

# School District 197 Middle School Overview




**Enroll today!**  
**Call 651-403-7030**

School District 197 is committed to caring relationships, equitable practices, and high achievement for all.

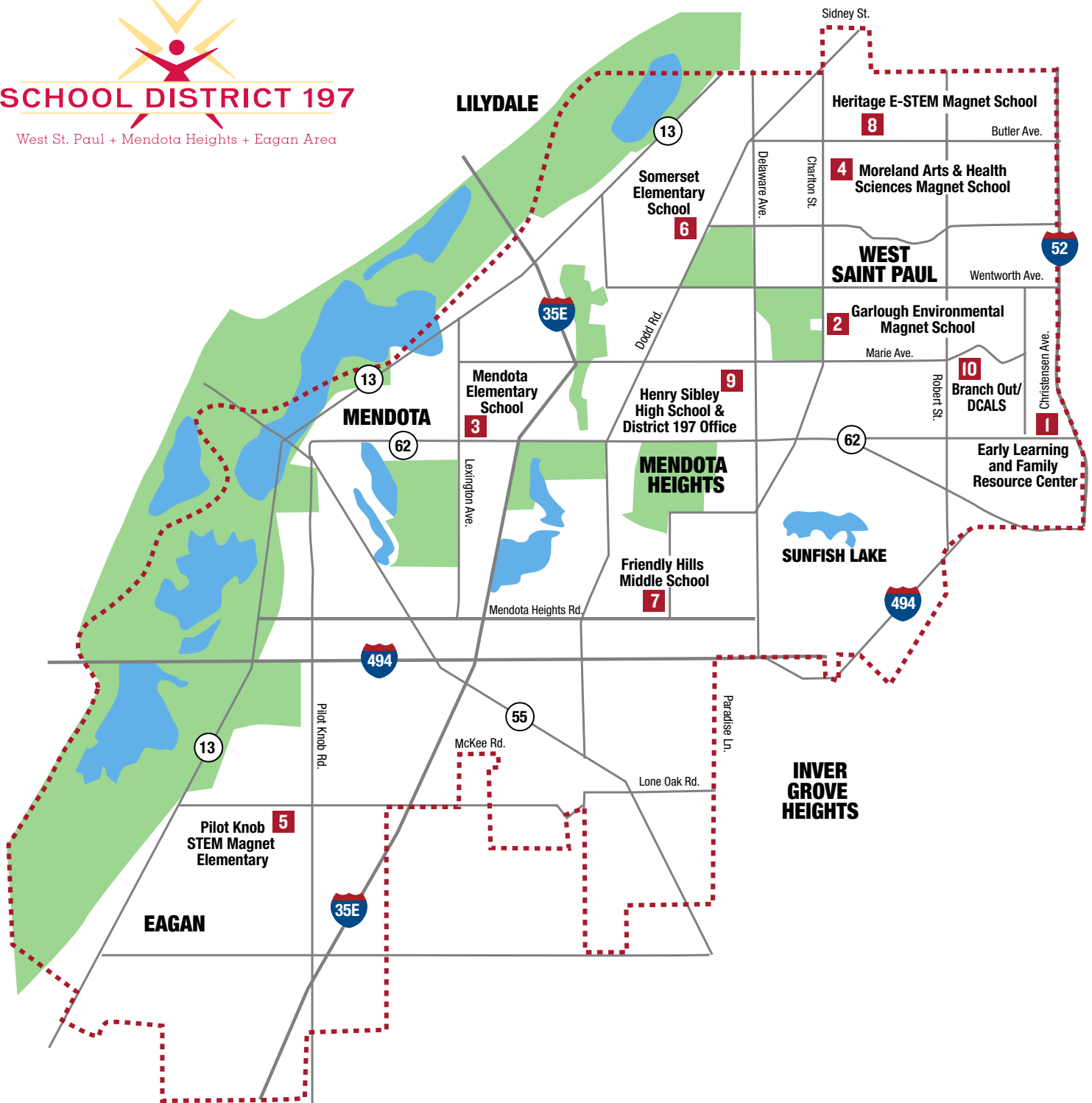


**Nurture. Inspire. Prepare. Together, we thrive.**



# SCHOOL DISTRICT 197

West St. Paul + Mendota Heights + Eagan Area



- |  |  |   |  |
|--|--|---|--|
| <b>1</b> Early Learning & Family Education Center<br>1970 Christensen Ave.<br>West St Paul, MN 55118<br>651-403-8390 | <b>3</b> Mendota Elementary School<br>1979 Summit Ln.<br>Mendota Heights, MN 55118<br>651-403-8000                 | <b>6</b> Somerset Elementary School<br>1355 Dodd Rd.<br>Mendota Heights, MN 55118<br>651-403-8200             | <b>9</b> Henry Sibley High School<br>1897 Delaware Ave.<br>Mendota Heights, MN 55118<br>651-403-7100 |
| <b>2</b> Garlough Environmental Magnet School<br>1740 Charlton St.<br>West St. Paul, MN 55118<br>651-403-8100        | <b>4</b> Moreland Arts & Health Sciences Magnet<br>217 W. Moreland Ave.<br>West St. Paul, MN 55118<br>651-403-7800 | <b>7</b> Friendly Hills Middle School<br>701 Mendota Heights Rd.<br>Mendota Heights, MN 55120<br>651-403-7600 | <b>10</b> Branch Out/DCALS<br>150 Marie Ave. E.<br>West St. Paul, MN 55118<br>651-332-5567           |
| <b>5</b> Pilot Knob STEM Magnet School<br>1436 Lone Oak Rd.<br>Eagan, MN 55121<br>651-403-7900                       | <b>8</b> Heritage E-STEM Magnet School<br>121 W. Butler Ave.<br>West St. Paul, MN 55118<br>651-403-7400            |   |  |



# FRIENDLY HILLS

## Middle School

### Get to know Friendly Hills!

- #1 Friendly Hills teachers strive to build relationships with students while challenging them to reach their highest potential academically.  
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- #2 Our inclusive, responsive learning environment is based on respect, responsibility, relationships, and readiness.  
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- #3 Computers, tablets, and other forms of technology are abundantly available, enabling our teachers to engage students with interactive, engaging lessons.  
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- #4 Recent renovations and additions to Friendly Hills Middle School were focused on student learning spaces.  
.....
- #5 Flexible learning spaces throughout our school inspire students to collaborate and think critically in small groups and large groups.

*“While providing a high level of academic rigor, Friendly Hills has also encouraged self-advocacy, independence, and critical thinking for our kids. Teachers and staff are not only caring for the kids in the school today, but are working to prepare them for life.”*

— Sarah Larsen, Parent

## About Us

We prepare,  
challenge,  
and empower!



**ENROLLMENT**  
800 students



**GRADES**  
5-8



**SCHOOL HOURS**  
8:45 a.m. to 3:20 p.m.



**SCHOOL COLORS**  
Red & gold

**CONTACT US:**  
651-403-7600

Friendly Hills Middle School  
701 Mendota Heights Rd., Mendota Heights, MN 55129







# HERITAGE E-STEM

## Magnet School

### Get to know Heritage!

- #1 We bring science to life! Our students learn how to ask questions, solve problems, and work with others.  
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- #2 We love learning how our students learn. We want to help our students succeed in everything they do.  
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- #3 We are all a part of a thriving, healthy ecosystem. We have a positive, welcoming environment where every student belongs.  
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- #4 We ignite our students' curiosity. Whether they are interested in art, music, science – even fish! – we have something for everyone.  
.....
- #5 Middle school is our jam!  
.....

“From the moment you walk in the door, you can feel the positive energy of each and every member of the staff at Heritage. From the smiling faces in the office, to walking down the hallway and hearing teachers greet students by name and saying something positive to each one of them, this positive energy gives students the guidance to become confident young adults.”

— Brenda Lawrence, Parent



**ENROLLMENT**  
820 students



**GRADES**  
5-8



**SCHOOL HOURS**  
8:45 a.m. to 3:20 p.m.



**SCHOOL COLORS**  
Green & blue

**CONTACT US:**  
651-403-7400

Heritage E-STEM Magnet School  
121 Butler Ave. W., West St. Paul, MN 55118



# Middle School ATHLETICS & ACTIVITIES



## Mission Statement

Our mission in the School District 197 Middle School Athletics & Activities Department is to assist in the academic, emotional, and physical development of our students through the promotion of teamwork, sportsmanship, and athletic competition. At both Friendly Hills Middle School and Heritage E-STEM Magnet School, we believe athletics and other activities to be a valuable asset to our student-athletes' education; therefore, we have the same objectives and goals of the district's education model. We feel that offering athletics at the middle school level helps grow team-building skills, problem-solving skills, self discipline, and self confidence. Through the development of these skills, our student-athletes will become outstanding members of the school community.

We offer the  
following  
programs:

### **FALL** (Sept. - Oct.)

Boys & Girls Cross Country  
Boys & Girls Soccer  
Girls Tennis  
Girls Volleyball  
Football

### **WINTER** (Nov. - Feb.)

Boys & Girls Basketball  
Wrestling

### **SPRING** (April - May)

Boys & Girls Track & Field  
Boys Tennis  
Baseball  
Girls Softball



## Goals of the School District 197 Middle School Athletics & Activities Department

- To provide a positive and fun experience to our student-athletes, while also developing their skills in their respective sport
- To display the proper values of athletics, including sportsmanship, teamwork, cooperation, and competition
- To provide an opportunity to as many students as possible to compete in an activity or sport they love
- To assist in students' emotional and physical behavior, accountability, and respect for rules, property, and authority
- To offer students the opportunity to work as a member of a team in order to achieve a goal, while also understanding the importance of teamwork and good sportsmanship
- To provide students with experiences that require problem solving, decision making, and critical thinking skills
- To give students the opportunity to pursue physical fitness as a means of mental well-being and maintaining a healthy lifestyle





West St. Paul + Mendota Heights + Eagan Area

1897 Delaware Ave.  
Mendota Heights, MN 55118  
[www.isd197.org](http://www.isd197.org)

## Welcome!

This booklet provides an overview of our district's two middle schools where our students know they are connected, trusted, and affirmed. Read about Friendly Hills Middle School and Heritage E-STEM Magnet School, visit our website, watch our videos, and learn more about how our students in grades 5 through 8 learn in innovative environments that promote curiosity, creativity, and courageous action!

# Check Out **VIRTUAL** Showcase 197!

Ready to learn more? Our principals and teachers are excited to tell you all about our fabulous middle schools. Starting February 8, each middle school will have a dedicated "Showcase 197" webpage where you can link to videos, fact sheets, course information, and more!

## Friendly Hills Middle School

701 Mendota Heights Rd.  
Mendota Heights, MN 55120  
651-403-7600  
[friendlyhills.isd197.org](http://friendlyhills.isd197.org)



## Heritage E-STEM Magnet School

121 W. Butler Ave.  
West St. Paul, MN 55118  
651-403-7400  
[heritage.isd197.org](http://heritage.isd197.org)



Scan for  
Showcase 2021  
information!



## Translation & Cultural Liaison Support

Si usted o alguien que conoce necesita ayuda con esta información en español, llame a Mary Pirela al 651-403-7735 o a Ybeth Jimenez al 651-403-7844.

Haddii adiga ama qof aad taqaanid u baahan tahay caawimaad ku saabsan macluumaadkan oo af-Soomaali ah, fadlan wac Amal Younis lambarka 651-300-9164.

If you are an American Indian family and need assistance with this information, please call Allicia Waukau-Butler at 651-403-7334.