



2/5/2021

Dear FPS Families and Staff,

As you know, a great loss was suffered in the Fairfield Warde High School Community this week. Mr. Cavanna and Mr. Cummings have been in direct communication with our students and families about available resources. Please continue to reference our website for updates, and don't hesitate to reach out with any questions via the link below.

<https://www.fairfieldschools.org/sel-support>

Our immense grief is further compounded by our current circumstances due to the COVID 19 pandemic. A list of mental health professionals in our district is listed by building below. If you, or your child, are struggling, please don't hesitate to reach out to your school-based staff, who can provide support and guidance.

A number of community-based organizations are at the ready to support our students, staff, parents and the community at large. If you or your child need support to process this significant loss, please do not delay; reach out to one of the following:

- Child & Family Guidance Center (203) 394-6529
- Fairfield Counseling Services (203) 255-5777 ext. 15

Additional resources:

- Kids in Crisis Helpline (203) 661-1911
- CT's Young Adult Warmline (855) 6-HOPENOW
- Reach Out CT (844) TALK4CT or Text "CTTALK" to 30241
- Crisis Text Line Text "HELLO" to 741741
- The Hub: Behavioral Health <https://www.thehubct.org/>

Action Organization for SW CT

[Beloved Community & Grief \(Dougy Center\)](#)

[Tips for Grieving Teens \(Dougy Center\)](#)

[Your Friend is Grieving – Tips for Supporting Them \(Dougy Center\)](#)

[The Importance of Self-Care While Grieving \(Dougy Center\)](#)

We need to come together and support each other more than ever. You are not alone. Let's lean on one another. If you or your child are in immediate crisis, please call **2-1-1**.

FPS Support Staff by Building

Building	Support Staff	Email Address
ECC	Ashley Walsh	awalsh2@fairfieldschools.org
	Gina Hallock	ghallock@fairfieldschools.org
	Katy Cotaling	kcotaling@fairfieldschools.org
Burr E.S.	Amelia Steele	asteel@fairfieldschools.org
	Matthew Varrone	mvarrone@fairfieldschools.org
Dwight E.S.	Colleen Dayton	cdayton@fairfieldschools.org
	Katy Cotaling	kcotaling@fairfieldschools.org
Holland Hill E.S.	Brie Roberts	broberts@fairfieldschools.org
	Christine Olson	colson@fairfieldschools.org
Jennings E.S.	Christine Perez	cperez@fairfieldschools.org
	Karla Vazquez	kvazquez2@fairfieldschools.org
McKinley E.S.	Eileen Montgomery	emontgomery@fairfieldschools.org
	Rebecca Miller	rmiller@fairfieldschools.org
Mill Hill E.S.	Kirsten Sabrowski	ksabrowski@fairfieldschools.org
	Lisa Ludwiczak	lludwiczak@fairfieldschools.org
North Stratfield E.S.	Corie Goldman	cgoldman@fairfieldschools.org
	Peter Tolk	ptolk@fairfieldschools.org
Osborn Hill E.S.	Audra Dressler	adressler@fairfieldschools.org
	Lindsay Feducia	lfeducia@fairfieldschools.org
Riverfield E.S.	Libby Katz	ekatz@fairfieldschools.org
	Lindsay Feducia	lfeducia@fairfieldschools.org
Riverfield TLC	Aubrey Nolan	anolan@fairfieldschools.org
Sherman E.S.	Kirsten Sabrowski	ksabrowski@fairfieldschools.org
	Megan Grskovic	mgrskovic@fairfieldschools.org
Stratfield E.S.	Amelia Steele	asteel@fairfieldschools.org
	Kimberly Sheehan	ksheehan2@fairfieldschools.org
Fairfield Woods M.S.	Marissa Sherwill	mmalouf@fairfieldschools.org
	Vanessa Costanzo	vcostanzo@fairfieldschools.org
Roger Ludlowe M.S.	Jason Martin	jmartin@fairfieldschools.org
	Walter Young	wyoung@fairfieldschools.org
Tomlinson M.S.	Liz Rodriguez	erodriguez@fairfieldschools.org
	Mark Cesaroni	mcesaroni@fairfieldschools.org
Tomlinson M.S.-TLC	Lauren Proffit	laquino@fairfieldschools.org
F. Ludlowe H.S.	Deb Deren	dderen@fairfieldschools.org
	Emily Gonzalez	egonzalez@fairfieldschools.org
	Michael Crane	mcrane@fairfieldschools.org
	Sarah Huleatt	shuleatt@fairfieldschools.org

FPS Support Staff by Building

F. Ludlowe H.S.-IMPACT	Tim Morris	tmorris@fairfieldschools.org
	Anna Martin	amartin3@fairfieldschools.org
	Carrie Holskin	cholskin@fairfieldschools.org
F. Warde H.S.	Halley Terrell	hterrell@fairfieldschools.org
	Pam Walker	pwalker@fairfieldschools.org
	Ryan Passarelli	rpassarelli@fairfieldschools.org
	Sonia Coelho	scoelho@fairfieldschools.org
	Sue Redgate	sredgate@fairfieldschools.org
F. Warde H.S.-IMPACT	Cathy Palazzolo	cpalazzolo@fairfieldschools.org
	Michael Saad	msaad@fairfieldschools.org
WFC WFC-IMPACT	Kathleen Decola	kdecola@fairfieldschools.org
	Jennifer Murphy	jmurphy3@fairfieldschools.org
CPP	Melissa Biondi	mbiondi@fairfieldschools.org
School Psychology Staff (CO, Itinerant)	Brittany Accumanno	baccumanno@fairfieldschools.org
	Dana Bossio	dbossio@fairfieldschools.org
	Danielle Rathey	drathey@fairfieldschools.org
	Julianne Siladi	jsiladi@fairfieldschools.org