



COMMON STANDARDS FOR ALL SPORTS

Reducing Risk of COVID-19 Transmission for Athletes

- Each student-athlete must present a negative COVID test within two weeks before the competition date.
- Daily screening is applicable and sufficient for after-school activities:
 - If the student-athlete were to experience symptoms after the daily health assessment, they must report and must remove themselves from participation.
 - Student-athletes with symptoms of COVID must not attend practices or competition. They must consult their physician for testing and notify their coach, athletic trainer and/or school administrator of their symptoms.
- Masking is mandatory 100% of the time for all student-athletes, unless otherwise instructed by a healthcare provider to evaluate an injury. Student-athletes must wear approved face coverings when participating in the activity, even with heavy exertion as tolerated, both indoors and outdoors, and face coverings must be worn when not directly participating in the sport activity (e.g., on the sidelines).
- Student-athletes must be distanced from other at least 6 feet while not in competition.
 - No close physical contact is permitted: hugs, handshakes, fist bumps, high fives
 - Changing/locker rooms will not be provided by the host school. Teams must arrive and leave suited for practice or game.
 - Water is not provided by the host. Water bottles must not be shared.
- Hand sanitizer must be provided by the home team and used each time a player enters/exits the playing field including during time outs and breaks.
- Schools must comply with their county's guidelines for mass transportation.
 - Masking and distancing is required.
- Any COVID-19 diagnosis must be cleared by a physician, after appropriate quarantine/isolation, and the student-athlete must have undergone a graduated Return to Play protocol supervised by a healthcare provider.

Reducing Risk of COVID-19 Transmission for Necessary Adults

- Host school is responsible for conducting daily health screening protocol for adults attending an athletic event.
- All adults (administrators, coaches, timekeepers, officials/referees/umpires, athletic trainers) in attendance must undergo daily health assessment, temperature check, and sign in to the [Contact Tracing Form](#) for the event.

Isolation and Exposure Practices

- If a student-athlete, coach or referee tests positive COVID-19: they must be reported to the appropriate county, school and follow county DPH guidelines

Fans

- Fans are **NOT** allowed at any athletic event until Board of Governor approval

****SPORT-SPECIFIC STANDARDS FOR SEASON 1 SPORTS***

Accepting the CIF guidelines (with the exception that the term “should” be replaced to “must”). Masks must be worn at all times by all individuals in attendance even when engaged in competition, and maintain proper social distancing. Schools must follow local county health department guidelines if more restrictive than the BAC Conference or CIF State Guidelines.

Cross Country

All meets will use a staggered start when in the purple tier, interval starts in the red tier, wave starts in the orange/yellow tier.

- Races are staggered by school
- Results determined by time
- No mixing of cohorts/schools
- Must wear mask and follow local county officials.

Golf- Masks

- Mixed-school groupings may occur as long as athletes are masked

Tennis – Refer to Sport Specific Standards for Season 1 Sports

Bay Area Conference Board of Governor Vote:

BCL West & Central - Passed 12-0

BCL & BCL East _____