Dear Robbie,

I write to you on behalf of the late Turnbull Award recipient Hezzy Howard and his family. I had the good fortune to play lacrosse at Washington College, coach there, and I am now the Director of Athletics, so I feel that I have a good sense of the College and the lacrosse program (I also had the good fortune to be the head lacrosse coach at the United States Naval Academy for twelve years). Hezzy was a major lacrosse star at Washington College in the 1950's, and in fact was a national star.

I had the opportunity to meet Hezzy and to get to know him, and he was a fantastic person. Most people may not know it, but Hezzy was the lacrosse coach and a brilliant English professor at the University of Maryland. He had a long and distinguished career there. From what I could gather from his former teammates, Hezzy was primarily a feeding attackman, who had great vision of the field and was totally unselfish.

I think Hezzy would have told you to enjoy yourself when you play, to remember it's a game, and to work as hard at your academics as you do at lacrosse. It will carry you far.

His family would recommend that you read *Carry On, Mr. Bowditch*, the Newberry Award book for the year Hezzy received the Turnbull Award–1956. It is interesting that the theme of the book is navigation—a subject that all of my players at Navy are intimately (sometimes more intimately than they wanted) familiar with! I hope you will enjoy reading it—particularly the part about "sailing by ash breeze."

My very best,

Bryan Matthews