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## Parent Mentor Review

Join us virtually via Microsoft Teams in February!

**[Special Needs Parent Article Review](#)** on Thursday, February 18th at 6:30 PM – like a book club, with discussion and support, but for busy parents who can make time to read an article rather than a book.

**[February Parent Information Series: Mental Health in Olentangy Schools](#)** on Tuesday, February 23rd at 6:30 PM

Thank you to those who attended our **January Parent Information Series on Executive Function** on January 28th. The video and slides are available on the [invitation](#).

## UPCOMING EVENTS

February 6, 8:30 AM

[Ohio Summit on Dyslexia](#)

February 9, 6:30 PM

[DCBDD Discovery Series: Roommates and Housing](#)

February 13, 7:00 PM

[Transition Bootcamp Series: Day Programs](#)

February 18, 6:30 PM

[Special Needs Parent "Book-Club" Article Review](#)

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## Transition Presentation

In case you missed the email sent out in January to **8th grade parents**, here is some information as you start the **transition process to 9th grade**.

- [The Transition PowerPoint](#)
- [The Loom Video of the Transition Presentation](#)
- The [Google Form to complete to request a meeting](#) with a high school Intervention Specialist from your future high school.

We are completing the **transition information for 5th to 6th grade** now and will send that out electronically to parents soon.

## Olentangy Schools Special Olympics

- [Polar Plunge 2021 Fundraiser](#)
- OSSO is working with Special Olympics Ohio on plans for our athletes to safely return to activities. Stay tuned for more information.

February 23, 6:30 PM

[Parent Information Series:](#)  
[Mental Health in](#)  
[Olentangy Schools](#)



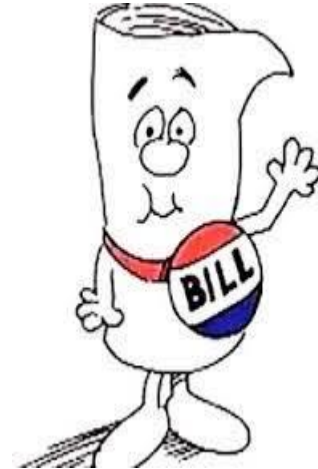
**We Thrive Together**

We Thrive Together [Special Olympics Ohio](#) has partnered with [We Thrive Together](#) to increase socialization and reduce social isolation and loneliness in our community. We invite you to take advantage of the FREE events and activities available online. For more information and to register, [click here](#). Don't forget to invite your friends for some virtual fitness and fun!



### My Child Has Lost All Motivation!

Boredom, excessive worry, and executive dysfunction are all diminishing motivation for remote learners with ADHD during this pandemic. Use [these strategies to boost focus and engagement](#) for your student during this third (long) semester of distance learning.



### New Dyslexia Screening and Teacher Training for Dyslexia Law in Ohio

On Saturday January 9, 2021, Governor DeWine signed **HB 436** into law. HB 436 mandates dyslexia screening and dyslexia training for teachers. For the letter from Mike McGovern, President of the [International Dyslexia Association Central Ohio](#), [click here](#).



## Supporting Vulnerable Students in Stressful Times: Tips for Parents

The current climate of divisiveness, anger and fear in this country is having a significant impact on many children and adults. The National Association of School Psychologists has shared [tips and resources with parents](#). This marks an important time for families and schools to work together to foster supportive relationships, to help children understand their emotional reactions, and to teach effective coping and conflict resolution strategies.



## Syntero February Parent Workshop Series

Syntero has developed each workshop to help parents and caregivers navigate tough topics with their kids, tween, and teens. For more information on the Workshop Series, [click here](#). [Register](#) for all workshops, a couple or just one.

February 4: How to Talk with Kids about Sex

February 11: How to Talk with Kids about Dating Abuse

February 18: How to Talk with Kids about Porn and Support their Cyber Safety



## How to Talk to your Kids About Politics

The weeks (and months) surrounding an election can be a time of difficult social interactions, personal frustration and anxious anticipation under normal circumstances. This year's election cycle may feel more divisive than ever for many adults. Nationwide Children's Hospital On Our Sleeves has prepared some [tips and resources](#) to help parents navigate this turbulent time with our children.

February 25: How to Raise  
Kids with a Healthy Body  
Image

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