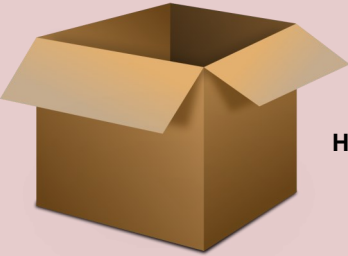
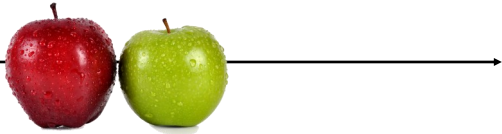


February 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday													
 <p>EVERY WEDNESDAY MEAL KIT PICKUP</p> <p>7 Breakfast & 7 Lunch Half Gallon White & Chocolate Milk</p>			3 Meal Kit Pick-up 4 Breakfast Breakfast Burrito Apple Slices Lunch Orange Chicken Brown Rice Broccoli & Raisins	5 Breakfast Cereal & Juice Lunch BBQ Beef Bao Bun Cucumber & Carrots	6 Breakfast Yogurt & Granola Orange Lunch Teriyaki Beef Dippers Brown Rice Tangerines Cucumber	7 Breakfast French Toast Banana Lunch Orange Chicken Brown Rice Cucumber Apple	8 Breakfast Chef's Choice 100% Juice Lunch Wowbutter Sandwich Orange Craisins	9 Breakfast Egg Breakfast Sandwich Apple Lunch Teriyaki Beef Dippers Brown Rice Cucumber Diced Pears	10 Meal Kit Pick-up 11 Breakfast Omelet & English Muffin Diced Potatoes Ketchup Lunch Homemade Chicken Pozole Garlic Cheese Toast Whole Apple	12 No School 13 Breakfast Bagel & Cream Cheese Peach cup Lunch Fajita Chicken & Rice Onion Radishes	14 Valentine's Day 15 No School 16 Breakfast Pancakes & Apple Lunch Beef Burrito Cherry Tomatoes Pineapple Tidbits Homemade Brownie	17 Meal Kit Pick-up 18 19 20 Kit includes Breakfast and Lunch for the 17th—23rd Breakfast Yogurt & Granola, Cereal Bar, Cereal, Zee Zee Bar 100% Juice, Kiwis, Orange, Grapefruit, Apple Lunch 16" Whole Cheese Pizza Applesauce, Apple Slices, Banana, Tangerine, Apple, Raisins, Celery, Carrots, Broccoli, Cucumber Homemade Cookie Crumble Cake	21 	22	23	24 Meal Kit Pick-up 25 26 27 Breakfast Breakfast Burrito Apple Slices Lunch Homemade Lasagna & French Bread Kale Caesar Salad Cherry Tomatoes	Breakfast Cereal Juice Lunch Cheese Breadsticks Ranch Dressing Diced Pears Celery	Breakfast Yogurt & Granola Orange Lunch Chicken Parmesan Penne Pasta Broccoli Tangerine	Breakfast Cereal Kiwis Lunch Garlic Cheese Toast Cherry Tomatoes Celery

Meal kits must be pre-ordered. Menu subject to change. Some menu items may be substituted due to product availability and to ensure your child is receiving the highest of quality. Fresh, whole produce provided, please wash before consuming.

Meal kit distribution will be every Wednesday at Chinook, Evergreen, Glacier, & Mt Rainier. Please see our website for pick-up times. Each kit includes 7 breakfast meals and 7 lunch meals, 1/2 gallon 1% white milk and 1/2 gallon chocolate milk (milk can be declined). Soy milk will require a diet prescription on file with Nutrition Services. Heating instructions will be provided and also available on our website.

QUESTIONS? Call the Nutrition Services Office at 206-631-3010. Menu subject to change.
 This institution is an equal opportunity provider. Updated 1/29/2021

February 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	March 1	March 2				
Breakfast French Toast Banana	Breakfast Chef's Choice 100% Juice	Breakfast Egg Breakfast Sandwich Apple				
Lunch Meatball Sub Sandwich Cherry Tomatoes Cauliflower	Lunch Cheese Pizza Pear Carrots	Lunch Chef's Choice				

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