



# The Early Education Center at Wesleyan Christian Academy

## WEEKLY DINING MENU

January 18th - Jan 24th, 2021

	18th Monday	19th Tuesday	20th Wednesday	21st Thursday	22nd Friday
<b>AM Snack</b>		100% Fruit Juice Corn Muffin Milk	100% Fruit Juice Biscuit Milk	100% Fruit Juice Cheese Toast (WG) Milk	100% Fruit Juice Bagel and Jelly Milk
<b>Lunch</b>		Sloppy Joe Bun (WG) Green Peas Apple Sauce Milk <b>Vegetarian Sloppy Joe</b>	Grilled Cheese on Whole Grain Bread Baby Carrots Pears Milk <b>Grilled Cheese (WG)</b>	Hot Dog on Hot Dog Bun Baked Beans Peaches Milk <b>Vegetarian Crispy "Chicken"</b>	Pasta with Meat sauce (WG) Broccoli Fruit Cocktail Milk <b>Vegetarian Meatballs</b>
<b>PM Snack</b> (Early Ed and After School)		Carrots String Cheese	Apple Sauce Scooby Snacks (WG)	Reduced Sugar Cinnamon Toast Crunch (WG) Milk	Apple Slices Crackers

	25th Monday	26th Tuesday	27th Wednesday	28th Thursday	29th Friday
<b>AM Snack</b>	100% Fruit Juice Cinnamon Chex Milk	100% Fruit Juice Biscuit Milk	100% Fruit Juice Waffles Milk	100% Fruit Juice Corn Muffin Milk	100% Fruit Juice Blueberry Muffin Milk
<b>Lunch</b>	Chicken Nuggets Brown Rice (WG) Green Peas Mandarin Oranges Milk <b>Teriyaki Chicken and Rice</b>	Hamburger with Bun (WG) Roasted Cauliflower Mixed Fruit Milk <b>Veggie Burger</b>	Macaroni and Cheese (WG) Carrots Pineapple Milk <b>Crispy "Chicken" Tenders</b>	Turkey Corn Dog Lima Beans Applesauce Milk <b>Vegetarian Meatballs</b>	Cheesy Chicken Brown Rice (WG) Corn Peaches Milk <b>Roasted "Chicken"</b>
<b>PM Snack</b> (Early Ed and After School)	Cheerios® (WG) Milk	Cheddar Cheese Stick Crackers	Goldfish (WG) Raisins	Cheeze Its® (WG) Milk	Sunbutter and Graham Crackers (WG)



# The Early Education Center at Wesleyan Christian Academy

## WEEKLY DINING MENU

February 1st - Feb 12th, 2021

	1st Monday	2nd Tuesday	3rd Wednesday	4th Thursday	5th Friday
<b>AM Snack</b>	100% Fruit Juice Rice Krispies ® Milk	100% Fruit Juice Cheerios(WG) Milk	100% Fruit Juice Waffle Sticks Milk	100% Fruit Juice Blueberry Muffin Milk	100% Fruit Juice Reduced Sugar Cinnamon Toast Crunch (WG) Milk
<b>Lunch</b>	Chicken Nuggets Brown Rice(WG) Green Peas Diced Pears Milk <b>Vegetarian Mandarin "Chicken"</b>	Cheese Quesadilla Green Beans Peaches Milk <b>Cheese Quesadilla</b>	Turkey Meatloaf Roll(WG) Carrots Pineapple Milk <b>Vegetarian Meatballs</b>	Chicken Tacos Broccoli Tortilla Mixed Fruit Milk <b>Vegetarian "Chicken" Tacos</b>	Cheese Tortellini Marinara Cauliflower Mandarin Oranges Milk <b>Cheese Tortellini</b>
<b>PM Snack</b> (Early Ed and After School)	Goldfish ®(WG) Milk	Yogurt Raisins	Cheddar Cheese Stick Crackers	Cheerios Milk	Sun Butter Graham Crackers (WG)

	8th Monday	9th Tuesday	10th Wednesday	11th Thursday	12th Friday
<b>AM Snack</b>	100% Fruit Juice Rice Krispies ® Milk	100% Fruit Juice Biscuit Milk	100% Fruit Juice Cheese Toast(WG) Milk	100% Fruit Juice Waffles Milk	100% Fruit Juice Bagel & Jelly Milk
<b>Lunch</b>	Chicken Nuggets Brown Rice (WG) Broccoli Mixed Fruit Milk <b>Vegetarian Mandarin "Chicken"</b>	Philly Steak Bun (WG) Green Peas Pears Milk <b>Beefless Tips and Rice</b>	Turkey Sausage Biscuit Tater Tots Mandarin Oranges Milk <b>Black Bean Burger</b>	Sliced Ham Roll(WG) Green Beans Peaches Milk <b>Crispy "Chicken" Tenders</b>	Beef Tacos Brown Rice(WG) Pintos Pineapple Milk <b>Beefless Tacos</b>
<b>PM Snack</b> (Early Ed and After School)	Graham Crackers (WG) Milk	Yogurt Carrots	Applesauce String Cheese	Reduced Sugar Cinnamon Toast Crunch (WG) Milk	Fruit Cup Crackers