

Name:

Current Grade:

# **Bountiful Junior High 2021-2022 Cheer Tryout Packet**

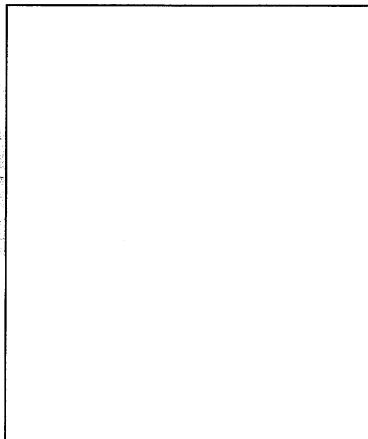
**Mandatory parent meeting March 26<sup>th</sup> 2:00pm**

**Clinics April 6<sup>th</sup>, 7<sup>th</sup> & 8<sup>th</sup> 3:30pm – 5:30pm**

**Tryouts April 9<sup>th</sup> 1:00pm – done**

***Packet due to Coach Browning by April 6<sup>th</sup>***

**Attach photo of tryout participant here:**



Please give answers to the following questions:

1. Name three ways to get students, teachers and administrators excited to attend games.

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

2. What would you do if a member of your team consistently had a bad attitude?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

3. What three characteristics do you feel are most important for team members to possess?

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. How do you feel cheerleaders should represent their school and student body?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

5. What are your thoughts and/or feelings regarding the competition aspect of cheer.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

6. Why is it important for a cheerleader maintain good grades? \_\_\_\_\_

\_\_\_\_\_

7. What motivated you to tryout for this team? \_\_\_\_\_

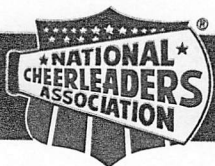
\_\_\_\_\_

8. How have you tried to overcome adversity this past year? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

9. Do you have any exiting injuries that would prevent you from fully participating in activities, practice or games? (circle one)      **YES**      **NO**      *If **YES**, please attach a doctor note stating the nature of your injury and when you are cleared to return to full participation.*



# TRYOUT APPLICATION

Please print the following information clearly.

PERSONAL INFORMATION		
NAME:		PHONE:
ADDRESS:		ZIP:
OVERALL GPA:	GRADE LEVEL:	DATE OF BIRTH:
PARENT/LEGAL GUARDIAN:		

MEDICAL INFORMATION		
DOCTOR:		DOCTOR PHONE:
DENTIST:		DENTIST PHONE:
INSURANCE CO.:		POLICY NUMBER(S):

1. Are you allergic to any medications? ☐ YES ☐ NO

If so, please list: \_\_\_\_\_

2. Are you currently taking any medications? ☐ YES ☐ NO

If so, please list: \_\_\_\_\_

3. Are you currently being treated for any injuries? ☐ YES ☐ NO

If so, please list: \_\_\_\_\_

## OTHER INFORMATION

4. Are you currently a member of any club, organization or team requiring extra practice time? ☐ YES ☐ NO

If so, please list: \_\_\_\_\_

5. List any honors you have received in school: \_\_\_\_\_  
\_\_\_\_\_

6. What are the dates that you will be out of town during the summer? \_\_\_\_\_  
\_\_\_\_\_

7. Please list any other obligations that may interfere with attending summer camp. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_





# TRYOUT RELEASE FORM

## APPLICATION RELEASE

I, (applicant name) \_\_\_\_\_, have read all rules and regulations that govern the (school/team) \_\_\_\_\_ Cheerleaders. As a representative of my school, I understand and agree to abide by them if selected as a cheerleader for the \_\_\_\_\_ school year.

Signature of Applicant \_\_\_\_\_ Date \_\_\_\_\_

## PARENTAL RELEASE

I, the undersigned, have read and fully understand the rules and regulations which will govern my son/daughter if he/she is chosen to represent \_\_\_\_\_ as a cheerleader. I further understand that this is an extracurricular activity and that attendance at all practices, games, special functions and summer camp is a requirement of the elected cheerleader.

I hereby give consent to my son/daughter, \_\_\_\_\_, to tryout for cheerleader at (school) \_\_\_\_\_ and recognize his/her responsibilities and requirements as a leader of his/her school. I understand that, if chosen, my son/daughter will be required to pay for cheer camp and uniforms. Further, I understand that school and/or personal insurance must cover my son/daughter. I give permission for my child to receive medical attention in the event that I cannot be present or reached for any reason.

Signature of Parent/Legal Guardian \_\_\_\_\_ Date \_\_\_\_\_

★ ★ ★ ★ ★ ★ ★

★ ★ ★ ★ ★ ★ ★

## STATEMENT OF COMMITMENT

I, \_\_\_\_\_ (student name), have been informed by my  
\_\_\_\_\_ (coach/advisor/supervisor), of the District policy prohibiting  
hazing and initiation. As a condition of my participation on \_\_\_\_\_  
(name of team or group), I agree to abide by this policy and refrain from hazing or related initiation  
activity of any kind. I understand that my involvement in any hazing or initiation will result in disciplinary  
action, which may include suspension, expulsion, exclusion, transfer to a different school, and/or loss of  
participation in all extracurricular activities.

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date

2.6. Bullying and Hazing 2.6.1. Bullying Students who engage in any form of bullying against a school employee or student, on or about school property, on a school bus, at a school bus stop, or while traveling to or from a school location or school event, or at any school related or sponsored activity regardless of location or circumstance, may be suspended or expelled under the terms of this policy. It is the intent of the Davis School District to respond to school-related bullying incidents by implementing prevention efforts where victims of bullying can be identified and assisted, and perpetrators educated, in order to create safer schools that provide a positive learning environment. 2.6.2. Hazing [a] Hazing and initiation activities that involve hazing are abusive and illegal behaviors that harm victims and negatively impact the school environment by creating an atmosphere of fear, distrust, and mean-spiritedness. The District is committed to providing a safe and orderly environment for all students that promotes respect, civility, and dignity. Any student who, individually or collectively participates in hazing or related initiation activity, or conspires to engage in hazing, at any time or in any location, will face immediate disciplinary action, up to and including suspension, expulsion, and loss of participation in [b] In addition, students who participate in hazing may be referred to appropriate law enforcement authorities and may face subsequent prosecution. [c] Reporting Requirement (i) School Personnel who become aware of hazing or related initiation activity shall report such incident immediately to school administrators so that prompt and appropriate action can be taken. School personnel who fail to report incidents of hazing to school or District administrators may face disciplinary action. (ii) Students who observe hazing activities and fail to intervene or report the hazing to school officials may face disciplinary action for conspiring to engage in hazing.

**UHSAA Sports Concussion Management Plan**  
(Adopted by Board of Trustees 8/26/2010)

**APPENDIX A: Statement Acknowledging Receipt of Education and Responsibility to report signs or symptoms of concussion to be included as part of the "Participant and Parental Disclosure and Consent Document".**

I, \_\_\_\_\_ of \_\_\_\_\_ High School  
*Student/Athlete Name School*  
hereby acknowledge having received education about the signs, symptoms, and risks of sport related concussion. I also acknowledge my responsibility to report to my coaches, parent(s)/guardian(s) any signs or symptoms of a concussion.

\_\_\_\_\_  
*signature and printed name of student/athlete Date*

I, the parent/guardian of the student athlete named above, hereby acknowledge having received education about the signs, symptoms, and risks of sport related concussion.

\_\_\_\_\_  
*signature and printed name of parent/guardian Date*

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**Participant and Parent Information instructions**

Students and Parents are required each year to review and sign this concussion Management form prior to the beginning of an individual sports season. Students not returning signed forms are not eligible to participate in the sports team.

1. Review the Fact Sheet "Heads Up-Concussion in high school sports" for **Athletes**.
2. Review the Fact Sheet "Heads Up-Concussion in high school sports" for **Parents**.
3. **Watch the Video "Brandon's story—Video on Concussion"** which can be located at [http://www.cdc.gov/TraumaticBrainInjury/CTK\\_Video\\_WM\\_BB.html](http://www.cdc.gov/TraumaticBrainInjury/CTK_Video_WM_BB.html)
4. Return the form **"Participant and Parental Disclosure and Consent Document"**.

## **Bountiful Jr. High School Cheerleaders Contract 2021-2022**

**Conduct:** A cheerleader is an extremely recognizable representative of a school. Cheerleaders are in a position of great influence; therefore, high standards of conduct and respect are essential. Cheerleaders should always conduct themselves to bring honor and positive recognition to the school. Cheerleaders are expected to follow all school policies and uphold high standards always. Theft, bullying, lying, cheating, teasing, swearing, or mistreatment of any kind will not be tolerated. Any offenses will result in immediate probation for the remainder of the current term.

**Social Media:** As a cheerleader, all social media postings including text messages, either posted by you or postings that you are part of, should be appropriate in conduct and language as to represent the school always. Any social media postings brought to the coach's or administration's attention that are deemed inappropriate will result in immediate probation for the remainder of the current term. In addition, any inappropriate or derogatory statement, comment, or post made to you or about you must be brought to the attention of a coach, administrator, counselor and/or parent BEFORE you respond, reply, post or re-post concerning the statement, comment or post in question.

**Membership:** Grades and citizenship will be checked at each term. GPA must be maintained at 3.0 or above during tenure as a cheerleader. If a cheerleader does not meet this requirement and/or has an "F", a "U", or 2 "N's", the cheerleader will be put on probation for the entire following term. If two probations are needed, the cheerleader will be permanently dismissed from the team. Cheerleaders must follow all school rules. Failure to do so will result in being placed on probation for the rest of the current term. Cheerleading requires extensive amounts of personal time. It is expected that cheerleading will take priority over other extracurricular activities. Cheerleaders are expected to commit themselves to the team for the entire school year. If issues arise that require mediation please speak with the cheer advisor, your school counselor or an administrator for help.

**Probation:** Probation period is from the time the cheerleader is put on probation until the end of the current term. The student will be placed in a Study Skills class for the period assigned as Cheer for the probation time. A cheerleader who is on probation cannot represent the school in any way, including:

- a) be in uniform or dress in any representation of being a cheerleader (e.g. wear jacket)
- b) warm-up or practice with the team
- c) be introduced as a member of the team
- d) use the team locker room

A cheerleader who has been on probation and does not meet academic, citizenship or conduct standards at the end of the probation period will be permanently removed from the team for the rest of the school year. If a second probation becomes necessary, the cheerleader will be automatically removed from the team for the rest of the school year.

**Games:** Cheerleaders should be present at all games and initiate positive crowd management with chants and cheers for the entire duration of the game. Cheerleaders are expected to cheer for varsity and junior varsity games in volleyball, girls' and boys' basketball and wrestling. Cheerleaders are not allowed to be on their phone, chew gum, eat food, or get drinks (except water) during the games. Cheerleaders must stay in their assigned places. They cannot get out of line to talk to friends, to each other, or to parents. Cheerleaders must be in complete uniform and ready to go 10 minutes before all games. This includes being warmed up and stretched out. Cheerleaders are expected to be in their place ready to go at the beginning of each quarter (including coming back from halftime). No jewelry

(earrings, necklaces, bracelets, rings, watches) or any other item that is not considered part of the uniform will be allowed. If a cheerleader plans to leave a game early, this must be cleared prior to the game with the advisor in charge.

**Travel:** Cheerleaders are required to ride the bus to all away games and back. Exceptions to this rule will be given only when a parent/guardian signs the appropriate release form and gives it to the advisor in charge.

**Practices:** Cheerleading requires a great deal of time before and after school and during the summer months. Participation in practices is mandatory. All absences must be cleared prior to the absence with the advisor. Transportation for these practices/activities is the responsibility of the cheerleader and parent/guardian.

**Athletic Events:** Cheerleaders will need to attend all athletic games. Cheerleaders will miss some class time to attend the away events and will be required to make up all missed work. If a cheerleader misses more than 1 game per athletic season for any reason they will be put on probation.

Girls Volleyball - Aug. through mid Oct. - 6 weeks - 5 home and 5 away games  
Boys Basketball - mid Oct. through Nov. - 6 weeks - 5 home and 5 away games  
Girls Basketball - Dec. through mid Feb. - 6 weeks - 5 home and 5 away games  
Wrestling - mid Feb. through March - 6 weeks - home and away meets vary

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*Signatures constitute knowledge of, and agreement to, all aspects of cheerleading, including reading of and agreeing to this contract and the information given at the parent meeting. A copy of this signature document will remain on file at the school.*

I give permission for \_\_\_\_\_ to try out for cheerleader at Bountiful Jr. High School. If my student is chosen to be a cheerleader, I will support and encourage them, and help them to meet all the requirements for being a cheerleader. I have read and agree to the terms, rules, and conditions, set forth in the BJH CHEERLEADER CONTRACT.

**PARENT/GUARDIAN SIGNATURE:**

\_\_\_\_\_ parent phone # \_\_\_\_\_

Parent Email \_\_\_\_\_ Date \_\_\_\_\_

I have read the above information, requirements, and the BJH CHEERLEADER CONTRACT and agree to adhere to the rules as stated. I understand the penalties for poor conduct, citizenship and/or grades during my time as a BJH cheerleader.

**STUDENT'S SIGNATURE:**

\_\_\_\_\_ Date \_\_\_\_\_