

# E-Safety & Digital Parenting Support

Designated Safeguarding Lead: [s.longville@rgs.newcastle.sch.uk](mailto:s.longville@rgs.newcastle.sch.uk)  
Deputy Designated Safeguarding Lead: [n.mcgough@rgs.newcastle.sch.uk](mailto:n.mcgough@rgs.newcastle.sch.uk)  
Deputy Designated Safeguarding Lead: [k.wall@rgs.newcastle.sch.uk](mailto:k.wall@rgs.newcastle.sch.uk)



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# Resources to help support you, supporting your child:



Our school is part of [Parent Zone's](#) Digital Schools Membership programme, recognising our commitment to keeping our pupils safer online, and making sure we work with you to achieve this.

Our Digital Schools membership gives parents free access to Parent Zone's brand new Parent Lounge with:

- Online training
- Expert advice and information on all things digital
- Access to a free help service for all your tech questions.

To get started, [go to the registration page](#)

- Click **enter Parent Lounge**
- Click on the pink **add to cart** button
- On the next page click checkout. You'll then be asked to enter your email address
- On the next page, you will need to enter the coupon code **DSP16** to ensure you have free access. The code gives you a 100% discount

Once you've completed the short registration you'll receive two emails - one confirming your order and one with log in instructions. After clicking the link in the email, press the log-in button to set a password, you'll then be directed to the Parent Lounge.

Once you have logged, in the Parent Lounge will [always be accessible here](#) or via the School website, on the *Pastoral* section.



## Childnet

Childnet has developed guidance for parents and carers to begin a conversation about online safety, as well as guidance on keeping under-fives safe online.

The website contains sections for children (primary and secondary) as well parents and teachers. In the parents section the information is broken down as follows:

- Looking for advice on where to begin?
- Looking for more information on a topic?
- Looking for advice on talking to your child about staying safe online?
- Looking for help with an online safety concern?

Each section contains pdf documents with information to read and also suggested conversations that parents can have with their children around their internet activity and safety

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# Net Aware

## Net Aware

The Net Aware website is produced by the NSPCC.

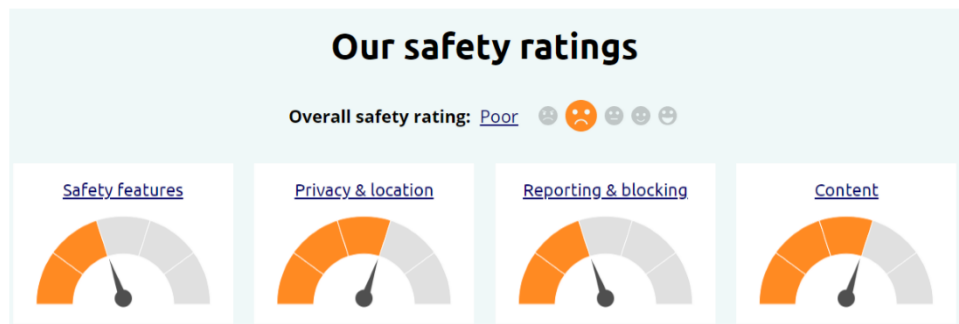
This is part of the larger NSPCC website which offers a range of support to parents to support children through the Covid 19 pandemic.

The website is up to date with regular posts of relevant and topical issues. For example:

- [8 tips for keeping your kids safe online during lockdown](#)
- [How to use parental controls on gaming devices](#)
- [5 online safety tips from five online experts](#)

Most tips encourage parents to speak to their children about online safety and encourages parents to understand the apps and programmes that children may be using. To support with this there are links to different content. The website is easy to navigate and would be suitable for parents to look at with their children.

The website also contains a useful section on mobile phone apps which explains what the app does. The site also rates each app for overall safety, safety features, privacy and location, ability to report or block other users and content.



# NSPCC

The NSPCC has a super website, with an easy to navigate panel by topic, which you just click on to access information and support, helping parents to understand the risks and keep their children safe:

<b>Sexting and sending nudes</b> Advice if you're worried about a child sending, sharing or receiving nude images. <a href="#">Learn more</a>	<b>Talking to your child about online safety</b> Tips on how to start the conversation with your child. <a href="#">Learn more</a>	<b>Inappropriate or explicit content</b> Advice on how to support your child if they've seen something online that's upset them. <a href="#">Learn more</a>
<b>Online games</b> Learn about the risks of online games and how to protect your child. <a href="#">Learn more</a>	<b>Livestreaming and online video apps</b> Advice to help you understand the risks and and keep your child safe. <a href="#">Learn more</a>	<b>Online porn</b> How to support your child if you're worried they're watching porn online. <a href="#">Learn more</a>
<b>Internet connected devices</b> Advice on how to make internet connected toys and devices safe for your child. <a href="#">Learn more</a>	<b>Parental controls</b> How setting up parental controls can help keep your child safe online. <a href="#">Learn more</a>	<b>Net Aware</b> In partnership with O2, your guide to the latest social apps, networks and games. <a href="#">Learn more</a>

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# What if things go wrong online?:

## Think U Know



This is an excellent website that offers advice for talking to your child about e-safety and online issues.

It is also a place for you to [report serious concerns](#) about your child and their online activity, and to access information and guidance about how to keep your child safe online.



## The UK Safer Internet Centre

UK Safer Internet Centre provides tips and advice for parents and carers to keep children safe online - you can also report any harmful content found online through the UK Safer Internet Centre.



Child Exploitation and Online Protection command

## CEOP

CEOP is the agency who deal with criminal activity online that may harm children, such as grooming or sexual abuse.

Anyone can report concerns with a simple click of a button, and an experienced child protection advisor would ensure you receive all the support and help you need.

## Should I speak to school?

It is always really helpful to let us know if you have any concerns. It is likely that we may have experience of dealing with a similar issue before, and we will do what we can to support you and your child.

Reach out to whoever you feel most comfortable talking to – it could be your child's form supervisor, or their Head of Year or Pastoral Lead.

Alternatively, if your child is in the Senior School they will have a Tootoot log-in which will allow them to contact School in an anonymous way and access advice and support.

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