

# SHADY SIDE

## ACADEMY

**Senior School**  
WEEK 1 (MARCH 1– MARCH 7)

Gluten free options are available daily.  
\* denotes an upcharge for that item.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Day Breakers</b>	French Toast Breakfast Meat Potato Assorted Breads Assorted Cold Cereal Assorted Fruits	Bacon & Cheddar Scramble Breakfast Meat Potato Assorted Breads Assorted Cold Cereal Assorted Fruits	Breakfast Quesadilla Breakfast Meat Potato Assorted Breads Assorted Cold Cereal Assorted Fruits		Southern Breakfast Biscuit Breakfast Meat Potato Assorted Breads Assorted Cold Cereal Assorted Fruits		
<b>Comfort Combo</b>		French Onion Soup w/ Mushroom Philly Combo		Cheesy Scrambled Eggs Cherry & Cream Crepes		Chipotle Southwest Egg Flat or Vanilla & Cinnamon Bread Pudding	Assorted Scrambled Eggs or Ham Egg & Cheese Fold-over
<b>Deli Sandwich</b>	Turkey Bacon & Swiss Sandwich	Turkey Bacon & Swiss Sandwich	Turkey Bacon & Swiss Sandwich	Breakfast Grilled Cheese	Turkey Bacon & Swiss Sandwich	Scrambled Eggs	French Toast Sticks
<b>A Little Extra</b>	Chicken Nuggets or Honey Mustard Chicken Salad (scoop, croissant, wrap)	Chicken Nuggets or Honey Mustard Chicken Salad (scoop, croissant, wrap)	Chicken Nuggets or Honey Mustard Chicken Salad (scoop, croissant, wrap)	Breakfast Meat Potato Assorted Breads Assorted Cold Cereal Assorted Fruits	Chicken Nuggets or Honey Mustard Chicken Salad (scoop, croissant, wrap)	Potato Breakfast Meat Assorted Breads Fresh Baked Treats Assorted Cold Cereals	Potato Breakfast Meat Assorted Breads Fresh Baked Treats Assorted Cold Cereals
<b>Main Plate</b>	"Beef" & Broccoli Bowl or California Chicken Sandwich Sour Cream & Onion Lays Apples	Greek Brown Rice Bowl or Cheese Ravioli Garlic Bread Green Beans	Fiesta Black Bean Rice Bowl or Cheese Burgers French Fries Corn on the Cob		Indonesian Rice Bowl or Tuna Melt Noodles Brussels Sprouts		
<b>Evening Main Plate</b>	French Dip Sandwich or Grilled Eggplant Bruschetta  Fresh Cut Fries Vegetable Medley	Pulled Bacon & Fried Green Tomato Sandwich or Vegetable Gumbo  Hush Puppies Vegetable Medley	<b>Chef's Choice</b>	<b>Chinese Take Out</b>	Potato Chip Chicken or Portobello Mushroom Burger  Zucchini Fries Fresh Vegetable	<b>Southern BBQ Night</b>	Citrus Roasted Pork or Hawaiian Tofu Tacos  Coconut Rice Fresh Vegetable

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