



THE ARC ADVENTURES IN LEARNING: COMMUNITY SAFETY

Age 16+

April 10, 2021, Saturday 1 - 4 pm

Cost: Free

The class is held over Zoom.

The Arc ADventures in Learning: Community Safety is a workshop designed for individuals with I/DD ages 16 and up. During class, participants will review current events, safety dilemmas, effective problem solving strategies, and appropriate ways to respond to various social situations.

REGISTER IN ADVANCE FOR THIS CLASS (REQUIRED)

AFTER REGISTERING, YOU WILL RECEIVE A CONFIRMATION EMAIL CONTAINING INFORMATION ABOUT JOINING THE CLASS.

<https://bit.ly/35C4IwF>

Class Overview:

- Identifying safety risk factors
- Preparing a personal emergency action plan
- Community safety and crime prevention
- Internet and social media review
- Communication techniques
- Problem-solving strategies
- Effective body language
- Speaking with confidence

RSVP required by April 5, 2021



The class has a 10 person maximum and a 6 person minimum.

QUESTIONS? Contact Luke Wheeland at (303) 220-9228 or Luke@arc-ad.org

REGISTER: <https://bit.ly/35C4IwF>

Register On **Eventbrite**