

February 2021

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

1

2

3

4

5

6



Breakfast

Turkey Sausage
Breakfast Burrito
Juice

Lunch

*Orange Chicken
*Brown Rice
or
*Cheese Pizza Rippers
Carrots & Raisins

Breakfast

French Toast
Diced Peaches

Lunch

*Cheese Breadsticks
Marinara Sauce
Cucumber Slices
Mixed Berry Cup

Breakfast

Cereal & Apple Slices
Lunch

*Chicken Drumstick
Homemade Cornbread
or
Homemade Sunbutter
Sandwich
Broccoli &
Dried Apple Chips

Breakfast

Zee Zee Bar
Banana

Lunch

*Pozole Soup
*Garlic Cheese Toast
Apple Slices
Celery

Breakfast

Yogurt & Granola
Orange

Lunch

*Teriyaki Beef Dippers
*Brown Rice
or
*Bean & Cheese Burrito
Tangerines
Cucumber Slices

Breakfast

Chef's Choice

Lunch

Chef's Choice

7

8

9

10

11

12 Mid-Winter Break

13

Breakfast

Chef's Choice

Lunch

Chef's Choice

Breakfast

Cereal Bar
100% Juice

Lunch

*Chicken Nuggets
Or *Veggie Nuggets
Strawberry Chex
*Potato Wedges
& Ketchup
Cucumber Slices

Breakfast

Mini Cinnis
Apple

Lunch

*Cheese Pizza Quesadilla
Diced Pears
& Cucumber Slices

Breakfast

Omelet & English Muffin
Diced Potatoes
& Ketchup

Lunch

Turkey & Cheese
Munchable
Savory Crackers
Apple Slices
Carrots & Ranch
Homemade Brownie

Breakfast

Bagel & Cream Cheese
Peach cup

Lunch

*Beef Ravioli
*Garlic Toast
or
Chef's Choice

****4 days of weekend
meals provided**

**No School
No Meal Distribution**

Chef's Choice

Breakfast

Chef's Choice

Lunch

Chef's Choice

14 Valentine's Day

15 President's Day

16

17

18

19

20

Breakfast

Chef's Choice

Lunch

Chef's Choice

No School

No Meal Distribution

Chef's Choice

Breakfast

ZeeZee Bar
Juice

Lunch

*Chicken Tenders
& Ketchup
or
*Bean & Cheese Burrito
Banana
Carrots
Presidents Crackers

Breakfast

Yogurt & Granola
Apple Slices

Lunch

*Cheeseburger
or
*Veggie Burger
Ketchup
*Tater Tots
Cucumber Slices

Breakfast

Buttermilk Bar
Diced Peaches

Lunch

*Homemade Toasted
Cheese
Sandwich
Apple Slices
Broccoli
Cookie Crumble Cake

Breakfast

Cereal
Orange

Lunch

*Corn dog
Ketchup & Mustard
Or

*Cheese Pizza
*Tater Tots
Cucumber Slices

Breakfast

Chef's Choice

Lunch

Chef's Choice



21

22

23

24

25

26

27

Breakfast

Chef's Choice

Lunch

Chef's Choice

Breakfast

Cereal
Applesauce

Lunch

*Chicken Drumstick
SunChips
or
Homemade Sunbutter
Sandwich
Carrots
Craisins

Breakfast

Cereal Bar
100% Juice

Lunch

*BBQ Rib Patty Sandwich
or
Chef's Choice
*Tater Tots & Ketchup
Whole Apple

Breakfast

Breakfast Burrito
Apple Slices

Lunch

*Homemade Lasagna
& French Bread
or
*Garlic Cheese Toast
Kale Caesar Salad
& Cherry Tomatoes

Breakfast

Cereal
100% Juice

Lunch

*Cheese Breadsticks
Ranch Dressing
Diced Pears
Celery

Breakfast

Yogurt & Granola
Orange

Lunch

*Chicken Patty Sandwich
With Ketchup & Mayo
Or
*Galaxy Cheese Pizza
Tangerines
& Broccoli

Breakfast

Chef's Choice

Lunch

Chef's Choice

Daily meals must be pre-ordered. Daily meals are for immediate consumption or need to be refrigerated. Menu subject to change. Asterisk (*) indicates items that will be served HOT. Weekend meals are now provided each Friday and contain frozen items to prepare at home. Cooking instructions can be found on our website. Daily meals are distributed every day by bus and at elementary sites. Please see our website for pick up times. Daily meals must be pre-ordered and will include breakfast and lunch for 1 day. There will be a vegetarian and non-vegetarian options each day. 1% white milk will be served for breakfast and Non-fat Chocolate milk will be served for lunch (milk can be declined). Soy milk will require a diet prescription on file with Nutrition Services. **QUESTIONS?** Call the Nutrition Services Office at 206-631-3010. This institution is an equal opportunity provider. Updated 02/03/2021