



Session 1: High School Transitions Recap

Speaker: Drew Kock (SCLA Instructor, Coach, & Guidance Counselor)

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Both parents & students have these perspectives:

- Anything “new” is hard
- Social interactions are hard
- Schedule management is hard
- Expectations can be hard

Takeaways

- Ask your student, “How do you want us to be involved?”
- Pick a few “important” SCLA events with your student, and let them know you’ll be there. (Because they really *do* want you to be involved.)
- If you’re having trouble connecting to other parents, we recommend showing up for an event, even if your student isn’t a part of it. (And continue coming to *Crusader Connections!*)
- If your student is wary about getting involved at SCLA, ask them if you could go together to an event.
- If you or your student ever have questions, don’t be afraid to reach out to anyone at SCLA, especially Anna (Ms. B.), who is happy to help!
 - (651) 455-1521, ext. 1171 or ABiedenbender@StCroixLutheran.org
 - Office #02 near the front office - Tu/Th 8am-4pm & Fr 8am-12pm

Current SCLA “High School Transition” Programs:

- *Crusader Connections* - parent program
- Tailgate for new families (postponed due to COVID)
- *Fresh Start* - 9th & 12th grade mentor program
- Daily advisory includes rotating meetings for each student to meet with their homeroom teacher individually. Student-leaders will periodically have pop-up social events or play games with their homerooms. Homerooms also include students of all grades.
- A professional counselor from Wisconsin Lutheran Child and Family Services is available weekly.
- Co-Curriculars webpage: <https://www.stcroixlutheran.org/activities/co-curriculars>

Future Ideas:

- Student & Parent Involvement Pages - specific pages on our website listing all the ways students and parents can each be involved at SCLA
- Parent Question List - an outline of good questions to ask your student each year

How can we better prepare you and/or your student for the high school transition?

Email your thoughts to Anna Biedenbender (Domestic Admissions Counselor) at ABiedenbender@StCroixLutheran.org.