



Sumas Elementary February Menu

All students will be offered FREE breakfast and FREE lunch at School

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>MEAL BAG PICK UP DAY</p> <p>SUMAS ELEMENTARY 12pm 1pm & NV MIDDLE SCHOOL 11:00am-1:00pm</p> <p>Free to <u>ALL</u> Community Children</p>	<p>2</p> <p><u>Breakfast</u> BREAKFAST BAR Sunflower Seeds JUICE & MILK</p> <p><u>Lunch</u> PBJ POCKET STRING CHEESE CRACKERS VEGGIES APPLESAUCE CUP MILK</p>	<p>3</p> <p>APPLE MUFFIN String Cheese JUICE & MILK</p> <p>TURKEY & CHEESE SUB w/SUNCHIPS Veggies & Fresh Fruit MILK</p> <p>MEAL PICK UP NV Middle School 4:30pm -6:00pm</p>	<p>4</p> <p>OATMEAL ROUND CRAISONS JUICE & MILK</p> <p>Whole Grain CINNAMON BAGELER Sunflower Seeds YOGURT VEGGIES FRESH FRUIT MILK</p>	<p>5</p> <p>MIX IT UP Entrée JUICE & MILK</p> <p>CHICKEN CORNDOG w/ Potato Smiles VEGGIES FRESH FRUIT MILK</p>
<p>8</p> <p>MEAL BAG PICK UP DAY</p> <p>SUMAS ELEMENTARY 12pm 1pm & NV MIDDLE SCHOOL 11:00am-1:00pm</p> <p>Free to <u>ALL</u> Community Children</p>	<p>9</p> <p><u>Breakfast</u> BREAKFAST BAR Sunflower Seeds JUICE & MILK</p> <p><u>Lunch</u> PBJ POCKET STRING CHEESE CRACKERS VEGGIES FRESH FRUIT MILK</p>	<p>10</p> <p><u>Breakfast</u> APPLE FRUDEL Sting Cheese JUICE & MILK</p> <p><u>Lunch</u> HAM CROISSANT SANDWICH w/Crackers Veggies & Fresh Fruit MILK</p> <p>MEAL PICK UP NVMS 4:30pm -6pm</p>	<p>11</p> <p>MIX IT UP Entrée JUICE & MILK</p> <p>Whole Grain BAGEL w/CREAM CHEESE YOGURT & SEEDS VEGGIES FRESH FRUIT MILK</p>	<p>12</p> <p>CHERRY MUFFIN Seeds, Juice & Milk</p> <p> HEART SHAPED </p> <p>Soft Pretzel w/Cheese Valentines Slushie VEGGIES FRESH FRUIT PINK COOKIE & MILK</p>
<p>15</p> <p>PRESIDENTS' DAY</p> <p>NO SCHOOL</p> <p>***** NO MEAL PICK UP</p>	<p>16</p> <p>*****</p> <p>MEAL BAG PICK UP DAY</p> <p>SUMAS Elementary 12pm-1pm & NV MIDDLE SCHOOL 11:30am-1pm</p> <p><u>NO Elementary</u> On-Campus learning</p>	<p>17</p> <p>BREAKFAST BAR Sunflower Seeds JUICE & MILK</p> <p>PBJ POCKET STRING CHEESE Goldfish Crackers Veggies, fruit & Milk</p> <p>MEAL PICK UP NVMS 4:30pm -6pm</p>	<p>18</p> <p>BANANA BREAD CRAISONS JUICE & MILK</p> <p>BERRY YOGURT PARFAIT w/MUFFIN & SEEDS VEGGIES FRESH FRUIT MILK</p>	<p>19</p> <p>MIX IT UP Entrée JUICE & MILK</p> <p>CHICKEN BURGER VEGGIES FRESH FRUIT SMART COOKIES MILK</p>
<p>22</p> <p>MEAL BAG PICK UP DAY</p> <p>SUMAS ELEMENTARY 12pm 1pm & NV MIDDLE SCHOOL 11:00am-1:00pm</p> <p>Free to <u>ALL</u> Community Children</p>	<p>23</p> <p><u>Breakfast</u> BREAKFAST BAR Sunflower Seeds JUICE & MILK</p> <p><u>Lunch</u> PBJ POCKET STRING CHEESE CRACKERS VEGGIES FRESH FRUIT MILK</p>	<p>24</p> <p>BLUEBERRY MUFFIN Sting Cheese JUICE & MILK</p> <p>TURKEY & CHEESE SUB w/SUNCHIPS Veggies & Fresh Fruit MILK</p> <p>MEAL PICK UP NVMS 4:30pm -6pm</p>	<p>25</p> <p>OATMEAL ROUND CRAISONS JUICE & MILK</p> <p>Strawberry BAGELER Sunflower Seeds YOGURT VEGGIES FRESH FRUIT MILK</p>	<p>26</p> <p>MIX IT UP Entrée JUICE & MILK</p> <p>CHEESE PIZZA VEGGIES FRESH FRUIT Scooby Fruit Snacks MILK</p>

FREE GRAB & GO MEALS BAGS ARE AVAILABLE FOR ALL COMMUNITY CHILDREN

Mondays: Sumas Elementary 12pm-1pm & NV Middle School 11am-1pm

Wednesdays: NV Middle School 4:30pm- 6pm

*If your child is eating meal on campus, we ask you only pick up a three-day meal bag during our grab and go meal pass out.
Both 7-day and 3-day meal bags will be available at all pick up sites.

