

# Ready for School?

A Daily Household Checklist to Keep Everyone Healthy, Safe and Learning

## HOUSEHOLD SCREENING FOR COVID-19

No Symptoms

PROCEED TO CAMPUS

At least 1 Symptom

PROCEED TO HYBRID LEARNING\*

Return:

- 3 consecutive, symptom free days without the use of medications

OR

- Provide a negative PCR (not rapid) test

Diagnosis of COVID-19 WITHOUT Symptoms

PROCEED TO HYBRID LEARNING\*

Return:

- 10 days have passed since positive test

Diagnosis of COVID-19 WITH Symptoms

PROCEED TO HYBRID LEARNING\*

Return:

- 3 days fever free with no medications
- 10 days since first symptom appeared
- Symptoms improved

Exposure to Suspected or Confirmed COVID-19

PROCEED TO HYBRID LEARNING\*

Return:

- After 14 days (unless symptoms develop or test positive) then follow guidelines for symptomatic or confirmed

*(If exposure to suspected or confirmed Covid case is a household member, please refer to the next page in this document.)*



### SYMPTOMS

> Fever or chills

> Cough

> Short of Breath/Difficulty Breathing

> Fatigue

> Muscle/Body Aches

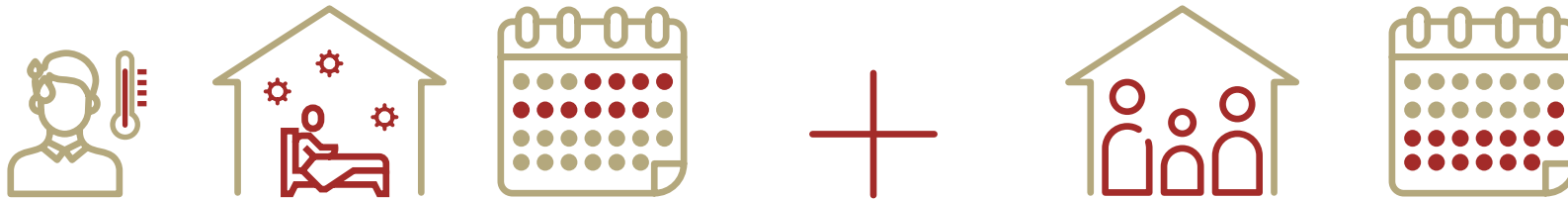
> Headache

> New Loss of Taste or Smell

> Sore Throat

> Vomiting or Diarrhea

# What to do if you have a COVID-19 positive family or household member



A person with COVID-19 must **self-isolate** for **10 days after they began to feel sick**, and at least 24 hours have passed with no fever, without the use of fever-reducing medications, AND other symptoms have improved. This is the infectious period.

If no symptoms, then the 10 days to self-isolate begins from positive test collection date.

Family/Household members remain **quarantined** for **14 days AFTER the last exposure** to the person with COVID-19 who was still infectious.

## Isolation or Quarantine: What's the difference?

**Isolation** keeps someone who is infected with the virus away from others, even in their home.

### Self Isolation Occurs when you can:

- > Stay on your own in one room as much as possible and keep the door closed
- > Avoid using shared spaces (such as the kitchen)
- > Use a separate bathroom



**Quarantine** keeps someone who might have been exposed to the virus away from others.

If a positive household member cannot isolate within the home, then other household members must quarantine/remain off campus for a minimum of 24 days.

# Health & Safety Policies and Procedures\*

## Your Child and Family Members

**Q:** What happens if my child or a household member is **EXPOSED** to someone diagnosed or symptomatic of having COVID-19?

**A:** If your child or a member of your household is exposed to someone diagnosed or suspected of having COVID-19, you must satisfy one of the following before your child can return to campus:

- Stay home until 14 days after last exposure.
- Assuming they feel well enough, participate in The Schenck School's Distance Learning program.
- Follow other CDC Public Health Recommendations for Community-Related Exposure.

**Q:** What happens if my child or a household member is **SYMPTOMATIC** of having COVID-19?

**A:** If your child or a household member is experiencing symptoms associated with COVID-19, you must satisfy one of the following before your child can return to campus:

- Provide a negative PCR (not rapid) test OR
- At least 3 consecutive days (72 hrs) have passed since recovery defined as resolution of **ALL COVID-19** symptoms without the use of **ANY** medications.

**Q:** What happens if my child or a household member is **DIAGNOSED** with COVID-19?

**A:** If your child or a household member has a positive diagnosis of COVID-19, you must:

- Follow The Schenck School's [Returning to Campus for Students and Employees after Exposure to Suspected or Positive COVID-19 Diagnosed Person\(s\) guidelines](#).
- Assuming they feel well enough, participate in The Schenck School's Distance Learning program.
- All are encouraged to follow other CDC Public Health Recommendations for Community-Related Exposure.

# Health & Safety Policies and Procedures\*

## Your Child and Family Members

**Q:** What happens if a child becomes sick while at school?

**A:** If a child becomes ill while at school, he or she will be escorted by an adult to the Nurses' station.

The Nurses' station is in a new location this year. It has its own bathroom and two separate and distinct spaces.

If a child is exhibiting symptoms associated with COVID-19, the Nurse will examine him or her in a separate area of the nurses' station, removed from the room used to dispense medications, bandaids, etc.

If appropriate, the Nurse will contact the parent or designated emergency contact to pick up the child. Parents will pick up their child directly from the Nurses' station, which has its own door into the parking lot. If the child is sent home exhibiting symptoms associated with suspected COVID-19, they must satisfy one of the following before they can return to campus:

- Provide a negative PCR (not rapid) test OR
- At least 3 consecutive days (72 hrs) have passed since recovery defined as resolution of **ALL COVID-19** symptoms without the use of **ANY** medications.

**Q:** What happens if my child feels well but needs to stay home because of the health and safety standards?

**A:** Please contact your child's teacher to participate in hybrid learning.

# Health & Safety Policies and Procedures\*

## Classmates, Faculty and Staff, Others

**Q:** What happens if someone in my child's class is exposed off campus to someone diagnosed or symptomatic of having COVID-19?

**A:** If a student or teacher is exposed off campus to someone diagnosed or suspected of having COVID-19, he or she will follow the [Returning to Campus for Students and Employees after Exposure to Suspected or Positive COVID-19 Diagnosed Person\(s\) guidelines](#), which includes a 14-day quarantine and transition to online learning. This will not interrupt in-person learning for the class unless the exposed student is later diagnosed or becomes suspected of having COVID-19.

The school will not notify other families in the class unless the school learns he or she came to school after the initial exposure.

**Q:** What happens if someone in the school but not in my child's class is symptomatic of having COVID-19?

**A:** The School will communicate to all families any incident of a student, faculty or staff member testing positive for COVID-19. The school will use its Decision Matrix which combines rate of wider community spread with incidents within the school's community to determine if the positive case results in:

- Closing off the affected classroom or workspace and no interruption to the rest of the school.
- Transitioning to a temporary period of distance learning for everyone based on the rate of community spread and incidents within the immediate school community.

**Q:** What happens if someone in my child's class is diagnosed or symptomatic of having COVID-19?

**A:** If a student or teacher is diagnosed with COVID-19, the school will communicate via email and text to all families within the class that an unidentified member of the class has been diagnosed with COVID-19. The class will be relocated to a different space, and parents will be asked to pick up their children from school as soon as possible.

The entire class would then follow the [Returning to Campus for Students and Employees after Exposure to Suspected or Positive COVID-19 Diagnosed Person\(s\) guidelines](#), which includes a 14-day quarantine and transition to distance learning.

The first day of distance learning will be a "planning" day for both families and teachers, and structured classes would begin the second day.

# Health & Safety Policies and Procedures\*

## Learning and Communications

**Q:** When can I expect Covid-related communications?

**A:** The school will communicate to all families if there is a student, faculty or staff member diagnosed with COVID-19. The school will not share any identifying information.

If your child is believed to have had exposure to this individual, your communication will have specific instructions regarding the [Returning to Campus for Students and Employees after Exposure to Suspected or Positive COVID-19 Diagnosed Person\(s\) guidelines.](#)

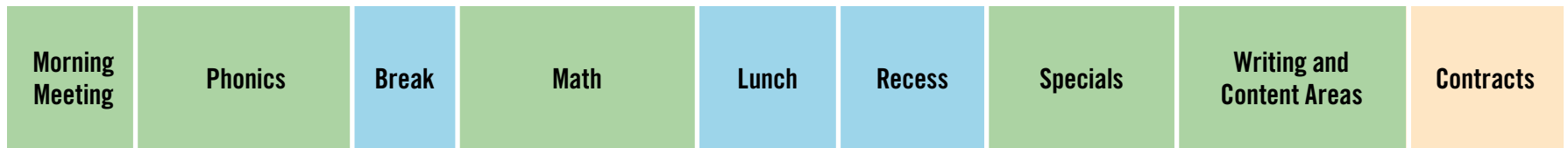
If your child did not have any known exposure to the individual, your communication will include if this impacts how your child learns based on the school's Decision Matrix which combines the rate of wider community spread with incidents within the school's community to determine next steps.

# Health & Safety Policies and Procedures\*

## Learning and Communications

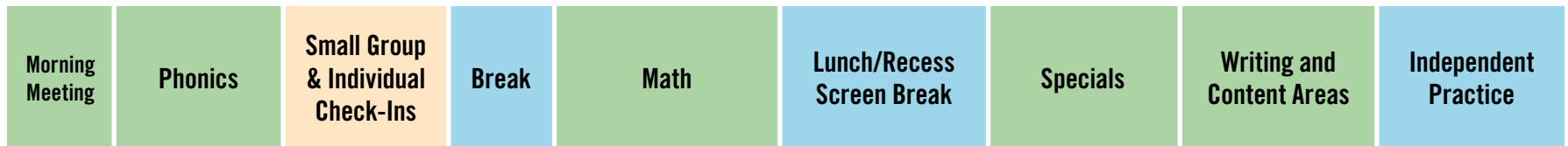
**Q:** What does hybrid and distance learning look like for my child?

**A:** **Hybrid Learning** – Combination of traditional classroom approaches and best practices from online learning to accommodate in-person and distance learners simultaneously. Utilizes [Zoom](#), [SeeSaw](#), [Google Classroom](#) and other applications.



← Learning and Participating In-Person or via Classroom [360 OWL Camera](#) →  
Specials will follow the regular schedule in hybrid learning.

**Distance Learning** – Everyone is instructing and learning from home using best practices for online learning. Utilizes students' school-issued iPads or Macbook and [Zoom](#), [SeeSaw](#), [Google Classroom](#) and other applications.



← Learning and Participating from Home via Zoom. Green represents Real-Time, Class Engagement. →  
Green represents real-time, class engagement through video, direct instruction, and self-paced learning.  
Specials will follow the regular schedule in virtual learning.

**Note:** These are example schedules. Actual schedules will vary by grade and classroom. Students participating in the Elective Distance Learning Program will follow this format.