



West Catholic Athletic League 2020-2021 Update

Date: January 29, 2021

WCAL member schools will continue to follow the Governor's Office, California Department of Public Health and local health authorities regarding return to play protocols. WCAL member schools agree to adhere to CIF/CCS/WCAL bylaws.

There will be no WCAL league standings or All-League recognition for 2020-2021.

The league may cancel a season of sport when county restrictions preclude entry into the approved tier before the published cancellation date.

CDPH Guidance

- Physical conditioning, practice, skill-building, and training can be conducted outdoors, with 6-feet of physical distancing, and within stable team cohorts remain authorized regardless of county tier status. Such activities may be conducted indoors consistent with the Gym & Fitness Center Guidance Capacity. If we return to Regional Stay at Home Order, only activities consistent with the sentence above are permitted, regardless of the county's tier status.
- Competitions, meets, races, or similar events are authorized only if (a) both teams are located in the same county and the sport is authorized, or (b) teams are located in immediately bordering counties and the sport is authorized in both counties.
- Any tournaments or events that involve more than two teams are not currently permitted in California. Exceptions may be made, with authorization from the local health department, for the following sports where individual competitors from multiple teams are routine: track and field; cross-country; golf; tennis; and swimming/diving.
- Athletes and coaches should cohort by team, and refrain from participating with more than one team over the same season or time period.
- In the event of a positive test for COVID-19, schools will follow the current CDPH Guidelines for Schools.
- Any student-athlete testing positive for COVID-19 may not return to practice or competition until cleared by their physician, per CIF guidelines.



Season 1 – Cross Country
CDPH Tier Status: Purple

Updated Start Dates

Practice: Feb 1

Contests: Feb 15 – March 27

League Competition End Date: March 27

- No CIF/CCS Championships.
- The WCAL will host two (2) varsity league meets (Dates/Locations TBD).

Season 1 – Field Hockey
CDPH Tier Status: Red

Updated Start Dates **set by SCVAL

Practice: March 1

Contests: March 19 – April 23

League Competition End Date: April 23

- No CIF/CCS Championships.
- The WCAL Field Hockey teams participate in the SCVAL as supplemental members and will adhere to SCVAL schedules/bylaws.

Season 1 – Football
CDPH Tier Status: Orange

Updated Start Dates

Practice: March 1

Contests: March 12 – April 17

League Competition End Date: April 17

- No CIF/CCS Championships.
- No games Good Friday/Holy Saturday.
- North/South schedule (3 games) + non-league.
- Freshman games must be played on Thursdays or Saturdays to help with officials.
- Cancellation date: March 15th



Season 1 – Water Polo
CDPH Tier Status: Orange

Updated Start Dates

Practice: March 1

Contests: March 8 – April 17

League Competition End Date: April 17

- No CIF/CCS Championships.
- No games Good Friday/Holy Saturday.
- North/South schedule (2-3 games) + non-league.
- Cancellation date: March 15th

Season 1 – Girls Volleyball
CDPH Tier Status: Orange

Updated Start Dates

Practice: March 1

Contests: March 8 – April 17

League Competition End Date: April 17

- No CIF/CCS Championships.
- No games Good Friday/Holy Saturday.
- North/South schedule (2-3 games) + non-league.
- Cancellation date: March 15th

Season 2 – Golf
CDPH Tier Status: Purple

Updated Start Dates

Practice: Feb 8

Contests: March 8 – May 27 (B) & June 3 (G)

League Competition End Date: May 27 (B) & June 3 (G)

WCAL Tournament: TBD

CCS Championship: June 8 (B) & June 9 (G)

NorCal Championship: June 16

- No matches Good Friday/Holy Saturday.
- North/South schedule (2-3 matches) + non-league.
- Single round robin + non-league if CDPH county restrictions change.
- WCAL Tournament to determine CCS qualifiers.



Season 2 – Tennis

CDPH Tier Status: Purple

Updated Start Dates

Practice: Feb 8

Contests: March 8 – May 14

League Competition End Date: May 14

WCAL Tournament: TBD

CCS Championship: May 29

NorCal Championship: June 5

- No matches Good Friday/Holy Saturday.
- North/South schedule (2-3 matches) + non-league.
- Single round robin + non-league if CDPH county restrictions change.
- WCAL Tournament to determine CCS qualifiers.

Season 2 – Swimming & Diving

CDPH Tier Status: Purple

Updated Start Dates

Practice: March 15

Contests: March 22 – May 22

League Competition End Date: May 22

WCAL Trials & Finals: TBD

CCS Championship: May 29

CIF Championship: June 5

- No meets Good Friday/Holy Saturday.
- North/South schedule (2-3 meets) + non-league.
- Single round robin + non-league if CDPH county restrictions change.
- WCAL Meet to determine CCS qualifiers.

Season 2 – Track & Field

CDPH Tier Status: Purple

Updated Start Dates

Practice: March 15

Contests: March 29 – June 5

League Competition End Date: June 5

WCAL Trials & Finals: TBD

CCS Championship: June 19

CIF Championship: June 26

- No meets Good Friday/Holy Saturday.
- North/South schedule (2-3 meets) + non-league.
- Single round robin + non-league if CDPH county restrictions change.
- WCAL Meet to determine CCS qualifiers.



Season 2 – Baseball
CDPH Tier Status: Red

Updated Start Dates

Practice: March 15

Contests: March 29 – June 8

League Competition End Date: June 8

WCAL Tournament: TBD

CCS Championship: June 19

NorCal Championship: June 26

- No games Good Friday/Holy Saturday.
- North/South schedule (3 games) + non-league.
- Single round robin + non-league if CDPH county restrictions change.
- WCAL Tournament to determine CCS qualifiers.
- Cancellation date: May 1

Season 2 – Softball
CDPH Tier Status: Red

Updated Start Dates

Practice: March 15

Contests: March 29 – June 5

League Competition End Date: June 5

WCAL Tournament: TBD

CCS Championship: June 19

NorCal Championship: June 26

- No games Good Friday/Holy Saturday.
- North/South schedule (2-3 games) + non-league.
- Single round robin + non-league if CDPH county restrictions change.
- WCAL Tournament to determine CCS qualifiers.
- Cancellation date: May 1

Season 2 – Girls Lacrosse
CDPH Tier Status: Red

Updated Start Dates **set by WBAL

Practice: March 15

Contests: March 29 – June 5

League Competition End Date: June 5

CCS Championship: June 17

- The WCAL Girls Lacrosse teams participate in the WBAL as supplemental members and will adhere to WBAL schedules/bylaws.



Season 2 – Soccer

CDPH Tier Status: Orange

Updated Start Dates

Practice: April 12

Contests: April 19 – May 19

League Competition End Date: May 19

WCAL Tournament: TBD

CCS Championship: May 29

NorCal Championship: June 5

- North/South schedule (2-3 games) + non-league.
- Single round robin + non-league if CDPH county restrictions change.
- WCAL Tournament to determine CCS qualifiers.
- Cancellation date: May 1

Season 2 – Boys Lacrosse

CDPH Tier Status: Orange

Updated Start Dates

Practice: March 15

Contests: March 29 – June 5

League Competition End Date: June 5

WCAL Tournament: TBD

CCS Championship: June 17

- No games Good Friday/Holy Saturday.
- North/South schedule (3 games) + non-league.
- Single round robin + non-league if CDPH county restrictions change.
- WCAL Tournament to determine CCS qualifiers.
- Cancellation date: May 1

Season 2 – Boys Volleyball

CDPH Tier Status: Orange

Updated Start Dates

Practice: March 15

Contests: March 29 – May 28

League Competition End Date: May 28

WCAL Tournament: TBD

CCS Championship: June 5

NorCal Championship: June 12

- No games Good Friday/Holy Saturday.
- North/South schedule (2-3 games) + non-league.
- Single round robin + non-league if CDPH county restrictions change.
- WCAL Tournament to determine CCS qualifiers.
- Cancellation date: May 1



Season 2 – Wrestling

CDPH Tier Status: Yellow

Updated Start Dates

Practice: April 12

Contests: April 19 – May 29

League Competition End Date: May 29

WCAL Tournament: TBD

CCS Championship: June 4-5

CIF Championship: June 11-12

- North/South schedule (2-3 duals) + non-league.
- Single round robin + non-league if CDPH county restrictions change.
- WCAL Tournament to determine CCS qualifiers.
- Cancellation date: April 12th

Season 2 – Basketball

CDPH Tier Status: Yellow

Updated Start Dates

Practice: April 12

Contests: April 19 – May 29

League Competition End Date: May 29

WCAL Tournament: TBD

CCS Championship: June 11-12

CIF Championship: June 18-19

- North/South schedule (2-3 games) + non-league.
- Single round robin + non-league if CDPH county restrictions change.
- WCAL Tournament to determine CCS qualifiers.
- Cancellation date: April 12th

