

# Habit 1

Be Proactive

I am only in charge of myself

- I follow directions and do the right things without being asked, even when nobody is looking
- I choose my actions, attitudes and moods
  - I have self-control
  - I accept responsibility

I choose to be **PROACTIVE** not **REACTIVE**

# Carry Your Own Weather

## Habit 1 Be Proactive

Sunny

Stormy

Happy

Being a Leader

Playful

Cheerful

Funny, laughing

Nice, Kind

Friendly

Smiling

Calm

Proactive

Problem solver

Mad

Sad

Angry

Throwing Things

Grumbling

Pushing

Yelling

Mean

Bossy

Tense

Frustrated