



Flu season is here! Are you and your children ready?

The Center for Disease Control and Prevention recommends **everyone be vaccinated every flu season (unless medically determined inadvisable)**.

AMSACS follows CDC guidelines for influenza (flu) vaccinations and encourages all staff, students and their families to receive an age appropriate flu vaccination.

Many of your local pharmacies will provide “free” or “insurance covered” flu vaccine through **walk-in clinics (no appointment necessary)**. If you have insurance (including Medicaid, FAMIS, etc.), you should take your card with you for the walk-in.

Below is a list of a few local pharmacies that **provide walk-in flu shot services**:

Clinton:

1. CVS Minute Clinic 794 Main Street, Clinton
2. Walgreens Pharmacy 720 Main Street, Clinton
3. Rite Aide Pharmacy, 1031 Main Street, Clinton

Hudson:

1. CVS Minute Clinic 234 Washington Street, Hudson
2. Walgreens Pharmacy 256 Washington Street, Hudson
3. Price Chopper 240 East Main Street, Hudson
4. Rite Aid 186 Main Street, Hudson

Marlborough:

1. CVS @ Target, 423 Donald Lynch BLVD, Marlborough
2. CVS Minute Clinic 264 East Main Street, Marlborough
3. CVS 604 Boston Post Road East, Marlborough
4. AFC Urgent Care
5. Walgreens Pharmacy 99 Granger BLVD, Marlborough
6. Walgreens Pharmacy 525 Boston Post Road East, Marlborough
7. Hannaford Pharmacy, 193 Boston Post Road East, Marlborough

Maynard:

1. CVS 105 Main Street, Maynard
2. Rite Aid 100 Powder Mill Road, Maynard

Or you can **check with a local pharmacy of your choice** to see what they provide.

It's not too early to protect yourself and your family...

GET YOUR FLU SHOT TODAY!