



SUFFIELD PUBLIC SCHOOLS

Office of the Superintendent

Timothy M. Van Tassel
Superintendent

Laura Guerrette
Executive Secretary

January 28, 2021

This brief message is to correct an unintended lapse in communication regarding Wellness Wednesdays. With my apology, I am sending the following information about our plan for Wellness Wednesdays.

[School District Calendar w/Dismissal Times](#)
[BOE Wellness Wednesday Proposal](#)

In addition, each school principal has, or will be, including information about these student early release days in their weekly update immediately preceding their school's first Wellness Wednesday. The purpose of Wellness Wednesdays is as follows:

- Student Wellness Activities
- Student Support & Student Intervention (done remotely)
- Teacher Preparation Time to support In-person and Remote Learners

As shared with our faculty and staff, Wellness Wednesdays are at the discretion of the Board and are intended to support the aforementioned activities as we support the needs of both in-person and remote learners.

Sincerely,
Timothy M. Van Tassel, Ed.D.