

## PTA PRESENTS

## Highlights

**Parent Art Evening -**  
Feb. 10-16th, 2021



**Meditating with Ann-Katrin**  
Monday Feb. 1st, 2021, 8.30 - 9.30am

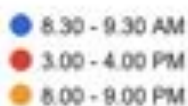
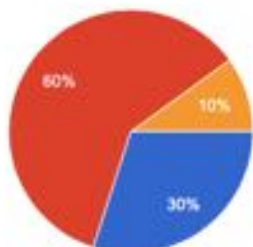
**Community Meeting -**  
Monday, Feb. 8th, 2021, 3-4 pm

**New Parents Meeting-**  
Tuesday Feb. 9th, 2021, Time TBD

**Wednesday Walks**  
please contact Lama for updates

### Thank you for responding!

Based on our survey to determine the preferred time for Community meetings, we found that majority respondents favour 3-4pm followed by second major of 8-9 pm. Considering this, we are considering the possibility of alternating between the two times and shall update you soon. Coming Community meeting will be at 3-4 pm.



### Can logging into the Community meetings with personal, non ABA email ids be made possible?

We had received the above query in last Community meeting. Having checked this with the IT team at school, we understand that - **"G Suite for Education edition does not allow personal Google Accounts and non-Google accounts to join Google Meet created by GSuite users."**

Since PTA uses the G Suite (Education edition) of the school, the community will need to continue to log in with abaoman email ids.

Click [here](#) to join the

**Beezy Mondays sessions (8.30 am)**

**March Mondays will take you through Kitchens of the world!**

**Would you like to showcase a recipe from your country / kitchen?!**

Email Paula - [ptacochair@abaoman.org](mailto:ptacochair@abaoman.org)

Parent Art Exhibition opens on 10th Feb. 2021

PTA PRESENTS

**ART-E-FECT**  
BY ABA ARTISTS

February 10th -16th, 2021  
ART & SOUL GALLERY  
Second floor, Waterfront Mall, Shatti

All days except Friday: 10 am - 9 pm  
Friday : 4 - 9 pm

Do visit to view amazing Arts by teachers & parents from the ABA Community  
Inauguration on February 10th, 2021 at 7.30 pm



Share a skill, Email now!  
[ptacochair@abaoman.org](mailto:ptacochair@abaoman.org)

February Focus :  
**Meditating with Ann-Katrin**  
(different techniques) 4 sessions  
Starting 1st Feb.- 8.30 - 9.30 am

“

*Especially during the times we face right now it is beneficial to allow time to tune inwards.*

**ANN-KATRIN**

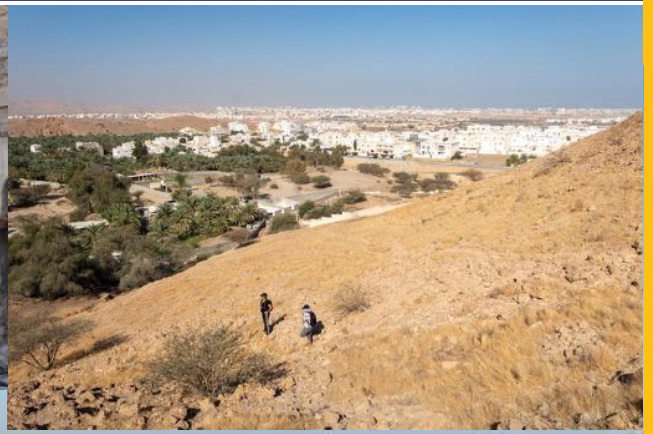
Yoga, Outdoor Fitness and Wellbeing Coach speaking on importance of Meditation

Introducing virtual sessions of 30-40 mins every Monday. Volunteers from the community share their expertise on Physical fitness, Emotional wellbeing, Recipes from kitchen across the world, Arts & Crafts and much more!



Ann-Katrin will guide a Present Moment Awareness Meditation. Nowadays we are barely in the now, most of our thoughts are in the past or future. But with practice and consistency this meditation technique helps to bring acceptance to the now, the present. For a bit more comfort while sitting, a pillow is good to have. Please note that we will start on time and please do not interrupt during the meditation to ensure a smooth flow. The meditation will take around 20 minutes followed by a Q&A.

Do visit <https://www.abaoman.org/community> for updates & details from PTA and the Booster club!



Wednesday Walks  
- Ghala to Bowsher  
- through a fossil hill!



"Thank you! It was a lovely hike, a bit of everything ♥"

"Excellent hike. Thank you for the guidance and lovely company ladies"

"Was really lovely to meet (new and old) and hike with you ladies"



# Boosterclub News



(pre covid-19 pictures)

Did you know?

A Booster club is an organization that is formed to support its associated club, sports teams, or organization (e.g. coordinate events, raise money, etc.).

The ABA Vipers Booster Club was established in September 2015 with the intention to set up a volunteering parent club to support the students, to increase the profile of sports school wide and to create a sense of pride for competing students and within the school community. The club started small with Vanessa Mc Carron and Ali Happy, working closely together with the Head of Athletics Department, Paul Brace. It's being associated with ABA sports, MESAC, MSSL & MPSL programs. The funds raised through various events cater to the additional needs of the Vipers programs. The Vipers Booster Clubs is here to

**Inspire - Encourage and Support!**

The first hoodies in 2021 have been distributed during the schoolwide online learning period. Thank you to all who were able to come by.

The parents who weren't able to come for the pick up have been contacted by email by Paul Brace for another pick up option.



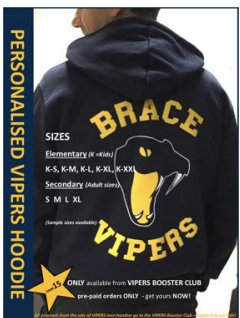
## Hoodie Ordering and Pop up Shop

We are excited to holding our next Pop Up Shop AND hoody ordering on

**Monday 01 Feb - Tuesday 02 Feb - Wednesday 03 Feb**  
between **3 - 5 pm** on the ABA campus! Cash payment only!

Please note: STRICTLY NO trying on hoodies. Hoodie order forms to be filled out prior to coming the the stand. Please use the Hoodie ordering form on next page!

And don't miss the **Pop Up Shop**  
with fun and exciting Vipers merchandises!





# Boosterclub News



Date of Order

## VIPERS BOOSTER CLUB HOODIE ORDER FORM

NAME (First name and surname)	
GRADE	
STUDENT EMAIL ADDRESS	
PARENT EMAIL	
NAME ON HOODIE (BLOCK CAPITALS)	
SIZE (Indicate if adult or Kids)	
QUANTITY	
CONTACT PHONE NUMBER	
PAID 15 OMR	

**Name on hoodie must only be family name or first name, no nick names all Cash must be paid when order is placed (EXACT AMOUNT REQUIRED) Please ensure all email addresses are clear and can be read Mens size in guide relates to Adult measurements**

### Measurement guide

ALL MEASUREMENTS ARE IN INCHES

MENS	Length	Chest	Shoulder	Sleeve	Cuff
S	27	41	17	23.5	7.5
M	28	43	18	24	8
L	29	45	19	24	8.5
XL	30	47	20	25	9
XXL	31	49	21	25	9.5

**KIDS**

KS	22	32	16	20	
KM	23	34	16	20.5	
KL	24	36	16	21	
KXL	25	38	17	22	
KXXL	26	40	17	22	

### VIPERS HOODIES

**2023 - 2024** - 100% Cotton and Polyester - Club Member Payment - Personalised Vipers Hoodie - 15 OMR per hoodie

- Quality cotton heavy duty hoodie with fleece interior and top
- Light grey cotton lined hood
- Not colour coordinated with the logo on front
- All hoodies personalised with name and school (see requirements)

**2024** - by the students in consultation with Booster Club

**2025** - Hoodie club each with a separate supplier in Dubai. Orders can be placed by Booster Club members. All hoodies are made in Dubai

**2026** - Hoodie club each with a separate supplier in Dubai. Orders can be placed by Booster Club members. All hoodies are made in Dubai

**2027** - Hoodie club each with a separate supplier in Dubai. Orders can be placed by Booster Club members. All hoodies are made in Dubai

**2028** - Hoodie club each with a separate supplier in Dubai. Orders can be placed by Booster Club members. All hoodies are made in Dubai

**2029** - Hoodie club each with a separate supplier in Dubai. Orders can be placed by Booster Club members. All hoodies are made in Dubai

**2030** - Hoodie club each with a separate supplier in Dubai. Orders can be placed by Booster Club members. All hoodies are made in Dubai

**PERSONALISED VIPERS HOODIE**

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 100% Cotton and Polyester  
 Club Member Payment  
 Personalised Vipers Hoodie  
 15 OMR per hoodie

**2024**  
 100% Cotton and Polyester  
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**2029**  
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 100% Cotton and Polyester  
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