

January 2021

Elementary School LUNCH MENU

Meal Prices

Student Meals No Charge
Adult Lunch \$4.15
Adult Breakfast \$2.40
Milk Carton \$0.45

*Students who elect to bring a meal from home and who would like to have milk with their meal are able to purchase milk at school. Meal benefits DO NOT apply.

**Cold Deli Sandwich (35g) and Sunbutter & Jelly Sandwich (74g) offered daily.

***Breakfast is located in the shaded area of the menu.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
		<div style="border: 1px solid red; padding: 5px; text-align: center;"> Important Information: Student Nutrition Services is able to serve ALL children, 1-18 years old, free breakfast and lunch when learning in-person at school and free meal kits during distance learning. This is due to USDA's recent announcement that all school meals served are to be free through June 30th, 2021, regardless of eligibility. </div>		
4	5			8
11	12	13	14	15
18	19	20	21	22
No School	Sunbutter & Jelly Sandwich~33g String Cheese~0g Fresh Baby Carrots~5g Apple~13g Snack Crackers~18g		Sunbutter & Jelly Sandwich~33g String Cheese~0g Fresh Baby Carrots~5g Apple~13g Snack Crackers~18g	Longfellow Only: Boneless Chicken Wings~15g Yellow Corn~15g Applesauce~15g
	Breakfast Bread~24g		Breakfast Bread~24g	Zee Zee Bar~24g
25	26	27	28	29
Boneless Chicken Wings~15g Yellow Corn~15g Applesauce~15g	Italian Dunker w/Pizza Sauce~22g Fresh Baby Carrots~5g Chilled Pears~15g		Cheeseburger~30g Potato Coins~18g Chilled Peaches~14g	Mini Cheese Pizza Bagels~18g Green Peas~11g Warm Apple Slices~15g
Zee Zee Bar~24g	Cherry Frudel~37g		Mini Cinni's~40g	Breakfast Bread~24g

Allergy Information:
 This menu may contain one or more of the following ingredients: milk, eggs, soybeans, and wheat. It does not contain peanuts or tree nuts per manufacturer labels.

The planned lunch meal provides 550-650 calories, <10% saturated fat, and 0g trans fats!

~ Average gram (g) of carbohydrate
 Menu subject to change due to product availability and weather delays/cancellations.

This institution is an equal opportunity provider.