



CWS SIXTH FORM COURSE BOOKLET INFORMATION

SUBJECT: BTEC Sport Performance and Excellence

EXAM BOARD: Pearson

COURSE DETAILS

BTEC Sport is a flexible and varied course that caters for students with an interest in having a sporting career after they leave Coombe Wood Sixth Form. For the Extended Diploma (3 A Level equivalent) the student must undertake 14 sports based units over the two year course, which includes 4 exam units. The other 10 units are coursework based and moderated during Year 12/13. Students will have 10 hours of contact time per week with their teacher and must be a strong independent learner, with good IT skills. It is imperative that prospective candidates have a strong passion for sport.

EXAMINATION CRITERIA

BTEC SPORT EXTENDED DIPLOMA (3 A LEVEL EQUIVALENT)

14 Units over the two year period. The exam units are:

- UNIT 1 - Anatomy and Physiology
- UNIT 2 - Fitness Training and Programming for Health Sport and Wellbeing.
- UNIT 19 – Development and Provision of Sport and Physical Activity.
- UNIT 22 – Investigating Business in Sport and the Leisure Industry.

Mandatory Coursework units are as follows:

- UNIT 3 – Professional Development in Sport
- UNIT 4 – Sports Leadership
- UNIT 7 – Practical Sports Performance
- UNIT 8 – Coaching for performance
- UNIT 11 - Research Methods in Sport
- UNIT 24 – Skill Acquisition

4 final units at Coombe Wood Schools discretion

POTENTIAL CAREER PATHS THIS FIELD

Sports Coach

Nutritionist

Sports Psychologist

Sports Therapist

Physiotherapist

Full Time Athlete

PT

Sports Development