## COVID-19 Mitigation Strategies and Programming Participant Expectations Albany Area Schools

### Strategies Implemented to Mitigate the Risk of COVID-19 Exposure

- Group Sizes:
  - Child Care/Youth Enrichment: May not exceed 15 people per program space for indoor or outdoor activities. Group sizes include staff, coaches, participants and volunteers.
  - Youth Sports: May not exceed 25 people per program space for indoor or outdoor activities. Group sizes include staff, coaches, participants and volunteers.
- All staff and participants are required to wear cloth face coverings while on campus at all times.
- Participants must stay in assigned program area and with assigned group throughout the entirety of the program
- Social distancing of at least 6 feet will be implemented whenever possible.
- Enhanced cleaning and disinfecting will remain a priority, including bathrooms and other high-touched surfaces, toys and community supplies.
- Participants must bring their own water bottle (fountains unavailable) and other necessary supplies, unless otherwise noted
- Drop off and pick up of students will occur outside to minimize the number of people entering the buildings. Unless otherwise noted, parents/spectators will not be allowed to enter the building.
- Health screenings will be conducted on all students prior to entering the building. All staff are required to complete a health self-assessment at home prior to coming into work.
- Programming start times may be staggered to allow for adequate social distancing during check-in.
- Upon program completion, participants must promptly exit the building using the designated departure door and may not congregate on school district grounds.
- Everyday preventive actions, including hand washing, covering coughs and sneezes, and requiring sick students and staff to stay home when sick, will be heavily emphasized.

Note: Strategies may change if the level of community transmission increases to the point where programming must be disrupted.

## **Expectations for Participating in Programming**

For the safety of all participants and staff, you may **NOT** attend programming if you are experiencing symptoms consistent of Covid-19 (See Decision Tree below) Participants must also follow all public health guidance, including thorough hand washing before and after participating in programs and covering coughs and sneezes. See the COVID-19 Exclusion Guidance Decision Tree below.

## COVID-19 Decision Tree for People in Schools, Youth, and Child Care Programs

Follow the appropriate path if a child, student, or staff person is experiencing the following symptoms consistent with COVID-19:

- . More common: fever of 100.4 degrees Fahrenheit or higher; new cough or a cough that gets worse; difficulty/hard time breathing; new loss of taste or smell.
- Less common: sore throat; nausea; vomiting; diarrhea; chills; muscle pain; extreme fatigue/feeling very tired; new severe/very bad headache; new nasal congestion/stuffy or runny nose.

#### For people with

- ONE "less common" symptom.
- Evaluate symptom and determine if person is well enough to stay in school or program.
  - Siblings and all others who live in the house DO NOT need to go home or stay home.
- Well enough to attend or stay in school or program.

Evaluation from a doctor/health care provider

and/or gets a COVID-19 test for symptom(s).

 Send the ill person home. Consider an evaluation from a doctor/health care provider and/or getting a COVID-19 test. Person with symptom returns to school or program 24 hours after symptom improves.

alternative diagnosis.

Siblings and all others who live in the house return to school or program.

#### For people with

- ONE "more common" symptom OR at least
- TWO "less common" symptoms OR
- ANY symptom (more or less common) during quarantine.

Person must stay home or is sent home.

Siblings and all others who live in the house must stay home or are sent home.

Does not seek evaluation from doctor/health care provider or get a COVID-19 test. Receives positive COVID-19 test result. Siblings and all others who live in the house NOW must stay home (quarantine) and stay away from all activities during the time the person with symptoms or a positive test is infectious (10 days) plus

the time it could take for household members to get sick (14 days).

Receives negative COVID-19 test result OR

Must stay at home and away from others who live in the house (isolate) for at least 10 days from the time symptoms started and until symptoms have improved and they have no fever for 24 hours without using fever-reducing medications. If they have no symptoms but test positive, they must stay home for 10 days, counting from the day they were tested.

# For people who are a close contact of someone who tested positive for COVID-19.

A close contact is ANY person who lives in the same household as a person who tested positive for COVID-19 OR someone who has been within about 6 feet of a person who has COVID-19 for a total of 15 minutes or more throughout the course of a day (24 hours).

Stay home from ALL ACTIVITIES during your quarantine period (starts day after last contact with the person who tested positive).

A 14-day quarantine is recommended for people who have been exposed to COVID-19. A shortened quarantine period may be possible as determined by the school, youth program, or child care using quarantine guidance:

#### How long to stay away from others (quarantine)

www.health.state.mn.us/diseases/coronavirus/close.html#long

If you have any symptoms during the next 14 days, stay home, separate yourself from others, and get tested.

Siblings and all others who live with the person who is the close contact DO NOT need to stay home.

If the person who is a close contact develops any of the more or less common symptoms and/or has a positive test result.

Must stay at home away from others (isolate) as much as possible for at least 10 days starting from the day they were tested (if no symptoms) or starting from the time their symptoms started and until their symptoms have improved and they have not had a fever for 24 hours (without using fever-reducing medications).

Siblings and all others who live in the house NOW must stay home (quarantine) and stay away from all activities during the time the person with symptoms or a positive test is infectious (10 days) plus the time it could take for household members to get sick (14 days).





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Albany Area Schools programs facility are being operated in compliance with state and federal guidelines during this global pandemic. Participant compliance with programming expectations for health and safety must be followed. All programs will take an abundance of care for all participants but acknowledge a potential risk for health and safety due to the COVID-19 pandemic.