

# February 2021

## Albany Area Elementary



**School Information:** MENU SUBJECT TO CHANGE WITHOUT NOTICE.

**Fitness Tip:** Try to be active for 60 minutes or more every day. Run, dance, walk the dog, climb stairs or play in the snow if you have it.

Reference: USDA MyPlate

Monday	Tuesday	Wednesday	Thursday	Friday
Pepperoni Pizza <b>1</b> Carrot Coin Fresh Veggies Fresh/Canned Fruit Ham Sandwich 3	Chicken Nuggets <b>2</b> Smile Potatoes Fresh Veggies Fresh/Canned Fruit Turkey Sandwich 4	Pork Steak <b>3</b> Mashed Potatoes w/ Gravy Green Beans Fresh/Canned Fruit Bologna Sandwich 5	Nachos with Refried Beans <b>4</b> Taco Meat Fresh Veggies Fresh/Canned Fruit Summer Sausage Sandwich 1	Macaroni and Cheese <b>5</b> Baked Beans Fresh Veggies Fresh/Canned Fruit Ham & Turkey Sandwich 0-5
Cooks Choice <b>8</b> Ham Sandwich 2	Mandarin Orange Chicken <b>9</b> Brown Rice Peas Fresh Veggies Fresh/Canned Fruit 3 Turkey Sandwich	Hamburger Gravy over Mashed <b>10</b> Potatoes Corn Dinner Roll Fresh/Canned Fruit Bologna Sandwich 4	NO SCHOOL <b>11</b> NO MEALS	NO SCHOOL <b>12</b> NO MEALS
NO SCHOOL <b>15</b> NO MEALS	Hot Dog on a Bun <b>16</b> Baked Beans Fresh Veggies Fresh/Canned Fruit 5 Turkey Sandwich	Pizza Crunchers <b>17</b> Green Beans Fresh Veggies Fresh/Canned Fruit 1 Cheese Pull-Apart	Chicken Strips <b>18</b> Mashed Potatoes with Gravy Corn & Dinner Roll Fresh/Canned Fruit Summer Sausage Sandwich 2	Build your own Cheese Pita <b>19</b> Carrot Coins Fresh Veggies Fresh/Canned fruit Egg Salad Sandwich 0-1
Taco in a Bag <b>22</b> Taco Fixings Fresh Veggies Fresh/Canned Fruit Ham Sandwich 3	Sloppy Joe on a Bun <b>23</b> Baby Baker Potatoes Fresh Veggies Fresh/Canned Fruit Turkey Sandwich 4	Tator Tot Hot Dish <b>24</b> California Blend Veggies Fresh Veggies Fresh/Canned Fruit Bologna Sandwich 5	Chicken Ranch Wrap <b>25</b> Pasta Salad with Veggies Fresh Veggies Fresh/Canned Fruit 1 Summer Sausage Sandwich	At Home Learning Day <b>26</b> 0-2