

February 2021

Mon	Tue	Wed	Thu	Fri
1 Moroccan Chicken Stew Apricot Couscous Roasted Cauliflower Brownies	2 House-Made Cheeseburgers Greek Salad Diced Fruit	3 Blackened Tilapia Coconut Rice Tropical Salsa Lemon Bars	4 Turkey Club Wrap Turkey, Bacon, Avocado, Tomato Chips Cookies	5 Chicken Tamales Ancho Spiced Zucchini Churro
8 Pork Dumplings Fried Rice Roasted Broccoli Fortune Cookies	9 Turkey, Mozzarella, Basil Pesto Focaccia Sandwich Caesar Salad Cookies	10 Salmon Burgers with Roasted Root Vegetables Diced Fruit	11 Buffalo Chicken Wrap Sweet Potato Chips Brownies	12 Beef Soft Tacos Pico De Gallo, Guacamole, Rice and Beans Churro
15 Mid- Winter Break	16 Mid- Winter Break	17 Mid- Winter Break	18 Mid- Winter Break	19 Mid- Winter Break
22 Remote Learning	23 Remote Learning	24 Remote Learning	25 Remote Learning	26 Remote Learning
	Feb. 1-5 Grades 5,7,9,10		Feb. 8-12 Grades 6,8,11,12	

February 2021

Vegan

Mon	Tue	Wed	Thu	Fri
1 Moroccan Butternut Squash Tagine Apricot Couscous Roasted Cauliflower Vegan Cookie	2 House-Made Black Bean Burgers Greek Salad Diced Fruit	3 Blackened Tempeh Coconut Rice Tropical Salsa Local Apple	4 Roasted Beet and Quinoa Wrap Chips Vegan Cookie	5 Pepper and Chao Soy Cheese Tamales Ancho Spiced Zucchini Local Pear
8 Vegan Dumplings Fried Rice Roasted Broccoli Diced Fruit	9 Roasted Vegetable, Basil and Tomato Focaccia Sandwich Garden Salad Vegan Cookie	10 Black Bean Burgers with Roasted Root Vegetables Diced Fruit	11 Grilled Vegetable and White Bean Wrap Sweet Potato Chips Vegan Brownie	12 Jackfruit Soft Tacos Pico De Gallo, Guacamole, Rice and Beans Local Apple
15 Mid- Winter Break	16 Mid- Winter Break	17 Mid- Winter Break	18 Mid- Winter Break	19 Mid- Winter Break
22 Remote Learning	23 Remote Learning	24 Remote Learning	25 Remote Learning	26 Remote Learning
	Feb. 1-5 Grades 5,7,9,10		Feb. 8-12 Grades 6,8,11,12	

February 2021

Gluten Free

Mon	Tue	Wed	Thu	Fri
1 Moroccan Chicken Stew Apricot Quinoa Roasted Cauliflower Gluten Free Brownies	2 House-Made Cheeseburgers on Gluten Free Bun Greek Salad Diced Fruit	3 Blackened Tilapia Coconut Rice Tropical Salsa Local Apples	4 Turkey Club on Gluten Free Bread Turkey, Bacon, Avocado, Tomato Chips Gluten Free Cookies	5 Chicken Tamales Ancho Spiced Zucchini Local Pears
8 Seared Tofu Steamed Rice Roasted Broccoli Diced Fruit	9 Turkey, Mozzarella, Basil Pesto, on Gluten Free Bread Caesar Salad Gluten Free Cookies	10 Salmon Burgers on Gluten Free Bun Roasted Root Vegetables Diced Fruit	11 Buffalo Chicken Salad Sweet Potato Chips Gluten Free Brownie	12 Beef Taco Bowl Pico De Gallo, Guacamole, Rice and Beans Local Apple
15 Mid- Winter Break	16 Mid- Winter Break	17 Mid- Winter Break	18 Mid- Winter Break	19 Mid- Winter Break
22 Remote Learning	23 Remote Learning	24 Remote Learning	25 Remote Learning	26 Remote Learning
	Feb. 1-5 Grades 5,7,9,10		Feb. 8-12 Grades 6,8,11,12	