



Royal
Russell

Headmaster's Weekly Newsletter

5th February 2021

Dear Parents, Pupils and Friends,

Children's Mental Health Week

This has been a week of conversations and reflections centred around Children's Mental Health Week which has focused on the theme 'Express yourself' and which is explored further in the Senior School Assembly this afternoon. At my Headmaster's Update to pupils and staff on Monday morning, I read 'Invictus' by William Henley:

Out of the night that covers me,

Black as the pit from pole to pole,

I thank whatever gods may be

For my unconquerable soul.

In the fell clutch of circumstance

I have not winced nor cried aloud.

Under the bludgeonings of chance

My head is bloody, but unbowed.

Beyond this place of wrath and tears

Looms but the Horror of the shade,

And yet the menace of the years

Finds and shall find me unafraid.

It matters not how strait the gate,

How charged with punishments the scroll,

I am the master of my fate,

I am the captain of my soul.

In a week where we have shared the sad news of the death of Captain Tom Moore, this poem challenges us to be our own 'captains' and focuses on our inner strength and the amazing ability of the human spirit to overcome adversity. Captain Tom served in the Duke of Wellington's regiment during the second world war and the motto on their cap badge is 'virtutis fortuna comes' - fortune favours the brave. If, like me, you have been inspired by Captain Tom's bravery, do follow his example and challenge yourself to reach out and offer kindness and support to those close to you particularly those who have suffered as this pandemic has continued. Captain Tom was an eternal optimist and, amidst the stories of successful vaccination programmes, falling infection rates and even a hint of sunshine this afternoon, we can feel his message that 'Tomorrow will be a good day'.

Year 9

I was very pleased to welcome Year 9 parents to their virtual Parents' Evening on Tuesday to discuss progress and to consider their GCSE options. It is clear that this is a year group are working very hard through this important year in preparation for their GCSE courses and I send my congratulations to them for engaging so fully with their online learning.

Linguistics

At the beginning of this busy week, we also saw a small number of pupils complete the Linguistics Olympiad.

Year 11 and Year 13 Exam Update

Thank you to those of you who were able to join us for the Q&A session on Tuesday evening where we were able to share with you the updated position on IGCSE qualifications this summer. The following two pieces of information were announced this week:

Pearson Edexcel have confirmed that their IGCSE examinations will not go ahead as planned. A robust approach based on teacher assessment will be used to determine the grades awarded in May / June 2021. This means that all GCSE and IGCSE subject courses, apart from Computer Science, will not have formal examinations this summer and the qualification grade achieved will be awarded through teacher assessment. This is pleasing news and ensures that the majority of qualifications we offer in Year 11 are assessed in the same way and there is no risk of unintentionally disadvantaging individual or groups of students. We await a final position from Cambridge International about Computer Science IGCSE and the Computer Science and Physics A Level, once the DfE/Ofqual consultation outcome has been shared with us.

Public Exam Consultation

The provisional date of Monday 22 February has been given for the publication of the DfE/Ofqual consultation outcomes on the awarding of GCSEs and A-Levels this summer.

We look forward to receiving the guidance in this publication, taking some time to fully understand the procedures outlined and getting initial communication from exam boards about how they will support schools and colleges to award qualification grades.

We will arrange our next Year 11 and Year 13 Parents and Pupils Q&A session for early March to explain the outcomes of the consultation and how we will respond to this in order to best support our pupils and make the way ahead as clear as possible for all.

Our core message remains the same as it has throughout this academic year; pupils in Year 11, 12 and 13 should continue to develop the skills, knowledge and understanding required to successfully master the specification being studied and enable progression and a strong transition to the next stage in their academic journey. So pupils should keep working hard on their programme of study, and the Royal Russell Staff Team will keep working hard to support them through to the successful conclusion of their GCSE, BTEC and A level courses.

In the meantime, if you have any further questions do not hesitate to contact me or any member of the Senior School Leadership Team.

with best wishes,



Chris Hutchinson

Headmaster



Year 7 Assembly

Games Step Challenge

Average Number of Weekly Steps Taken by Students w/s 25th Jan 2021

HOUSE

	B	C	H	K	M	O	Q	R	A
Year 7	10,915	6,582	12,113	3,381	14,252	10,961	9,039	93	7,352
<u>YEAR</u> Year 8	9,962	1,538	8,301	11,696	1,529	18,274	16,443	18,053	3,864
Year 9	12,846	1,235	13,871	6,956	2,926	5,364	9,823	785	5,926

In Year 7 Madden were first, followed by Hollenden, the Oxford (just!)

In Year 8 Oxford were first, closely followed by Reade, then Queen's.

In Year 9 Hollenden were first, followed by Buchanan, then Queen's.

Highest Steppers (in no particular order)

In Year 7: Louise Mawer, Harry Dawes, Elisse Demetriou, Tom Clements, Max King, Anxo Garcia Missan, Rohan Phillpot, Oscar Verlander, Vaisaali Mayoorn and Charles Hayden de Carbonnieres.

In Year 8: Emily Netherway, Olivia Dunn, Hazel Perks, Amy Knolles, Patrick Howe, Isabelle Ward, Ben Emerson and Mia McCann

In Year 9: Alec Thurbin, Archie Sullivan-Martin, Raashmi Niranjn, Emily Hayden de Carbonnieres, Aya Moustakim Clarke and Woody Wyatt

In Year 10 special mention to Sam Stealey, Ed Warner, Ravi Durjan, Gabriel McKenzie and Meenachey Niranjn

New Director of Royal Russell MUN

Miss Sandrine Calvet has been appointed the new Director of the Royal Russell MUN Conference. She has been an Advisor to Royal Russell delegates for 15 years and has attended over 50 MUN conferences since she joined Royal Russell School in 2006.

Miss Calvet said, "I am really looking forward to the opportunity to carry on the wonderful MUN legacy at Royal Russell and the chance to work with our amazing students in the years to come."

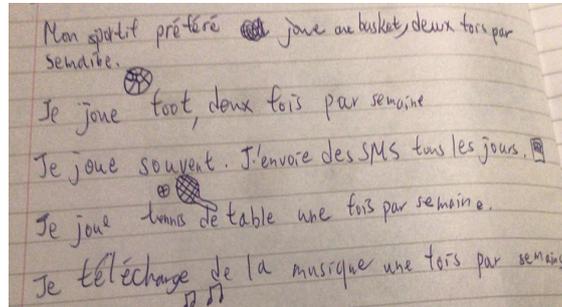
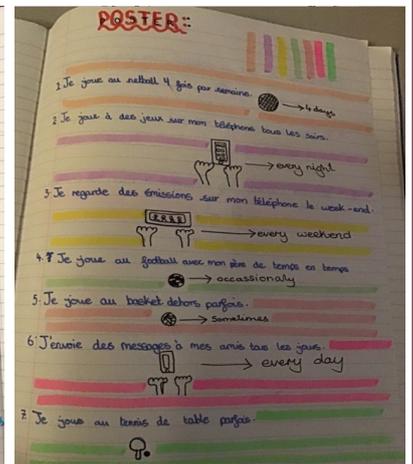
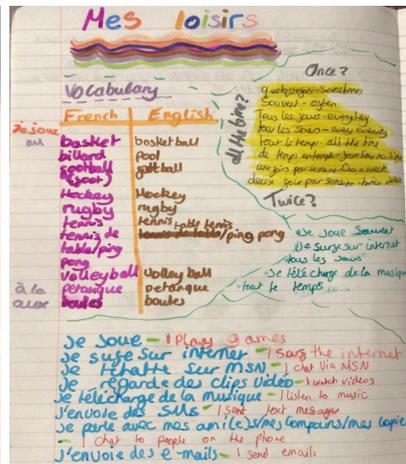
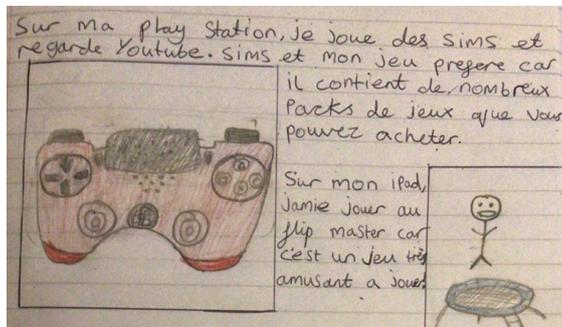
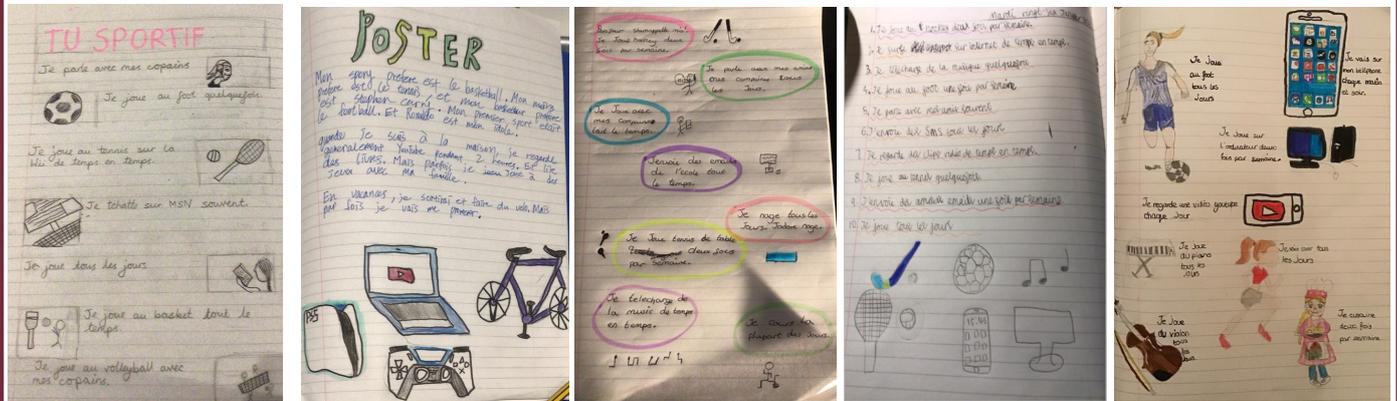
Miss Calvet's appointment follows Mr Simon Keable-Elliott's decision to retire from teaching at the end of the school year after 24 years at Royal Russell School and 9 years as MUN Director.



Year 7—French

In our recent French lessons, year 7S pupils have been working on free time activities and have designed some posters about what they like to do and how often. Well done to the class for their great contributions.

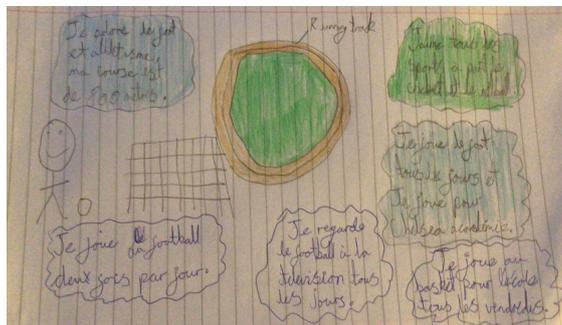
Bravo Ama Amiaka, Anthony Yau, Avani Virdi, Charlie Holland, Isabel Gironella, Jason Lu, Joshua Worrell, Kalan Sharma, Lauren Silvera, Marin Singh, Matilda Welsh, Mia Hughes, Michael Chiu, Thomas Scarles and Vaisaali Mayooran.



J'adore jouer au basket tous les jours!



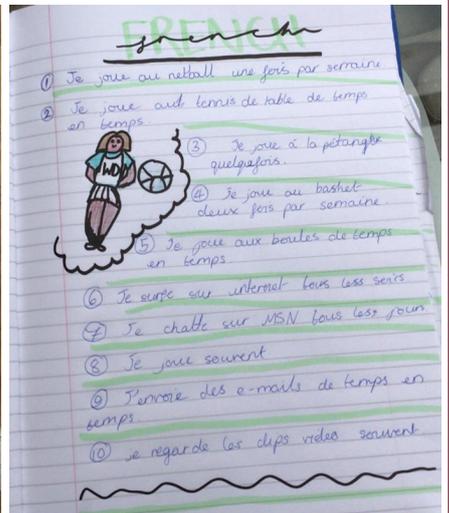
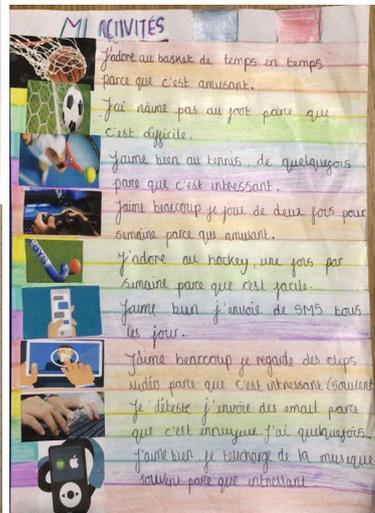
Je n'aime pas jouer au volley. C'est trop difficile.



Je jouerai un peu le samedi et le dimanche



Je regarde aussi la télévision le samedi et le dimanche



Year 10 – French

As part of our current topic of Healthy lifestyle, Year 10 pupils have been creative and have designed French menus to promote healthy eating.

Well done to Aarsheya Mittal, Cassie Exall, Edward Warner, George Mills, Hanaa Ratip, Harrison Devlin, Iris Nuredini, Louis Ferguson, Meenachey Niranjana and Nina Lago Burity for their delicious creations.

MENU le soleil levant



STARTERS :

- PLANTAIN TAGUITOS** (comprends plantain, salsa, miel, mayonnaise épice au chipotle) €4.50
- OLIVES** (comprends huile d'olive et tomate)
- FRIJOLAS ET CRÈME FRAÎCHE** (comprends les grains, du lait, crème) €3.50

DESSERT

- PAIN AU CHOCOLAT ET CAFÉ**
- PANNA COTTA AVEC FRAISES**
- FRAISES AU CHOCOLAT**

REPAS :

- BURRITO** (avec porc, sauce, légumes grillés) €6.50
- Salsa verte**
- Salsa au chipotle**
- Crème fraîche épice**
- Guacamole (1 euro)**
- Crème fraîche**
- Salade**
- Riz à l'ail**

BOITE CHAUDE : (SANS TORTILLA)

- Porc** / **Le poulet** / **Le boeuf** / **Légumes**
- Salsa verte** / **La crème fraiche** / **Le riz** / **Le poulet** / **Le boeuf** / **Légumes**
- Guacamole (1 euro)** / **Crème fraîche** / **Salade** / **Riz plain** / **Riz à l'ail**

Le Menu

Les Entrées

- Le porc** / **Le poulet** / **Le boeuf** / **Légumes**
- Le poulet** / **Le boeuf** / **Légumes**
- Le porc** / **Le poulet** / **Le boeuf** / **Légumes**

Les Mains - Il vient avec des accompagnements

- Le porc** / **Le poulet** / **Le boeuf** / **Légumes**
- Le porc** / **Le poulet** / **Le boeuf** / **Légumes**

Les Desserts

- Le porc** / **Le poulet** / **Le boeuf** / **Légumes**
- Le porc** / **Le poulet** / **Le boeuf** / **Légumes**

Cette menu contient un grande variété des plats, fait pour être, bon pour la santé. Tout les plats sont faits avec moins de gras, d'huile et de sel, mais ils sont toujours délicieux. On ne s'attend pas à la santé, mais la santé est toujours présente, donc il y a toujours la santé. Pour les entrées, il y a toujours la santé, donc il y a toujours la santé. Pour les plats principaux, il y a toujours la santé, donc il y a toujours la santé. Pour les desserts, il y a toujours la santé, donc il y a toujours la santé.

Menu

Entrées!

- Escargots à la bourguignonne. (Small in garlic butter)
- Salade (sava)
- Melon au piment. (Crisp)

Plats Principaux!

- Duck à l'orange. (Duck)
- Chicken Dijon (Chicken)
- Racoonville (vegetable sava)
- Cog Au Vin (Chicken & wine)
- Filet mignons. (Pork)

Accompagnements!

- Salade de fruit. (Fruit sava)
- Frites (Fries)
- Pommes de terre soufflées (soyez potasses)
- Fougasse (Flatbread)

Paragraphe

C'est un régime équilibré parce que il y a un peu de tout. Il y a de protéines et de fibres que de gras et de glucides.

LE RESTAURANT

ENTRÉES

- Pain à l'ail
- Omelette au jambon
- Avocat au poivre
- Houmous
- Samosa aux légumes
- Burrito
- Cajun
- Lobscuque

PLATS PRINCIPAUX

- Bifteck avec sauce aux champignons
- Saumon avec salade au riz
- Poulet shish
- Agneau shish
- Grilled légumes
- Pâtis à la sauce tomate et ail
- Pâtis à la sauce blanche et champignons

ACCOMPAGNEMENTS

- Chips
- Purée de pomme de terre
- Salade
- Biscotti avec la sauce soja
- Riz

LES BOISSONS

- L'eau
- Le jus d'orange
- Jus de pomme

DESSERT

- Brasier au chocolat
- Tarte aux fraises, fraises, chocolats, mangue
- Salade de fruit

CUISINE DE BORDEAUX

ENTRÉES

- PAIN AVEC BEURRE OLIVES FRITES HALLLOUMI

PLATS PRINCIPAUX

- POT AU FEU STEAK HACHE SOUPE A L'ONION

ACCOMPAGNEMENTS

- RIZ CHIPS PUREE DE POMME DE TERRE LES LEGUMES FROMAGE SALADE VERT

Desserts

- TARTE AUX POMMES MERINGUE FRAISE ET CITRON EPONGE VICTORIA AUX FRUITS MELANGES

BOISSONS

- LEAU JUS D'ORANGER, POMME

LE PUB BORAT

Entrées

- délicieuses entrées fraîches faites maison €7.99
- pain à fail avec du fromage
- pâté de foie de poulet au levain
- Escargots à la Bourguignonne
- saoupe à l'aignon française

Plats principaux

- équilibré des repas sains préparés avec soin
- moules et frites €21.00
- saumon en sauce au vin blanc avec brocoli et chou-fleur €45.99
- Fatfeh de betterave argentine avec yaourt au sumac et pois chiches €37.00
- Nouvelles aux oeufs avec poulet au poivre de Sichuan et concombre €23.00
- calamaron au porc effiloché et poireaux €33.00

Accompagnements

- délicieux accompagnements sains €5.00
- salade César
- pommes de terre en purée ou bouillies
- pommes de terre soufflées
- salade de citron et citron vert

DESSERT

- délicieux desserts avec une pincée de classe €6.50
- Brownie Boston avec glaçage à la fraise
- pâches au four avec glaçage à la vanille
- Gâteau aux carottes avec glaçage au fromage crème végétalienne

Aviz TripAdvisor

"très agréable"

LA PAPILLON

Boissons gazeuses

- Coca Cola (sain) €3.50
- Sprite (sain) €3.50
- Coca Zero (sain) €3.50
- Fanta orange (sain) €3.50
- Coca Cola Light (sain) €3.50

Jus De Fruits

- Orange €3.50
- Pomme €3.50
- Fraise €3.50

Vins

- Le vin blanc €12.50
- Le vin rouge €12.50
- Le vin rosé €12.50

Champagne et Prosecco

- Vintage Brut €12.50
- Prosecco €12.50
- Prosecco Spumante €12.50

LA PAPILLON

Soupes

- Tomate €3.50
- Carotte €3.50
- Chou-fleur €3.50
- Chou €3.50
- Choucroute €3.50
- Choucroute €3.50

Entrées

- Choucroute €3.50
- Choucroute €3.50
- Choucroute €3.50

Salades

- Salade verte €3.50
- Salade verte €3.50
- Salade verte €3.50

LA PAPILLON

Petit Déjeuner

- Façon et boeuf €3.50
- Boeuf et boeuf €3.50
- Salade au boeuf €3.50
- Soupe de boeuf €3.50

Déjeuner

- Choucroute au boeuf €3.50
- Choucroute au boeuf €3.50
- Choucroute au boeuf €3.50

Dîner

- Choucroute au boeuf €3.50
- Choucroute au boeuf €3.50
- Choucroute au boeuf €3.50

Desserts

- Soufflé aux fraises à la vanille €3.50
- Choucroute au boeuf €3.50
- Choucroute au boeuf €3.50

Nous avons essayé d'inclure des aliments sains dans notre menu. Les choses comme les soupes et les salades sont très saines et elles sont également délicieuses. Nous avons également essayé d'inclure des aliments sains dans notre menu.

MENU

Casse de la pie :

Entrées:

- Salade de poulet €7
- Choucroute avec tomates, œufs, et les tomates €8
- Choucroute avec tomates, œufs, et les tomates €8
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Les boissons:

- Le thé: €3
- Le café: €4
- Le jus d'orange: €5
- Le jus de citron: €3
- Le jus de pomme: €3
- Le jus de raisin: €3
- Le jus de kiwi: €3
- Le jus de mandarine: €3
- Le jus de pêche: €3
- Le jus de cerise: €3
- Le jus de framboise: €3
- Le jus de fraise: €3
- Le jus de myrtille: €3
- Le jus de goyave: €3
- Le jus de grenade: €3
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- Le jus de citron vert: €3
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Off Screen Afternoon



Mia Tran



May Sullivan



Avani Virdi



Tulsi Patel



Elissa Demetriou



Tayah Rautenbach



Issy O'Sullivan



Rebecca Haines

¡Cocina Española!

As part of the Spanish Tourism and Gastronomy topic, the Year 12 students were able to perfect their Spanish tapas making skills and make up this wonderful array of dishes.

¡Que aproveche!



Pupil Achievement

Congratulations to Emily Walker for passing her Grade 3 Flute performance exam during lockdown. She has worked extremely hard and has progressed so much this year.

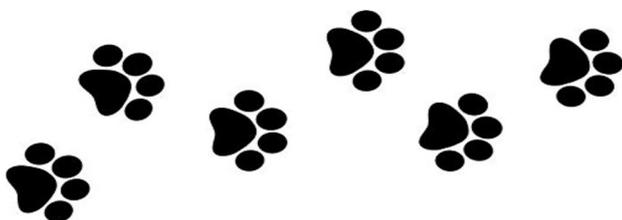
Royal Ruffle

COMPETITION TIME!

February is for Furry Friends and Royal RUFFle!

Share your pawsome pet pics and tag us with the #Royalruffle for opp-purr-tunity to win a Roary!

All pet companions welcome, from cats and dogs to chickens and horses!



Royal Ruffle!

Share a Photo of your Pet with the #RoyalRuffle...

For the chance to win a Roary...

Do you like singing ?

Fancy a challenge ?

Join the Royal Russell
Virtual Choir

Email Mrs Griffith at:

ygriffith@royalrussell.co.uk

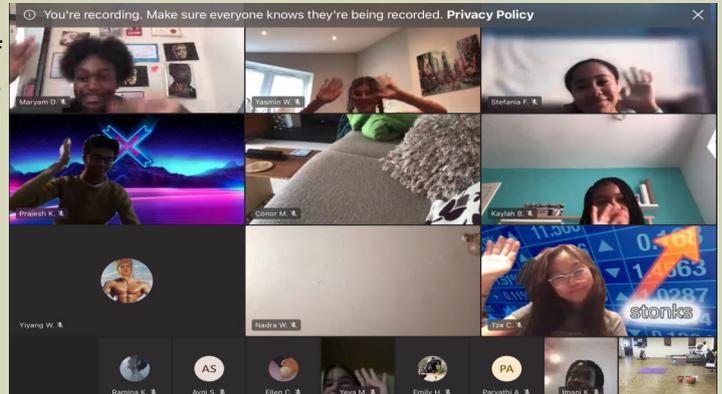


From the Sport Department

PE @ Home

The week started off with John Davis, Head of Games leading a Zoom call with pupils from Years 7 & 8. The pupils participated in a circuit training session.

Well done to all the pupils who joined in!



From the Sport Department



• I went on a walk I measured the distance and it was around 4K it was a beautiful walk and was a good start back to doing sport again

Key Diary Dates

Upcoming Parents' Evenings

Year 8	Wednesday 10 March 2021
Year 10	Thursday 11 February 2021
Year 12	Thursday 25 February 2021



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