## What Happened to My Teen?

Five Love Languages	StrengthsFinder (4 categories)	
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-	-	
-	-	
-	-	
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What is YOUR love language?	What are YOUR strengths	
What is your teen's love language?	What are your teen's strengths?	
The Big Decision		
Stats that jumped out at me		
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When choosing a college major, your choosing a not a!		
Gap year advice		
Over% of teens, if they don't go to church in first weeks, they		
Overwhelmed & Overscheduled		
Stats that jumped out at me		
Productivity Plan to reduce stress		

Gaming Addiction	
Set boundaries	
Realize it's	
Treat it as a & get counseling	
Simple Things That Matter	
Get on their	
Be willing to admit your	
Remove physical barriers	
Avoid	
Forget the, focus on present failure	
Nightly Blessings	
Brief, Practical Family Devotions	
BIGGEST FACTOR: Family	It's one of the easiest!

What Teens Asked Me to Say...

## Resources

HELP ME! I Have a Teenager by Annie Drake Bringing Up Girls by James Dobson Bringing Up Boys by James Dobson Who Am I? by Phil Huebner