.30am

New Parents Meeting-
Tuesday Feb. 9th, 2021, 3-4 pm

Wednesday Walks
please contact Lama for updates

**Click links to join:
New Parent Meeting**

New Parent Meeting

February 9, 2021 - 3 pm (Oman)

[Click here](#) to join the meeting.

The links will also be emailed to you.

G suite for education edition requires all participants to log in with a "abaoman.org" email id. Please log in with your child's "abaoman" email id



PARENT ART EVENINGS

PTA PRESENTS



ART-E-FFECT
BY ABA ARTISTS

February 11th -16th, 2021
ART & SOUL GALLERY
First floor, Waterfront Mall, Shatti

All days except Friday: 10 am - 9 pm
Friday : 4 - 9 pm

Do visit to view amazing Arts by teachers & parents from the ABA Community Inauguration on February 10th, 2021 at 7.30 pm - By Invite

STAY SAFE



Mask Cases- Pink, Blue, Black , Clear & Mask holders@ 1 omr each
Order at PTACom@abaoman.org



- By the **Community**, For the Community - **to come together**, share skills, explore and learn Subjects such as - Physical fitness, Emotional well being, Recipes from kitchen across the world, Arts & Crafts and much more!

What are Beezy Mondays?

- To **keep you "Busy"** constructively **on Mondays!**
- **Virtual** sessions of **30-40 mins** every Monday
- For **Adults** - Moms, Dads, Grandparents, Aunts, Uncles!

Next Monday, Feb. 15th, Ann-Katrin will guide an **"energizing body and mind meditation"**. Focus of this session will be to activate and engage the body and mind. It will support us to let go of stress and feel energized instead!

Not sure if this is for you? Simply join in and give it a try.

- No meditation experiences are required, just join as you are.
- It will be a seated meditation, on the floor or chair, wherever you feel more comfortable.
- Feel free to use any essential oils or candles if you like to set a relaxing mood around you.
- We will start on time, the meditation itself will take around 20min, followed by Q&A.

Click [here](#) to join the Beezy Mondays sessions (8.30 am)
Questions / Volunteer - Email Paula - ptacochair@abaoman.org



Thank you CAS students - Hamed, Faisal, Gabriel, Chang, Alina, Meira - for helping us deliver some !

Drive safely!

Please mind your speed when driving through parking to reach your designated pick up points!

NEED A HOME!

Baloo...
 Male pup need new adoptive family.
 4.5 months Old.
 Sleeps indoors.
 He needs a large secure garden to run, and do his toilet.

He's playful & likes cuddles. Vaccinated & has a medical booklet. Not sterilized yet.

Contact: Rui Chang Lu
 luruichang163@gmail.com

Off Yeti Road!





Booster Club News

Did you know?

In our previous newsletter we shared what kind of fundraisers took place over the past years. But did you know what happens then? Pledges have been given to the ABA community and the Booster Club has through the years - provided kits bags, water bottles, training shirts, bag tags for the MESAC MPSL MSSL teams - as well as the painting of the VIPERS walls in the MPH and gym to show our VIPER STRIPES!

Covid might have put a break on a lot of activities and delayed deliveries but we are still working on the pledges for this year and will keep you updated!



(pre covid-19 pictures)

**Inspire - Encourage - Support
our VIPERS community !**



Thank you all for making the first 2021

Booster Club Pop Up Shop

a success. It was lovely to see that many parents coming by the stand!

We had a few requests regarding our new merchandise -

the towel poncho!

And we are excited to share that they have been ordered and are in production.

So, stay tuned for updates on when we start selling them! It won't be too long now.

