

# HEALTH PROTOCOLS FOR STUDENTS

This diagram explains our health protocols for individual cases of COVID-19 exposure, symptoms, and diagnosis. We will work in concert with the Florida Department of Health to contact trace and quarantine cases of COVID-19 exposure and diagnosis.

**Please remember, the primary line of defense in limiting exposure to COVID-19 is monitoring your child for symptoms.**

Do not bring your child to campus if they are experiencing any of the following symptoms: fever (above 99.9 degrees Fahrenheit), chills, cough, sore throat, shortness of breath, headache, fatigue, new loss of taste or smell, congestion or runny nose, nausea, vomiting, or diarrhea.

EXPOSURE, NO SYMPTOMS	DIAGNOSIS, NO SYMPTOMS	SYMPTOMS
Student shares he/she was exposed to someone with COVID-19, but is NOT symptomatic	Student shares he/she was diagnosed with COVID-19, but is NOT symptomatic	Student is presenting at least one of the following COVID-19 symptoms: fever (above 99.9 degrees Fahrenheit), chills, cough, sore throat, shortness of breath, headache, fatigue, new loss of taste or smell, congestion or runny nose, nausea, vomiting, or diarrhea
<ul style="list-style-type: none"> <li>Isolate student with a supervised adult wearing a face mask and standing at least 6 feet away</li> <li>Send student to clinic where student will be supervised by a medical professional</li> <li>Student will wear a cloth face mask on campus</li> <li>If student was exposed, diagnosed, or symptomatic, parents will be called, and student must be picked up within 30 minutes</li> <li>Student can return to school after 10 days since last close contact and if symptoms do not develop. Highlanders can be tested on days 5-7. If the test is negative, they can return to school after day 7. Highlanders returning to school before 10 days of quarantine must present proof of a negative COVID-19 test.</li> <li>If symptoms develop, follow guidelines under "Symptoms" section</li> </ul>	<ul style="list-style-type: none"> <li>Isolate student with a supervised adult wearing a face mask and standing at least 6 feet away</li> <li>Send student to clinic where student will be supervised by a medical professional</li> <li>Student will wear a cloth face mask on campus</li> <li>Clean and disinfect the exposed areas</li> <li>If student was exposed, diagnosed, or symptomatic, parents will be called, and student must be picked up within 30 minutes</li> <li>Return to school once it has been 10 days since first positive COVID-19 test, AND if symptoms do not develop since positive test</li> </ul>	<ul style="list-style-type: none"> <li>Isolate student with a supervised adult wearing a face mask and standing at least 6 feet away</li> <li>Send student to clinic where student will be supervised by a medical professional</li> <li>Student will wear a cloth face mask on campus</li> <li>Clean and disinfect the exposed areas</li> <li>Provide supportive medical care if needed</li> <li>If student was exposed, diagnosed, or symptomatic, parents will be called, and student must be picked up within 30 minutes.</li> <li>If student is diagnosed with COVID-19 based on a test, their symptoms, or does not get a COVID-19 test but has symptoms, they can return to school when:               <ol style="list-style-type: none"> <li>At least 10 days have passed since first symptoms appeared AND</li> <li>At least 24 hours have passed since recovery as defined by the resolution of fever without fever-reducing medication AND</li> <li>Symptoms have improved</li> </ol> </li> </ul>
<b>EXCEPTIONS:</b> See all quarantine exceptions on our <a href="#">website</a> .		

If you have any questions about this health protocol, please contact LHP's Director of Health Services, Marissa Johansen, at [mjohansen@lhps.org](mailto:mjohansen@lhps.org) or 407-206-1900 ext. 1234.

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# HEALTH PROTOCOLS FOR EMPLOYEES

This diagram explains our health protocols for individual employee cases of COVID-19 exposure, symptoms, and diagnosis. We will work in concert with the Florida Department of Health to contact trace and quarantine cases of COVID-19 exposure and diagnosis. Do not come to school if experiencing COVID-19 symptoms, including fever (above 99.9 degrees Fahrenheit), chills, cough, sore throat, shortness of breath, headache, fatigue, new loss of taste or smell, congestion or runny nose, nausea, vomiting, or diarrhea.

EXPOSURE, NO SYMPTOMS	DIAGNOSIS, NO SYMPTOMS	SYMPTOMS
Employee shares he/she was exposed to someone with COVID-19, but is NOT symptomatic	Employee shares he/she was diagnosed with COVID-19, but is NOT symptomatic	Employee is presenting at least one of the following COVID-19 symptoms: fever (above 99.9 degrees Fahrenheit), chills, cough, sore throat, shortness of breath, headache, fatigue, new loss of taste or smell, congestion or runny nose, nausea, vomiting, or diarrhea
<ul style="list-style-type: none"> <li>• Wear a mask while on campus</li> <li>• Unvaccinated Employees: <ul style="list-style-type: none"> <li>– Immediately go home</li> <li>– Return to school once it has been 10 days since the last close contact and if you do not develop symptoms</li> <li>– Notify your supervisor, LHP's Director of Health Services, and HR of your condition</li> </ul> </li> <li>• If Employee has been fully vaccinated or diagnosed with COVID-19 within the last 90 days, employee does not need to quarantine as long as they are symptom-free. (Proof of vaccination or positive test is required to avoid quarantine.)</li> </ul>	<ul style="list-style-type: none"> <li>• Wear a mask while on campus</li> <li>• Immediately go home</li> <li>• Clean and disinfect the exposed areas</li> <li>• Return to school once it has been 10 days since first positive COVID-19 test, AND if no symptoms develop since positive test</li> <li>• Notify your supervisor, LHP's Director of Health Services, and HR of your condition</li> </ul>	<ul style="list-style-type: none"> <li>• Wear a mask while on campus</li> <li>• If well enough, immediately go home</li> <li>• If not well enough, isolate employee in clinic and provide support to get employee home or medical care</li> <li>• Clean and disinfect the exposed areas</li> <li>• If an employee is diagnosed with COVID-19 based on a test, their symptoms, or does not get a COVID-19 test but has had symptoms, they can return to school when: <ol style="list-style-type: none"> <li>1. At least 10 days have passed since first symptoms appeared AND</li> <li>2. At least 24 hours have passed since recovery as defined by the resolution of fever without fever reducing medication AND</li> <li>3. Symptoms have improved</li> </ol> </li> <li>• Notify your supervisor, LHP's Director of Health Services, and HR of your condition</li> </ul>
<b>EXCEPTIONS:</b> See all quarantine exceptions on our <a href="#">website</a> .		

If you have any questions about this health protocol, please contact LHP's Director of Health Services, Marissa Johansen, at [mjohansen@lhps.org](mailto:mjohansen@lhps.org) or 407-206-1900 ext. 1234.

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