ECSFE Early Childhood & Family Education

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End of the Year Goals for 4-year-olds



Kindergarten Entrance Requirements:

- Children are 5-years-old on or before September 1.
- Parents/guardians provide documentation of children's required immunizations.
- Children participate in a school district's early childhood screening program.* * This does not apply if you are a conscientious objector.

Young children are active learners and benefit from hands-on, play-based experiences. Below are examples of ways children are growing and developing. This is not a complete list of developmental tasks or a checklist to determine school readiness; use this document as a general guide for learning during the 4-year-old year.

Social Learning

- · Talks and plays with other children and adults
- Follows routines with occasional reminders
- · Follows directions that have two parts ("Take off your shoes and put them in the closet.")
- Will participate in an activity led by an adult other than their parent
- Solves problems; asks adults for help if needed
- Understands there are different rules in different places (i.e., home, school and community)

Emotional Learning

- · Growing in ability to express feelings, needs, opinions and wants
- Understands emotional reactions of self and others
- Can find something to do and/or play alone for a few minutes
- Can stop what they are doing to do something else
- Shows confidence

Approaches to Learning

- Notices new things
- Adjusts to change
- Pretends and invents
- Tries different ways to do a task
- Speaks in home language clearly enough to be understood by most listeners
- Asks and answers questions
- Talks about experiences in the order they happened

Literacy

- Looks at or listens to stories
- Tells a familiar story
- Points to and names letters, especially those in their name
 - Writes pretend or actual letters, words, and/or name
- Starts to notice beginning and ending sounds in words

Art

· Uses different materials to create art (i.e., paint, playdough, markers, crayons, movement)

Social Systems

- Notices similarities and differences
- Understands that families vary

Physical Development & Movement



- · Moves body: crawls, climbs, kicks, climbs stairs, hops, jumps, throws, gallops, catches, and more Uses hands to work on puzzles or pegboards, draw, create with playdough, string beads and more
- · Gets dressed with little help
- Uses the toilet without help

Math & Science

- Likes to count and play with numbers
- 23 Thinks of what might happen next
 - · Uses words to describe quantities, sizes and shapes
 - · Sorts objects in more than one way
 - · Copies a design that repeats (i.e., red block, blue block, red block)

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Content adapted from the Minnesota Early Indicators of Progress

Children's development can vary greatly. If you have questions or concerns about how your child is growing: http://helpmegrowmn.org

