



FCS Athletic and TREAD Physical Education Completion Options

Fellowship is pleased to offer two non-traditional options for completing the Georgia PE requirement. This is in addition to the options offered during the school year and summer school. Students now have five options to satisfy their PE requirement.

A Personal Fitness Course Equivalent is offered to high school students who have participated in two full seasons of specific GHSA sports while attending Fellowship. Students can request this half-credit (.5) after completing two seasons and submitting the PE Completion Equivalent form to the HS Administration. Once verified with the Athletic Department, the credit will be added to a student’s transcript with a “Pass” grade, which does not calculate into the FCS Overall GPA.

TREAD is Fellowship’s outdoor program through which students may fulfill the criteria attached to receive a course grade for their participation. This grade will be calculated in the student’s overall GPA.

FAQ

1) Who is eligible?

Any student attending Fellowship is eligible. For Athletics, completion equivalent credit will be issued after a student has completed two full seasons of specific GHSA sports for Fellowship Christian School and applied for the credit*. For TREAD, a course grade will be given upon completion of the criteria and submission of application.

2) Which sports are eligible?

Fall	Winter	Spring
JV/V Cheerleading JV/V Cross Country JV/V Football Fastpitch Softball Volleyball	JV/V Basketball Wrestling	JV/V Baseball Golf JV/V Lacrosse JV/V Soccer JV/V Tennis Track & Field

*Students are not required to participate in the same sport both seasons to qualify for the completion equivalent credit.

3) Will sports played outside of Fellowship (before or during enrollment) count towards the two seasons?

No. In order to qualify for the credit, students must complete two full seasons of specific GHSA sports as a Fellowship athlete.

4) Since this is a new opportunity, will seasons played in prior school years (at Fellowship) count towards eligibility?

Yes. For sports played in the immediate prior year. Students' participation in a prior year of Fellowship sports will be verified by the Athletic Department. Participation in seasons prior to the previous year will be evaluated by the Athletic Department on a case-by-case basis only when necessary.

5) How soon can I apply? What's the process?

For Athletics PE Equivalency, athletes should apply at the end of their second season. Students will complete the form below and turn in at the HS front desk. Sport participation will be verified by David Lowery (Athletic Director).

For the Tread PE course, initiate the process with Mr. Hughes. TREAD participation will be verified by Trip Hughes (TREAD Director).

After approval verification, the Registrar will add transcript credit. During academic planning meetings, students should notify the College and Academic Counseling department of their intention.

6) What about waivers granted by other schools?

Any waivers granted by other schools/districts should be sent to our Registrar, Heather Leadingham. Fellowship will attempt to honor (when possible) such waivers or similar completion equivalent credits.

7) What happens if I get injured during a sports season?

As long as you remain on the sports team and attend practice/games, for the season, it will still count towards your Physical Education Completion Equivalent.

8) What happens if I am removed from a sports team due to disciplinary action?

If you are removed from a team due to an infraction or a disciplinary action, that season will NOT count towards your Physical Education Completion Equivalent.

9) What if I played on a JV sports team as an 8th grader?

Since this is a P.E. credit earned for your *high school* transcript, credit will not be given for JV seasons played while you are not an official high school student (i.e. 8th grader). JV sports played during 9th through 11th grade are eligible.

10) Is there a grade associated with this course?

For P.E. equivalent credit will receive a "P" on the transcript for "pass." This does not calculate into Fellowship Christian School's CNA or GPA. For TREAD, the course will have a grade.



FELLOWSHIP
CHRISTIAN SCHOOL
COLOSSIANS 1: 9-12

ATHLETICS - Physical Education Completion Equivalent Form

Physical Education Completion Equivalent Criteria:

- Play in two full seasons of specific GHSA sports at Fellowship Christian School
- Athletes only (managers and trainers not eligible)
- Participation in 90% or more of games, practices, workouts, etc.
- Was not cut for disciplinary reasons
- Did not quit after injury (student continued to attend team games, practices, workouts, etc.)

We submit that _____ (student full name) has successfully met the criteria to replace the Personal Fitness course requirement with a Physical Education Completion Equivalent Credit.

FCS Sport/Season #1 _____ Participation Year _____

FCS Sport/Season #2 _____ Participation Year _____

**Students must fulfill the Physical Education Completion Equivalent criteria AND should submit this form by the last day of the semester during which the eligibility requirement was met.*

Parent/Guardian: _____ Date: _____

This form should be turned in at the HS Front Desk. If you have any questions, please contact the Registrar, Heather Leadingham (heather.leadingham@fcspaladins.org)

FOR OFFICE USE ONLY - Do not write below this line.

Form Received: _____ Graduation Year: _____ Athletic Director Approval: _____ Date: _____



TREAD - Physical Education Course Completion Form

The completion of the Physical Education course through participation in the TREAD Outdoor Program is optional and at your discretion.

Physical Education Course Completion Criteria through TREAD Outdoor Program:

1. Backpack 60 miles (equals 4-7 Tread backpacking trips depending on distance hiked)
2. Attend 4 non backpacking TREAD trips
3. CPR certification
4. 5 hours of service/trail clean up (May be a part of an already listed trip)
5. Lead a younger group (May be a part of an already listed trip)
6. Show mastery of LNT and camping set up/maintenance (food, water, knots, etc)

We submit that _____ (student full name) has successfully met the criteria to satisfy the Personal Fitness course requirement.

- Backpacking Trip #1 _____ miles: _____ Completion date(s) _____
- Backpacking Trip #2 _____ miles: _____ Completion date(s) _____
- Backpacking Trip #3 _____ miles: _____ Completion date(s) _____
- Backpacking Trip #4 _____ miles: _____ Completion date(s) _____
- Backpacking Trip #5 _____ miles: _____ Completion date(s) _____
- Backpacking Trip #6 _____ miles: _____ Completion date(s) _____
- Backpacking Trip #7 _____ miles: _____ Completion date(s) _____
- Non Backpacking Trip #1 _____ Completion date(s) _____
- Non Backpacking Trip #2 _____ Completion date(s) _____
- Non Backpacking Trip #3 _____ Completion date(s) _____
- Non Backpacking Trip #4 _____ Completion date(s) _____
- CPR Certification _____ Completion date(s) _____
- Leadership task _____ Completion date(s) _____
- Service/Trail Clean Up _____ Completion date(s) _____

*Students must fulfill above criteria AND should submit this form by the last day of the semester during which the eligibility requirement was met.

Parent/Guardian: _____ Date: _____

This form should be turned in at the HS Front Desk. If you have any questions, please contact the Registrar, Heather Leadingham (heather.leadingham@fcspaladins.org)

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Form Received: _____ Graduation Year: _____ Director of TREAD Approval: _____ Date: _____