## Rockledge Golf Club is the place for winter fun!

Now you can walk, jog, cross country ski or snow shoe on the winter trails at West Hartford's beautiful Rockledge Golf Club.

Choose from the yellow trail (.6 mile); the red trail (1.6 miles); or the blue trail (2.2 miles.) The yellow and red trails are for walking and jogging. The blue trail can also be used for cross country skiing or snow shoeing (weather permitting.) Please note that cross

country skiers must blaze their own trail along the side of the existing marked trail.

All three trails start at the Rockledge Pro Shop and are clearly marked with colored markers spaced .1 mile apart – so following the trails is safe and easy.



## Enjoy outdoor

recreation this winter at Rockledge – it's fun, it's healthy and it's free!

## TRAIL GUIDELINES

- Park only in the Rockledge Golf Club parking lot adjacent to South Main Street.
- Trails are open from dawn to dusk, every day including holidays.
- Stay on the designated trails to avoid hazardous areas and prevent damage to the greens and tees.
- Bicycles, snowmobiles, ATVs and motorized vehicles of any kind are not allowed.
- Dogs are welcome but must be leashed and cleaned up after. All waste must be bagged and removed from the area.
- Please leave no trace behind... except your footprints!



Walking, jogging, cross country skiing, or snow shoeing on the winter trails at Rockledge Golf Club are just a few of the ways to participate in West Hartford's "Step Up to Health" program – a townwide initiative designed to encourage healthier lifestyles for all residents through structured and non-structured recreational programs and activities.

For more information on the "Step Up to Health" program and the many recreational options available, please visit the Human & Leisure Services Department at www.west-hartford.com/leisureservices



50 South Main Street West Hartford, CT 06107 860-561-7510

## Rockledge Golf Club Winter, Trail, System



