## **Tell Someone**

Be aware of the bullies they aren't always seen

They will tell you that you aren't good enough and
try to intervene

Don't worry or stress, don't let it get you depressed

Tell someone about it and get it off your chest

They can offer their help and show you what is right
Don't worry they are nice and will you some ice
They will listen to you and give you advice
They will help you see the light even when it isn't bright

Don't continue to be silent about all the strife in your life

Just let it out it will be alright

Don't let them continue to shove you around and tell you that you aren't right

Let someone know where you have been in life

