



Highlights

Parent Art Evening -
Feb. 10-16th, 2021

Meditating with Ann-Katrin
Every Monday Feb. 1st-22nd 2021,
8.30 - 9.30am

Community Meeting -
Monday, Feb. 8th, 2021, 3-4 pm

New Parents Meeting-
Tuesday Feb. 9th, 2021, 3-4 pm

Wednesday Walks
please contact Lama for updates

Click links to join:
Community Meeting New Parent Meeting

PTA PRESENTS

PTA Community Meeting
February 8, 2021 - 3 pm (Oman)
[Click here](#) to join the meeting. **Voting for Fund requests** on agenda.

New Parent Meeting
February 9, 2021 - 3 pm (Oman)
[Click here](#) to join the meeting.

The links will also be emailed to you.

G suite for education edition requires all participants to log in with a "abaoman.org" email id. Please log in with your child's "abaoman" email id.



Share a skill, Email now!
ptacochair@abaoman.org



February Focus :
Meditating with Ann-Katrin
(different techniques) 4 sessions
Starting 1st Feb.- 8.30 - 9.30 am

“
Especially during the times we
face right now it is beneficial to
allow time to tune inwards.

ANN-KATRIN
Yoga, Outdoor Fitness and
Wellbeing Coach speaking
on importance of Meditation

Introducing virtual sessions of 30-40 mins every Monday. Volunteers from the community share their expertise on Physical fitness, Emotional wellbeing, Recipes from kitchen across the world, Arts & Crafts and much more!



Click [here](#) to join the
Beezy Mondays sessions (8.30 am)

Practice Present Moment Awareness
Meditation every February Monday with Ann-Katrin. Helps you practice this meditation technique that with consistency leads to acceptance to the now, the present. Tips:

- A pillow is good to have.
- Help us be on time and meditate without interference.
- The meditation will take around 20 minutes followed by a Q&A.

March Mondays will take you through Kitchens of the world! Would you like to showcase a recipe from your country / kitchen?!

Email Paula - ptacochair@abaoman.org



Parent Art Exhibition will be open for
viewing from **11th Feb. 2021**

PRESENTS

ART-E-FFECT
BY ABA ARTISTS

February 10th -16th, 2021
ART & SOUL GALLERY
First floor, Waterfront Mall, Shatti

All days except Friday: 10 am - 9 pm
Friday : 4 - 9 pm

Do visit to view amazing Arts by teachers & parents from the ABA Community
Inauguration on February 10th, 2021 at 7.30 pm - By Invite

Order Masks & Mask holders for Ele. Students (G 1-5)

Order through this [form](#)/ email order to ptacom@abaoman.org.

These orders will be available by 15th Feb. **Last day to order: 9th Feb**

Preorders upto 31st Jan, collect:
1&2 Feb - 3-5 pm outside PAC.
3 Feb - 3-5 pm Outside PAC
- 5-5.30 pm- Nr. Main gate

Details of deliveries thereafter will be notified via email.

STAY SAFE

Following are the Fund requests received & will be up for **voting** in the upcoming **Community meeting on Feb.8th 2021, 3-4 pm**. For comprehensive details on each request please click [here](#)

2nd hand Aquaponics System (Incl. : 1 complete Aquaponic set) @110 omr

Submitted by : Ruairidh MacKenzie, DP ESS and MYP Geo. Teacher Benefits : HS/MS

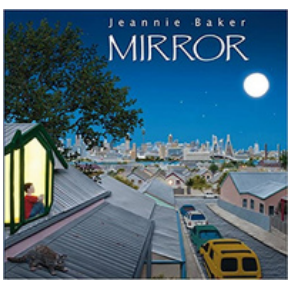
Reason for request: Fund raising through the different environmental clubs advised by School. Importance: At a time of great environmental crisis (climate change and biodiversity loss) linked to the unsustainable nature of modern agriculture, as well as growing inequalities in global food production and distribution, this aquaponics system would provide amazing practical learning opportunities to explore different aspects of sustainable development and sustainable food production systems. This is especially relevant in Oman that has its own challenges to develop a more locally sourced sustainable methods of food production.



Replacement of Pacclocks – 2 Nos @ 300 omr

Submitted by : James Lawlss Head Coach) and Nadia (Coach) Benefits: Swimming Team, PE

Reason for request:All equipment funding is on hold and we are not guaranteed to be given the funding to purchase these items. The swimming programme has restarted - We want to be able to ensure that we are delivering the best programme we can, but require some basic equipment in order to do that. Importance:Essential element for running a swimming program. Pace clocks are an absolute requirement for running a competitive swimming programme. To date we have been using battery operated clocks which are now not working. The team requires clocks that are mains operated, reliable and fit for purpose.



An innovative, two-in-one picture book follows a parallel day in the life of two families: one in a Western city and one in a North African village.

50 copies of "Mirror" by Jeannie Baker @ 385 omr

Submitted by: Courtney Park & Jennifer Willms, Libraries, whole school Benefits: HS/MS

Reason for request:This is a project outside of our normal budgets, so it cannot come from our library budgets. But by adding it to our annual book orders, we are able to include it without extra shipping fees. I've only included the pricing for Follett, because any other vendors would charge shipping fees for this quantity of books. Importance:Since we can't know for certain that we will be in school in April, and Int'l Book Day is on a weekend during Ramadan, we need to find ways to mark the occasion from home, as families. It's a great opportunity for families to put down their devices and connect together over books. Mirrors, is in English and Arabic and mirrors two families in different parts of the world. It's very visual, very beautiful, and will have widespread appeal for ABA families. The libraries will be encouraging families to D.E.A.R. (Drop Everything And Read) on that day, together as a family- to the first 50 families who commit to DEAR that day. We have copies in both libraries if anyone would like to see it. :)



Booster Club News

Did you know?

Usually, the VIPERS Booster Club is busy throughout the year with various fundraising events. Sadly, Covid19 made it all more difficult this year. So far, we could only continue with the pop up shops and hoodie sales. But in previous years there have been recess Basketball and Volleyball events, Ice Frenzy icecream sales, burger and concession stand at MESAC events!

But while it might seem more quiet on the outside, the Booster Club is still busy on the inside with new plans and ideas! And we can't wait to be fully out there again to

Inspire - Encourage - Support our VIPERS community !



(pre covid-19 pictures)



It's always a joy to connect with the community and to see the VIPERS students participate in the competitions. Here we have the, proud and happy, winner of the winter competition

Louis Vallancey G6

sharing the VIPERS goodie bag items and his winning picture.

Thank you to all participants. And don't worry, a new competition with the chance to win another VIPERS goodie bag will come soon!

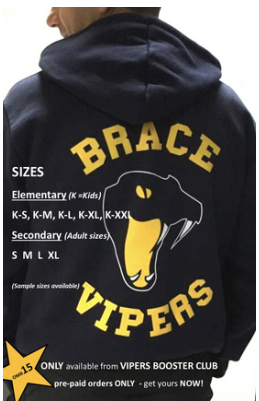


Don't forget the upcoming Hoodie Ordering and Pop Up Shop

We are excited to be holding our next Pop Up Shop AND hoodie ordering on **Monday 01 Feb - Tuesday 02 Feb - Wednesday 03 Feb** between **3 - 5 pm** on the ABA campus! Cash payment only!

Come and visit our **Pop Up Shop** with fun and exciting Vipers merchandises and order your **hoodie** at the same time!

Please note: STRICTLY NO trying on hoodies. Hoodie order forms to be filled out prior to coming the the stand. Please use the Hoodie ordering form on next page!





Boosterclub News



Date of Order

VIPERS BOOSTER CLUB HOODIE ORDER FORM

NAME (First name and surname)	
GRADE	
STUDENT EMAIL ADDRESS	
PARENT EMAIL	
NAME ON HOODIE (BLOCK CAPITALS)	
SIZE (Indicate if adult or Kids)	
QUANTITY	
CONTACT PHONE NUMBER	
PAID 15 OMR	

Name on hoodie must only be family name or first name, no nick names all Cash must be paid when order is placed (EXACT AMOUNT REQUIRED) Please ensure all email addresses are clear and can be read Mens size in guide relates to Adult measurements

Measurement guide

ALL MEASUREMENTS ARE IN INCHES

MENS	Length	Chest	Shoulder	Sleeve	Cuff
S	27	41	17	23.5	7.5
M	28	43	18	24	8
L	29	45	19	24	8.5
XL	30	47	20	25	9
XXL	31	49	21	25	9.5
KIDS					
KS	22	32	15	20	
KM	23	34	16	20.5	
KL	24	36	16	21	
KXL	25	38	17	22	
KXXL	26	40	17	22	

VIPERS HOODIES

ORDERS - only taken at Booster Club MONTHLY Pop-Up Shops / Special Pop-Up Shops - NO email orders.

COST - OMR15.000 pre-payment ONLY

- quality cotton navy blue hoodie with front pocket (NO Zip)
- light grey cotton hood insert
- full colour embroidered VIPERS logo on front left lapel personalised custom name on back (see requirements)

DESIGN - by the students in coordination with Booster Club.

SUPPLIER - Booster Club work with a reputable supplier in Dubai. Orders coordinated by Booster Club volunteers. ALL hoodies are made to order!

ABA HOODIE POLICY - hoodie / clothing policy are implemented by the school administration. Booster Club provides hoodies to the ABA community as part of our continued support.

PERSONALISED VIPERS HOODIE



NAME options (only):

1. First Name (PAUL)
2. Surname (BRACE)
3. Initial & Surname (P. BRACE)
4. Name & Initial (PAUL B.)
5. NO Name

SIZES

Elementary (K-Kids)
K-S, K-M, K-L, K-XL, K-XXL

Secondary (Adult sizes)
S M L XL

(Example sizes available)

★ ONLY available from VIPERS BOOSTER CLUB pre-paid orders ONLY - get yours NOW!

10% proceeds from the sale of VIPERS merchandise go to the VIPERS Booster Club.