

Students and Families Resource List

The following list of resources introduces a variety of organizations that focus on supporting LGBTQ+ students and families. Click on the following links for information about:

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Local Organizations

1. [Utah Pride Center](#)

The mission of the Utah Pride Center is to unite, empower, and celebrate Utah's diverse LGBTQ+ community by providing a safe and welcoming space for education, partnerships, services and events.

2. [PFLAG-Salt Lake City](#)

This group supports parents, families and friends of lesbian, gay, bisexual and transgender persons, celebrates diversity, and envisions a society that embraces everyone.

3. [Equality Utah](#)

The mission of Equality Utah is to secure equal rights and protections for LGBTQ Utahns and their families.

4. [Human Rights Campaign \(HRC\), Utah Branch](#)

The Human Rights Campaign and the Human Rights Campaign Foundation serve as America's largest civil rights organization working to achieve LGBTQ equality. By inspiring and engaging individuals and communities, HRC strives to end discrimination against LGBTQ people and realize a world that achieves fundamental fairness and equality for all."

5. [Transgender Education Advocates \(TEA\) of Utah](#)

TEA of Utah works to ensure that all Utahns are afforded the same opportunity to live, work and thrive regardless of their gender identity or expression. TEA of Utah does this through education, advocacy, and economic empowerment and capacity building so that all Utahns can live safely, authentically, and free from discrimination regardless of their gender identity or expression."

6. [OUTreach Utah](#)

OUTreach Utah is a non-profit collection of youth services dedicated to transforming communities and saving lives through social support groups, community advocacy, and training designed to promote positive outcomes for underserved populations.

7. [Encircle: LGBT + Family & Youth Resource Center](#)

The goal of Encircle is to embrace and sustain every LGBTQ+ youth, every family, and every community.

Resources for Students

1. [Starting a GSA](#)

GLSEN has created this resource for new and already-established Gay-Straight Alliances (GSAs) or similar clubs. The resources take you through the process of establishing or re-establishing your group, identifying your mission and goals, and assessing your school's climate.

2. [Salt Lake City School District GSA How To](#)

This guide is designed to support students who are interested in setting up a GSA in the SCLSD.

3. [Salt Lake City School District What To Do In A GSA](#)

This resource guide provides information and ideas about activities GSAs can initiate to include all members of the school and student body.

4. [It Gets Better Project](#)

The It Gets Better Project was created to show young LGBT people the levels of happiness, potential, and positivity their lives will reach. The It Gets Better Project wants to remind teenagers in the LGBT community that they are not alone.

5. [Point Foundation: The National LGBTQ Scholarship Fund](#)

The Point Foundation empowers promising lesbian, gay bisexual, transgender, and queer students to achieve their full academic and leadership potential- despite the obstacles often put before them – to make a significant impact on society.

Local University LGBTQ+ Resources/Centers:

1. Utah State University: [LGBTQA Center](#)
2. University of Utah: [LGBT Resource Center](#)
3. Salt Lake Community College: [Rainbow Pride LGBTQIA+ Club](#)
4. Utah Valley University: [LGBT Student Services](#)
5. Dixie State University: [DSU LGBTQ+ Resource Center](#)
6. Southern Utah University: [Allies on Campus](#)
7. Weber State University: [LGBT Resource Center](#)

8. Westminster University: [Student Diversity and Inclusion Center](#)
9. Snow College: [LGTB Focus Group](#)
10. Utah State University Eastern: [Queer Resource Center](#)

National Organizations

1. [Gender Spectrum](#)

Gender Spectrum's mission is to create a gender-inclusive world for all children and youth. Gender Spectrum helps families, organizations, and institutions increase understandings of gender.

2. [GSA Network](#)

The GSA Network works with grassroots, youth-led groups and GSAs, empowering them to educate their schools and communities, advocate for just policies that protect LGBTQ youth from harassment and violence, and organize in coalition with other youth groups across identity lines to address broader issues of oppression."

3. [Safe Schools Coalition](#)

The Safe Schools Coalition, located in Washington State, is a public-private partnership working to help schools become safe places where every family can belong, where every educator can teach, and where every child can learn, regardless of gender, gender identity or sexual orientation."

4. [National Center for Transgender Equality](#)

NCTE was founded in 2003 by transgender activists who recognized the urgent need for policy change to advance transgender equality. With a committed board of directors, a volunteer staff of one, and donated office space, we set out to accomplish what no one had yet done: provide a powerful transgender advocacy presence in Washington, DC.

5. [Gay, Lesbian, and Straight Education Network \(GLSEN\)](#)

GLSEN strives to ensure that each member of every school community is valued and respected regardless of sexual orientation or gender identity/expression. They believe that such an atmosphere engenders a positive sense of self, which is the basis of educational achievement and personal growth. Since homophobia and heterosexism undermine a healthy school climate, they work to educate teachers, students and the public at large about the damaging effects these forces have on youth and adults.

Resources to Support Mental Health

1. [Suicide.org](https://www.suicide.org)

A non-profit suicide prevention informational and educational resource whose website offers support and links to articles pertaining to LGBT youth suicide. The site's homepage also has links to multiple suicide prevention hotlines (with both talk and text options) and resources for suicide survivors and the family and friends of suicidal individuals.

2. [The Trevor Project](https://www.thetrevorproject.org)

A national suicide and crisis prevention resource for LGBT youth, including a 24-hour hotline (866-4-U-TREVOR/866-488-7386), as well as a Q&A forum, a live chat, blog, and many other resources for youth, educators, and parents.

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