

Non-screen activities you can do at home



Our earth is very special. These activities will help you reflect on how we can make it a better place.

1 Imagine you're a reporter.

Can you write a news report from today? What is the major event you will write about?

2 Interview someone

in your family about the world today, what will you ask? Write down their answers.



3 Plant a seed!

Plants can save the earth! Can you plant a tree that will last for years?



4 Clean up your patch of earth.

Go out for a walk in your area, collect litter that has been dropped and put in the bin. Don't forget a pair of gloves and a rubbish bag.

5 Quiz time!

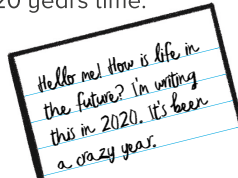
Can you think of ten questions about the earth today? Try them out on someone! How many can they answer correctly?

6 What does the earth look and feel like today?

Can you write a short description? Include what you like and don't like.

7 Hello me!

Write a letter to yourself to open in 20 years time.



8 Investigate!

How are we harming the earth at the moment? How can we change that? Write down what you discover.

9 Write a poem, song or rap

to remind people to look after the earth. Perhaps the title could be 'pollution solution'.



10 What would it be like to time travel?

Write a story about it! Which year will you travel to? What does the earth look like then?

11 Wild art!

Collect things from the garden and make a piece of art. A picture or sculpture from twigs or leaves, or something else.

12 Upcycle!

Use items from your recycling to make something cool. A model, a piece of art or something else.



13 Write a diary entry

of a memorable day from this year. Make sure you include how it made you feel.



14 Should we celebrate Earth Day every year?

Or should every day be Earth Day? Debate and discuss with someone you know.

15 Ask a friend or family member to write a letter to you.

Keep it safe and re-read it in years to come.



16 Draw, paint or make a model

of what you think the earth will look like in 20 years time.



17 Take charge!

Can you be in charge of recycling in your house?



18 Favourite things.

What are they at the moment? Write a list. How much do you think they will change over time?

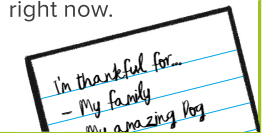
19 Draw a self-portrait.

What do you look like now?



20 Be thankful.

Write a list or draw a picture of all the things you're thankful for on Earth right now.



21 Start a scrapbook.

Collect things from this year to include in it. Photos, newspaper clippings, tickets. What else could you include?



22 Going for goals.

Write a list of your goals for the future. What do you hope to achieve?



23 Eco-warrior!

Create a list of the rooms in your house and monitor how often the lights are used. Can you save electricity in any of them?

24 Design and make a poster

of all the ways we can look after the earth.



25 Make a time capsule.

You could include all of the things you produce from these activities. What else? Hide it away and don't open it for years to come.