



GIGGLESWICK
SCHOOL

Lower School Sports Scholarship Programme

Our Junior Sports Scholarship Programme is a new and exciting programme which supports and develops pupils who enter the School in Year 7 and 9 on sports scholarships. The aim of the programme is to support young athletes who are aspiring to be the best they can be in years to come. The programme will include a number of sessions which will be delivered by the Senior School sports staff.

Sessions and support will include

Specialist small group and one to one coaching

Athletic development sessions

Professional athlete and coaching talks

Video analysis

Goal setting

Recovery sessions

Nutritional advice



“This is a unique programme for junior sports scholars to experience the best sporting provision and first class facilities, which helps support their physical and mental well-being. The programme is designed to instil ambition and allow pupils to reach their full potential through participation in a wide range of sports.”

Ed Buck, Director of Sport

