

To Enrollees in a Self-Funded Nonfederal Governmental Group Health Plan

Group health plans sponsored by State and local governmental employers must generally comply with Federal law requirements in title XXVII of the Public Health Service Act. However, these employers are permitted to elect to exempt a plan from these requirements for any part of the plan that is “self-funded” by the employer, rather than provided through a health insurance policy. The Salt Lake City School District, as a self-funded plan, has elected to exempt all District medical plans from the following requirement:

1. Protections against having benefits for mental health and substance use disorders be subject to more restrictions than apply to medical and surgical benefits covered by the plan.

The exemption from this Federal requirement will be in effect for the 2017-2018 plan year, beginning September 1, 2017 and ending August 31, 2018. The election may be renewed for subsequent plan years.