

Will Taylor Relays @ Stratford HS
Spring Branch ISD
Saturday, February 20, 2021

7:30 am Scratch Meeting (Timing Stand)

8:00 am Coaches Meeting (Timing Stand)

8:30 am Field Events: 3 Jumps/3 Throws (Top 8 to Finals)

- Shot G/B
- Discus B/G
- Pole Vault B/G
- High Jump G/B North Pit
- LJ/TJ Boys Pit 1, Girls Pit 4

9:00 AM Running Events: All events are final; Girls followed by Boys

- 3200 Meters
- DMR (12-4-8-1600) – Waterfall Start, all exchanges Blue to Blue.

11:00 AM

- **Swedish Relay (1-2-3-4)** – Start at 200 White line, 1st runner 100 Gold zone, 2nd runner breaks after exchange zone, 3rd runner, 1500 start line, lined up in order of runners coming in, 4th runner 3rd and 4th exchange of 4x400 blue diamond.

11:30 AM Lunch provided for Coaches in the cafeteria (will be announced)

1:30 PM 4x100 (Exchange Zone Gold, Start Gold)

1:40 PM 800

1:55 PM 100/110 Hurdles

2:10 PM 1600 SMR (2,2,4,8) Use 4x4 start, 1st exchange is 2nd gold exchange zone, 2nd exchange is 2nd exchange zone of 4x4, 3rd exchange is 3rd&4th zone of 4x4.

2:35 PM 300 Hurdles

2:55 PM 200

3:05 PM 800 SMR (1-1-2-4) Leg 1 starts at 400 relay start. Legs 2 & 3 use gold exchange for 4x100 relay. Leg 4 uses staggered blue diamonds, and cuts in at end of the exchange zone.

3:25 PM 1600

3:45 PM 4x400