



REDMOND HIGH SCHOOL

WEEKLY STUDENT BULLETIN

January 29, 2021

SCHEDULES & SCHEDULE CHANGES

Semester 2

January 29: Semester 2 schedule change request forms are due **TODAY at 4pm**. The form is on the RHS Counseling website main page. Students, please check your LWSD email for a response regarding your request. Counselors will continue working on requests through 2/3.

TEXTBOOK & MATERIALS DISTRIBUTION



Next week: RHS Textbook/Materials Distribution for 2nd Semester

When: February 3, 2021

Time: 11:00 am-3:00 pm

Where: Main Gym

Who: Only students who are in the classes in the chart below have books or materials to pick up. Check second semester course schedules for classes.

COVID-19 Safety Procedures: Masks must be worn covering mouth and nose; Attestation process required; Social distancing required.

Class	Students who are	What
World History	2nd Semester 9th grade	Textbook
Civics	2nd Semester classes	Textbook
Art History	Students New to 2nd Semester Only	Textbook
Psychology	2nd Semester--Villeneuve	Textbook 3 rd Edition
Psychology	2nd Semester--Gougeon	Textbook 4th Edition
Aerospace Engineering	Enrolled in the class	Materials
Engineering Design & Development	Enrolled in the class	Materials
Forensics	Students New to 2nd Semester Only	Textbook
CERT	2 nd Semester	Materials
Piano 1	2 nd Semester	Keyboard

SALES OPENING SOON

Yearbooks!

2020-2021

New: Yearbook sales open February 16 - March 14

To purchase, log onto the LWSD website, go to *Students and Families*, and click on the blue square that says *Online Payments*. From there, log into your account and shop for the yearbook, add to the shopping cart, and purchase.

This is the second of three sales windows. The third yearbook sales window will open later in spring, dates TBD.

REVISED BELL SCHEDULES



New:

[Revised Bell Schedule for February 8-10](#)

This is a three day week due to *no school* during Mid-Winter break: Thursday, Feb 11 and Friday, Feb 12.

[Revised Bell Schedule for February 16-19](#)

This is a four day week due to *no school* on Presidents Day: Monday, Feb 15.

Bell schedules are also found on the RHS website, under *Students/Families* in the drop down menu under *Daily Schedule*.

SLOW PITCH SOFTBALL



New: Girls Slow-Pitch Softball begins March 1st.

Slow-Pitch is a great chance for you to try out a sport and learn the basics of softball. If you've ever been interested in trying a new sport or trying out a sport for the first time, or even already have a love of softball, you would be a great addition to the team.

All students will need to sign up for Slow-Pitch Softball in [Final Forms](#). This includes an up-to-date physical as well as an indication you will follow all safety protocols.

Anyone interested should contact Coach Lawson (melawson@lwsd.org) for more information.

CONGRATULATIONS!

Speech & Debate

New: Speech & Debate is back with more awards!

In January, the RHS Speech and Debate Team attended three tournaments: Glacier Peak, Mount Vernon, and Raisbeck Aviation, with incredible placings at each.

At Glacier Peak, we'd like to congratulate **Neha Mahesh** and **Nikki Taleghani**, for advancing to semifinals in Open Public Forum Debate, **Katelynn He** and **Katie Xiao** for advancing to semifinals in Novice Public Forum Debate, and **Aadit Ambadkar** for placing 2nd in Novice Impromptu Speaking.

At Mount Vernon, we'd like to recognize **Pranati Dani**, who qualified for the National IE Tournament of Champions in Informative Speaking, as well as **Runjeet Narula**, who advanced to finals in Informative Speaking.

Finally, at Raisbeck Aviation, congrats to **Jay Dharmadhikari** and **Conan Lu** for placing 1st and 2nd place in Congressional Debate, respectively. In addition, we'd like to congratulate **Raunak Narula** and **Shreshta Kalisi** for advancing to finals in Impromptu Speaking.

UPDATES FOR SENIORS

CLASS of 2021

Jan 31: Cap & Gown orders due

Be sure and fill out the information on the contact card. Once you submit your contact card, you will be directed to the National Achiever/Herff Jones ordering website to order your cap and gown.

[Contact card for ordering cap & gown](#)

Cap & Gown Questions? Call National Achiever/Herff Jones at 425-357-1338. Or email support@nationalachiever.com

If students cannot afford their gowns please reach out to Mrs. Zambrowsky-Huls for assistance through *RHS Help*.

Feb 1: Senior yearbook photos and ads due

Here is the information you need so you can get those pictures and senior ads in before it is too late!

Senior yearbook photos: Please submit a photo of your senior to be used as their yearbook portrait. Photos should clearly show the students face and not include any other people. Students must follow dress code and no words should be added to the image. The photo must be in portrait format. Please keep in mind that the image will be fairly small so a close up of the student is best. Please check image size before uploading. Our program will not allow large scale photos – 5"x7" photos are preferable with a resolution between 75 PPI and 300 PPI.

To submit a photo, please use the link (It works best when copied into google chrome). Select the image you want to share and fill in the student's information as the name, grade, and email. If guidelines are not followed, we will use the seniors school ID photo in the yearbook. If students have not

taken a school photo and their photo does not meet the requirements they will not be pictured.

<https://images.jostens.com/415463991>

Feb 1: Senior Ads for the yearbook due

Senior Ads/Dedications can be purchased through the Jostens website below. This is where you can share family photos and messages to your students. Please keep all messages and images school appropriate.

<https://www.jostens.com/apps/jcom/router.mvc?affiliateId=1118603>

Graduation date

Redmond High School's graduation is scheduled for **Monday, June 14, 2021 at 5:00pm at the UW Alaska Airlines Arena**. Please note that this is still subject to change depending on safety/pandemic parameters this spring.

PLAYGROUNDS, TRACKS, FIELDS



Update: All LWSD playgrounds, tracks and tennis courts are closed to the public during the school day from 7:30 am - 4:00 pm and open for weekend and evening use. School campuses are closed during the school day. As a reminder, large, organized activities are not allowed.

- Play is limited to groups of 5 or fewer
- Face coverings and 6 feet physical distancing are required
- Hands should be washed after play

Please note that some elementary schools have childcare on site until 6:00 pm so play structures may be in use until that time.

Stadiums: fields and ball fields with synthetic turf open beginning 1/4/21. We will update our communities as more of our facilities open to the public.

Thank you for your cooperation in helping to slow the transmission of COVID-19. Lake Washington School District (LWSD) has developed a facility re-opening timeline that is in accordance with Washington's Safe Start phased approach. As King County meets requirements to move into each phase, LWSD will reopen our athletic facilities in accordance with guidance from the Center for Disease Control and Prevention (CDC) and Public Health - Seattle and King County.

CULINARY UPDATES



RHS Culinary Club

If you love cooking or just want to make good food for yourself, join the RHS Culinary Club!

Next club meeting will be Feb 18th from 4-5pm on TEAMS 😊

Contact Club president Graham Van Niman at s-GVAN-NIMAN@lwsd.org if you are interested in joining.

LWSD Culinary Competition 2021 - Sweet and Savory Categories

- WHO: Any High School Student in LWSD
- WHAT: Culinary Competition
- WHERE: Remotely
- WHEN: Submissions due February 20, winners announced February 24
- WHY: It's fun! Prizes too!

Contact the RHS Culinary Arts Teacher, Chef Jane Hitchcock, for details. jhitchcock@lwsd.org

RHS QUALIFIES FOR STATE!



***New:* Redmond DECA Area Results**

Participants competed at Area competition in January virtually in both role plays and written/presentation events. 54 Competitors qualified for state competition! Congratulations to all qualifiers and participants!

Congratulations to our Area Event Champs:

Lindsay Graves / Jiwon Kim - Marketing Management

Stuart Asplund – Business Services Marketing

Aruna Srivastava – Food Marketing

Ailee Yoshida – Human Resources Management

Graham Van Niman – Restaurant and Food Services Management

Disha Manikandan / Lalita Paluri – Business Law and Ethics

Congratulations to the State qualifiers:

Yuhao Qin	Indu Arimilli	Lasya Arvind	Dhruv Chittamuri
Sanjay Rajesh	Zahra Taher	Anika Kulkarni	Bradley Sutton
Maddie Fleener	Aly Nathoo	Olivia King	Rohan Mukherjee
Will Smith	Tanay Sutari	Katerina Malone	Trisha Beher
Raunak Narula	Elizabeth Chen	Ethan Leonard	Eesha Kunisetty
Runjeet Narula	Akshita Kikkuru	Trisha Illapani	Sydney Huang
Enrique Pinero	Anuujin Chadraa	Grace Lannynd	Grace Tan
Austin Snider	Aastha Malhotra	Dhruv Srinivasan	Isabelle Bodkhe
Sneha Simhadri	Kartik Kumar	Sohil Bhatia	Arohee Kumar
Maahnum Zaheer	Nihaar Movva	Sameeksha Sharma	Aarav Khanna
Kevin Alayo	Ella Kaskel	Brianna Ong	
Samuel Stavoe	Juliana Wherrett	Sayan Bhatia	

LOS TALLERES DE SALUD MENTAL EN ESPAÑOL



Nuevo: Estamos emocionados de compartir que YES, Sistema Escolar USA y Balance In Mind están colaborando para traerte la experiencia de los talleres de Salud Mental en Español.

Fechas del taller:

2 de febrero a las 6:30 pm; Autolesiones y suicidio en jóvenes por Trini Oldja
Ver folleto [aquí](#)

16 de febrero a las 6:30 pm; Servicios de acceso con consejos/privacidad de Tina Morales & Judith Mercado

Ver folleto [aquí](#)

2 de marzo a las 7:30 pm; Estilo de crianza de Trini Oldja

Ver folleto [aquí](#)

WORLD LANGUAGE TESTING



Deadline today: World Language Proficiency Test

Registration for LWSD World Language Proficiency Test will close on Friday January 29th.

The World Language Proficiency Test sponsored by the district will be held at RHS on **Wednesday, February 24th**. Students who wish to pursue competency/proficiency credit must be signed up to participate in the assessment.

All information, including registration, is on the LWSD website [here](#).

FITNESS PLAN FOR PE CREDIT



Last chance to submit a Fitness Plan! Students who plan on turning in a Fitness Plan for PE Credit will have until 11:59pm February 17th.

A friendly reminder of the process:

- Students need to complete the [Appendix E form](#)
- The Fitness Plan is due by 11:59pm on February 17th.
- Students need to submit to turnitin.com. Class IDs and passwords are located on the website.
- The [LWSD PE Credit website](#) has links to the plan, study guide, other materials, and Turnitin.com Class ID and Password.

INFORMATION SESSION

Running Start

Interested in learning more about Running Start for the 2021-22 school year?

Attend our upcoming information session on **Wednesday, February 24 from 12-1pm**. Representatives from Bellevue College, Lake Washington Institute of Technology, Cascadia College, and Central Washington University will be available to share information about their Running Start programs and answer questions.

This will be a live Teams event (link found [here](#)) open to all interested students and families.

ELECTRONIC REPORT CARDS



Report cards: Families now have the option to *opt out* of paper report cards and only receive them electronically. Instructions to do so and also how to retrieve the electronic version of report cards are attached. Click [here](#) for instructions.

STUDENT MENTAL HEALTH & SUICIDE PREVENTION



For families of students:

Student mental health & suicide prevention

School breaks can open up a whirlwind of different emotions for students. The change in structure or loss of traditions, in an already odd year, can be tough for some students that may be already struggling. We want to share the following resources from the UW Forefront project. Here are some tips specific for parents/guardians, should you find that your student is struggling with mental health or thoughts of suicide.

[Safety steps to keep your family healthy](#)

More local resources can be found here:

[Resources from Evergreen](#)

[Mental health resources](#)

RHS Counseling team

COMMUNITY FEEDBACK

We want your input!

RHS Equity Team Parent Outreach Survey

Thank you to the parents who responded so far. We really appreciate your input! We would love to see a higher participation rate. Please feel free to share this survey with other RHS parents in the community.

The RHS equity team is comprised of 29 certificated and classified staff members from every department in the school. Centering our work is the goal to make our school more equitable—a place where students, no matter their race, ethnicity, gender, sexual orientation, or ability, are able to access what they need to be successful. Specifically, this year one of our vehicles for this will be to engage the community more in our equity efforts. This survey is for info gathering purposes only.

Click [here](#) for survey.

WEATHER EVENTS & SERVICE OUTAGES



What to expect: Weather events & internet/service Outages

We know that our Pacific Northwest weather can be unpredictable. Please take a few minutes to review the information below so you know what to expect when there is a weather event or power outage during a school day.

Power and internet outages:

If a student/teacher experiences a power or internet outage:

- Contact your teacher or school to report the outage.
- If you lose power or connection during a Microsoft Teams class session and you are unable to connect, you should attempt to connect as soon as a connection is available.
- If your teacher is suddenly absent without notification from a Microsoft Teams class, you should leave the session and re-enter after 15 minutes. If the teacher is still absent from Microsoft Teams you may end class.
- The teacher will follow up with individual students or the class as soon as possible.

- You should take note of asynchronous activities you could do without an internet connection.
- You can also continue to work on previously assigned classwork.

Weather events (snow days)

Snow days during remote learning will work differently than a normal school year. If snow or inclement weather affects a school day, remote instruction will continue and in-person students receiving special services will shift to all remote learning for that day. There will not be late starts due to snow or weather events.

Announcements will be made to staff and families via our SchoolMessenger system (by phone, email, and by text messaging for those signed up), district website posting, and social media postings. We will also use FlashAlert.net, which reports directly to local media and provides text alerts to anyone who signs up.

COUNSELING NEWS



Want to make an appointment? RHS counselors want to let you know that **our appointment book is now up and running**. Need to talk to your counselor? Book a virtual appointment with your counselor! The process is all online and very simple.

- Go to our website, [RHS Counseling Center](#)
- Click on the BOOK HERE link at the top of the page, right hand side
- Find your counselor, fill in the questions, make an appointment that is convenient for you.

All meetings will be conducted through Microsoft Teams. Once you make an appointment, you will get an email invite for the meeting with the appropriate link to the Teams meeting. Questions? Reach out to your counselor.

Kimberly Herring (A—Ch')

kiherring@lwsd.org

Lindsey Hanson (Cha—Fot)

lihanson@lwsd.org

Sarah Gray (Fou—Jo)

sgray@lwsd.org

Molly Schwarz (Ju—Ku)

mschwarz@lwsd.org

Katie Bunyard (Kw—Mane)

kbunyard@lwsd.org

Ellen Zambrowsky-Huls (Mani—Pre)

ezambrowsky-huls@lwsd.org

Derik Detweiler (Pri—Step) January—June sub for Justine Oshiro

ddetweiler@lwsd.org

Alisa Zemke (Ster—Z)

azemke@lwsd.org

ATTENDANCE UPDATE

How to report an Absence

Reporting an Absence:

School attendance has always been important. Research has shown a correlation between student attendance and student graduation.

If your child is unable to attend school on either a synchronous or asynchronous day, please contact the school to report the absence. Each school has an "Attendance Line" phone number or email address for families to use to report the absence as excused. You can reach our school at rhsattend@lwsd.org. Or leave a message by phone at 425-936-1810.

Informar de una ausencia:

La asistencia a la escuela siempre ha sido importante. Las investigaciones han demostrado una correlación entre la asistencia de los estudiantes y la graduación de los estudiantes.

Si su hijo no puede asistir a la escuela en un día sincrónico o asincrónico, comuníquese con la escuela para reportar la ausencia. Cada escuela tiene un número de teléfono o una dirección de correo electrónico de "Línea de Asistencia" para que las familias la usen para reportar la ausencia como excusada. Puede comunicarse con nuestra escuela en rhsattend@lwsd.org o llame al 425-936-1810.

RHS CALENDAR

Coming Up....

Jan 29: Second Semester Schedule change deadline, 4:00 pm.

Jan 29: Registration deadline for LWS World Language Proficiency Testing

Jan 31: Seniors - Cap & Gown orders due

Feb 1: Seniors - Photos and Ads due for the yearbook

Feb 3: Textbook & materials distribution, 11:00-3:00 in the RHS Gym

Feb 8-10: Revised Bell Schedule due to Mid-Winter Break on Feb 11-12

Feb 11-12: No school - Mid-Winter Break

Feb 15: No school - Presidents Day

Feb 16-19: *Revised Bell Schedule due to Presidents Day on Feb 15*

Feb 17: Deadline for turning in Fitness Plans

Feb 20: LWSD Culinary Competition submissions due

Feb 24: Running Start Information Session, 12pm - 1pm on Teams

Feb 24: LWSD World Language Proficiency Test at Redmond High

TECH HELP AT RHS



For software issues, students should contact ftaccess@lwsd.org or phone 425-936-1322 for the Family Technology Access support line. This line includes automated call back and/or automated VM options as well as language interpretive services during our 7am - 7pm support 7 days a week.

For hardware issues, Redmond High offers in-person tech help. To access this service, use the driveway east of the main entrance labeled *Deliveries and Staff Only*. Park your car next to the sign for the library, and wearing a mask, walk up to the back door of the library. Note: this is an outdoor service, so *come dressed for the weather*. We are open from 2 p.m. to 4 p.m., Monday - Friday.

If students forget their computer password – go to the RHS Library

Teams page or email the library at Library-RHS@lwsd.org

If students forget their Skyward password – go to Skyward and click on "Forgot Password"

For help with parent access to district tools – Email parentquestions@lwsd.org

COLLEGE & CAREER CENTER



Seniors: Local scholarships are starting to open!

Check out your [SENIORS: RHS – TEAMS College and Career Center - co2021 Scholarship Channel!](#) A few select, local opportunities can be found in “Post”, while all others will be listed on the Weekly Scholarship Bulletin, updated on Fridays. As always, please reach out if you have questions! We are here to help!!

Here are just a few upcoming deadlines:

[Washington State Opportunity Scholarship](#) – up to \$22,500 yr. -- deadline 2/11/2021

[Woodinville Garden Club](#) – 2--\$2,000 – deadline 2/15/2021

Women’s University Club of Seattle Foundation – find on [TheWashBoard.org](#) – 5--\$2,500 for 4 years (\$10,000 total) – deadline 2/16/2021

[Doug Struthers Memorial Scholarship](#) -- Find on [The Washboard.org](#) – 2--\$5,000 renewable up to 4 years – deadline 3/1/2021

[Washington State PTSA Scholarship Program](#) – 3--\$3,000, 1--\$1,000 – deadline 3/1/2021

[Washington State School Retirees’ Association](#) 8--\$2,500(WSSRA), 16--\$900 renewable(Handy) – deadline 3/1/2021

[Ewing C. Kelly Scholarship](#) – many \$2,500 – deadline 3/10/2021

[Garrett J. Goodchild Achievement Award](#) -- \$2,500 renewable – deadline 3/31/2021

[WIAA Smart Choices College Scholarship](#) – 2--\$5,000, 8--\$1,000 – deadline 4/1/2021

Epeneter Memorial Scholarship – Applications on the TEAMS co2021 scholarship channel -- \$2,000 – deadline 4/15/2021

Live Wednesdays

LWSD Career Panels - open to all students and parents!

Live links to each session can be found in the calendar section of the College & Career Center website:

<https://rhs.lwsd.org/counseling/career-center>

Questions? Contact Mrs. Cothran at acothran@lwsd.org.

2/3/21 Forensics @ 1:30
2/10/21 Health @ 1:30
2/17/21 Art @ 1:30
2/24/21 Psychology/Counseling @ 1:30
3/3/21 Food Careers @ 1:30
3/10/21 Engineering @ 1:30
3/17/21 Business/Consulting @ 1:30
3/24/21 Law & Politics @ 1:30
3/31/21 First Responders @ 1:30

New: WANIC online registration opens Tuesday February 2nd!

What is WANIC? WANIC is the **Washington Network for Innovative Careers**. The WANIC Skill Center offers high quality tuition-free technical and professional training for high school Juniors and Seniors. These year-long, advanced-level Career and Technical Education (CTE) programs are based on rigorous academic and industry standards and prepare students for career and college readiness. WANIC programs offer dual credit opportunities (both

high school and college credit) and/or lead to industry certifications. Programs are designed in three period blocks allowing extended time to not only learn the theory of a subject, but to also get authentic hands-on lab experience. All classes earn Occupation Education high school credits and may offer other course equivalencies towards high school graduation requirements.

Questions? Contact Andrea Cothran at acothran@lwsd.org

Classes include:

- Automotive Technology
- Cisco Networking
- Culinary Arts
- Dental Careers
- DigiPen Art & Animation
- DigiPen Music & Sound Design
- DigiPen Video Game Programming
- Fire & EMS
- Health Science Careers/Nursing
- Medical Careers
- Sports Medicine

RHS QUICK LINKS

Did you miss something important?

Previous newsletters are on the [RHS website](#)

Useful links for RHS students and parents:

[RHS website](#)

[RHS Athletics Final Forms](#)

[RHS College & Career Center](#)

[RHS Library - Mr. Lawson's top books of 2020](#) (student access)

https://youtu.be/LMIBEm_RyvI (parents access)

[RHS Counseling appointments](#)

[RHS Student Instagram](#)

[RHS Clubs](#)

[LWSD website](#)

[PTSA website](#)



