

	<i>Sunday 1/17/2021</i>	<i>Monday 1/18/2021</i>	<i>Tuesday 1/19/2021</i>	<i>Wednesday 1/20/2021</i>	<i>Thursday 1/21/2021</i>	<i>Friday 1/22/2021</i>	<i>Saturday 1/23/2021</i>
Breakfast	9:00 am - 12:00 pm	7:15 am - 8:10 am	7:15 am - 8:10 am	7:15 am - 8:10 am	7:15 am - 8:10 am	7:15 am - 8:10 am	9:00 am - 12:00 pm
Grill	Corned Beef Hash, Egg & Potato Breakfast Scrambler, Egg & Potato Breakfast Scrambler, Belgian Waffle Bowl, Tater Tots	Sausage, Egg & Potato Breakfast Scrambler, Egg & Potato Breakfast Scrambler, French Toast Sticks Bowl, Tater Tots	Bacon, Egg & Potato Breakfast Scrambler, Egg & Potato Breakfast Scrambler, Pancake Bowl, Tater Tots	Sausage, Egg & Potato Breakfast Scrambler, Egg & Potato Breakfast Scrambler, Bacon, Egg & Cheese Biscuit Bowl, Tater Tots	Bacon, Egg & Potato Breakfast Scrambler, Egg & Potato Breakfast Scrambler, Sausage, Egg & Cheese Bagel Bowl, Tater Tots	Sausage, Egg & Potato Breakfast Scrambler, Egg & Potato Breakfast Scrambler, Pancake Bowl, Tater Tots	Bacon, Egg & Potato Breakfast Scrambler, Egg & Potato Breakfast Scrambler, French Toast Bowl, Tater Tots
Home Cooking							
Soup, Salad and Deli Bar	Yogurt Cups, Fresh Fruit Cup Whole Fruit, Hard Boiled Eggs	Yogurt Cups, Fresh Fruit Cup Whole Fruit, Hard Boiled Eggs	Yogurt Cups, Fresh Fruit Cup Whole Fruit, Hard Boiled Eggs	Yogurt Cups, Fresh Fruit Cup Whole Fruit, Hard Boiled Eggs	Yogurt Cups, Fresh Fruit Cup Whole Fruit, Hard Boiled Eggs	Yogurt Cups, Fresh Fruit Cup Whole Fruit, Hard Boiled Eggs	Yogurt Cups, Fresh Fruit Cup Whole Fruit, Hard Boiled Eggs
Bakery	Cold Cereal, Breakfast Pastry, Hot Cereal	Cold Cereal, Breakfast Pastry, Hot Cereal	Cold Cereal, Breakfast Pastry, Hot Cereal	Cold Cereal, Breakfast Pastry, Hot Cereal	Cold Cereal, Breakfast Pastry, Hot Cereal	Cold Cereal, Breakfast Pastry, Hot Cereal	Cold Cereal, Breakfast Pastry, Hot Cereal
Lunch		12:00 pm - 1:55 pm	12:00 pm - 1:55 pm	11:00 am - 12:55 pm	12:00 pm - 1:55 pm	12:00 pm - 1:55 pm	
Grill Station		Meatball Sub, Vegetable Burger Hamburger, Grilled Chicken Breast All Beef Hot Dog	Turkey Club Sub, Vegetable Burger Hamburger, Grilled Chicken Breast, All Beef Hot Dog	Chicken Fingers, Vegetable Burger Hamburger, Grilled Chicken Breast All Beef Hot Dog	Gyro Bowl, Vegetable Burger Hamburger Grilled Chicken Breast, All Beef Hot Dog	Steak & Cheese Sub, Vegetable Burger , Hamburger, Grilled Chicken Breast All Beef Hot Dog	
Pizza Station		Cheese Pizza , Specialty Pizza	Cheese Pizza , Specialty Pizza	Cheese Pizza , Specialty Pizza	Cheese Pizza , Specialty Pizza	Cheese Pizza , Specialty Pizza	
Pasta Station		Sticky Rice , Brown Rice, Pasta with Marinara Sauce, Plain Pasta	Sticky Rice , Brown Rice, Pasta with Marinara Sauce, Plain Pasta	Sticky Rice , Brown Rice, Pasta with Marinara Sauce, Plain Pasta	Sticky Rice , Brown Rice, Pasta with Marinara Sauce, Plain Pasta	Sticky Rice , Brown Rice, Pasta with Marinara Sauce, Plain Pasta	
Home Cooking		Vegetable Quiche & Salad Greens Baked Ziti with Roasted Broccoli & Bread Stick Bowl	BBQ Pulled Pork with Pigeon Peas, Rice & Plantains Squash Dahl, Jasmine Rice	Quinoa Pilaf Grilled Kielbasa with Potatoes Pepper & Onions	Roasted Chickpeas & Vegetables , Hawaiian Meatballs & Sticky Rice Bowl	Spicy Tofu & Green Beans Macaroni & Cheese	
Soup, Salad and Deli Bar		Kale Salad , Tossed Salad, Caesar Salad, Diced Chicken, Carrot Sticks , Hummus , Marinated Tofu , Roasted Chickpeas , Tuna Salad, Chicken Salad	Kale Salad , Tossed Salad, Caesar Salad, Diced Chicken, Carrot Sticks , Hummus , Marinated Tofu , Roasted Chickpeas , Tuna Salad, Chicken Salad	Kale Salad , Tossed Salad, Caesar Salad, Diced Chicken, Carrot Sticks , Hummus , Marinated Tofu , Roasted Chickpeas , Tuna Salad, Chicken Salad	Kale Salad , Tossed Salad, Caesar Salad, Diced Chicken, Carrot Sticks , Hummus , Marinated Tofu , Roasted Chickpeas , Tuna Salad, Chicken Salad	Kale Salad , Tossed Salad, Caesar Salad, Diced Chicken, Carrot Sticks , Hummus , Marinated Tofu , Roasted Chickpeas , Tuna Salad, Chicken Salad	
Bakery							
Dinner	5:00 pm - 6:30 pm	5:00 pm - 6:45 pm	5:00 pm - 6:45 pm	5:00 pm - 6:45 pm	5:00 pm - 6:45 pm	5:00 pm - 6:45 pm	5:00 pm - 6:30 pm
Grill		Vegetable Burger , Hamburger, Grilled Chicken Breast, All Beef Hot Dog	Vegetable Burger , Hamburger, Grilled Chicken Breast, All Beef Hot Dog	Vegetable Burger , Hamburger, Grilled Chicken Breast, All Beef Hot Dog	Chef Carved Roast Pork, Roasted Potatoes, Steamed Peas	Vegetable Burger , Hamburger, Grilled Chicken Breast, All Beef Hot Dog	
Pizza Station	Cheese Pizza , Specialty Pizza	Herb Grilled Gnocchi , Roasted Vegetables	Tortellini Alfredo , Vegetable Medley	Baked Manicotti , Garlic Bread	Cheese Pizza , Specialty Pizza	Cheese Pizza , Specialty Pizza	Cheese Pizza , Specialty Pizza
Pasta	Sticky Rice , Brown Rice, Pasta with Marinara Sauce, Plain Pasta	Sticky Rice , Brown Rice, Pasta with Marinara Sauce, Plain Pasta	Sticky Rice , Brown Rice, Pasta with Marinara Sauce, Plain Pasta	Sticky Rice , Brown Rice, Pasta with Marinara Sauce, Plain Pasta	Sticky Rice , Brown Rice, Pasta with Marinara Sauce, Plain Pasta	Sticky Rice , Brown Rice, Pasta with Marinara Sauce, Plain Pasta	Sticky Rice , Brown Rice, Pasta with Marinara Sauce, Plain Pasta
Home Cooking	Tuscan Stuffed Chicken with Roasted Vegetables Sweet Potato Curry , Basmati Rice Bowl Haddock Italiano, Long Grain & Wild Rice , Roasted Eggplant Boat	Carribbean Chicken with Julienned Vegetables & Pineapple Relish Lemongrass Tofu , Rice, Edamame Bowl	Grilled Turkey Tips, Mashed Potatoes , Corn Tofu Cacciatore with Egg Noodles	Grilled Salmon Fillet, Couscous , Grilled Asparagus Channa Masala , Jasmine Rice	Chicken Piccata, Buttered Penne , & Peas Black Beans ,Vegetables and Rice	Coconut Tilapia , Lemongrass Rice, Edamame Boneless Buffalo Chicken Wings Sesame Pasta & Vegetables	Tofu Vegetable Stir Fry & Rice Bowl Chicken Shawarma, Vegetable Blend , Pita Bread Bulgogi , Sushi Rice , Edamame
Soup, Salad and Deli Bar	Kale Salad , Tossed Salad, Caesar Salad, Diced Chicken, Carrot Sticks , Hummus , Marinated Tofu , Roasted Chickpeas , Tuna Salad, Chicken Salad	Kale Salad , Tossed Salad, Caesar Salad, Diced Chicken, Carrot Sticks , Hummus , Marinated Tofu , Roasted Chickpeas , Tuna Salad, Chicken Salad	Kale Salad , Tossed Salad, Caesar Salad, Diced Chicken, Carrot Sticks , Hummus , Marinated Tofu , Roasted Chickpeas , Tuna Salad, Chicken Salad	Kale Salad , Tossed Salad, Caesar Salad, Diced Chicken, Carrot Sticks , Hummus , Marinated Tofu , Roasted Chickpeas , Tuna Salad, Chicken Salad	Kale Salad , Tossed Salad, Caesar Salad, Diced Chicken, Carrot Sticks , Hummus , Marinated Tofu , Roasted Chickpeas , Tuna Salad, Chicken Salad	Kale Salad , Tossed Salad, Caesar Salad, Diced Chicken, Carrot Sticks , Hummus , Marinated Tofu , Roasted Chickpeas , Tuna Salad, Chicken Salad	Kale Salad , Tossed Salad, Caesar Salad, Diced Chicken, Carrot Sticks , Hummus , Marinated Tofu , Roasted Chickpeas , Tuna Salad, Chicken Salad
Bakery							
Eating raw or undercooked foods such as fish, beef, pork, lamb, poultry, eggs and unpasteurized dairy products increases the risk of foodborne illness. masterCycle 3.01 FY2021	Allergen Statement: Please be aware that we produce products on shared equipment. Therefore, our products are not allergen-free. Common allergen ingredients that may be used in our	products include dairy, shellfish, peanuts, tree nuts, eggs, soy and gluten. Please inform Dining Services staff of any known allergy issues.	Offered Daily:	Offered Daily: Vegetarian Vegan	Meal Hours: Monday - Friday Breakfast - Cont: Lunch: Dinner:	Saturday: Cont: Brunch: Dinner:	Sunday Cont: Brunch: Dinner: