

Summary of Services



Managed Care

Blomquist Hale is your starting point into the mental health benefit and functions as the triage and assessment service of the network. Blomquist Hale EAP offers intensive services that result in issues being handled through the EAP. Utilizing the services through the EAP can save both time and money. In addition, there is no copay or deductible when services are handled in the EAP. When services are needed that require long term or specialized care beyond the scope of the EAP, our clinicians help ensure that you get referred in the right direction for your treatment needs and submit the needed authorization for insurance reimbursement.



Face-To-Face Therapy

Blomquist Hale makes seeking help simple and accessible, in a welcoming environment, which helps to increase the likelihood employees will turn to us in their times of need. Employees and their dependents have instant access to licensed counselors with no copays, special paperwork, or deductibles.

We are here to help with any distressing life issues, otherwise not covered by the insurance plan. We recognize that life problems are simply that. Seldom do they meet criteria to be classified as a mental illness requiring a diagnosis. As part of your employee benefits, we can help with:

- Marital & family counseling
- Stress, anxiety or depression
- Personal & emotional challenges
- Grief or loss
- Financial or legal problems
- Substance abuse or other addictions
- Senior care planning

Together, the counselor and the client determine a treatment plan and work together to solve the problem. Our therapists continually receive excellent ratings, with clients often referring coworkers to our services in times of need. If a specialist is needed, the participant is referred to a provider covered under the medical insurance.



Dedicated Organizational Support

Our Business Consultants are licensed clinicians, experienced in company management & leadership, and will work with you to feel confident and comfortable with the services Blomquist Hale offers.

Your Business Consultants are your personal contact for all EAP operational needs.



Rapid Crisis Intervention

Unfortunately, for every organization, unexpected traumatic events may periodically occur. We are ready to assist you in those critical moments, as a partner and expert, to help you navigate the effects of these challenging situations. We are available around the clock by phone for emergencies, and guarantee swift and appropriate critical incident response.



Resources for Leaders

Management plays a crucial role in building an effective work environment. We offer tools, training and resources to support your managers, supervisors, and HR teams.

Training & Development

Training sessions & guidebooks are available to help management on a variety of topics. We also have the expertise to help maintain harmony in a diverse and multi-generational, modern workforce.

Consultation

Supervisors often need support and coaching to help them continue to grow & maintain efficacy as leaders. We are available to provide this confidential and essential resource.



Risk Reduction & Assistance with Troubled Employees

Employees often come to supervisors with life issues that can reduce morale and productivity, distract from core work duties, and increase liability. If there is a job performance, substance abuse or other issue, the supervisor can coordinate with Blomquist Hale to get the struggling employee back on track.



Drug-Free Workplace Services

Blomquist Hale can help you create policy and procedure for a safer and healthier work environment. One of the keys to having an effective drug-free workplace policy is to have a uniform violation process in place for direction when violations do occur.

Blomquist Hale can also provide substance abuse professional (SAP) services, and train your leadership to be aware and recognize when an employee may be putting themselves and others at risk through substance abuse.



Behavioral Wellness

For wellness programs to have maximum efficacy, help must be available to those who need it. Blomquist Hale counselors are change experts who can help individual employees from overcoming the emotional and psychological barriers to making significant health improvements. As a result, we help entire organizations achieve their overall wellness objectives.



Change Courses & Trainings

Blomquist Hale offers a host of educational seminars to assist you and your employees. These are designed to offer specific, helpful suggestions on a variety of topics including leadership development, relationship skills, financial planning, wellness, work-life issues, work-related skills, and more.

Change Courses & Trainings

for the workplace and personal interest

For the Workplace

Managing Across The Generations

Today's managers supervise a variety of generational groups. This seminar gives history of generational work ethic, attitudes about authority, and motivational tips.

Emotional Intelligence I & II

Grow your team by learning to better perceive emotions and to regulate them. Part I discusses self-awareness, self-regulation, and empathy skills. Part II focuses on social relationships, managing interactions, and how awareness skills and relationship management enhance leadership effectiveness.

Getting Along With Everybody At Work

One of the biggest workplace stressors is getting along with those we have the most contact with—coworkers and customers. Difficulties may lead to emotional distress in other areas of our lives. Learn to get along, to avoid “taking it home.”

For Personal Interest

Balancing The Stress of Life For A Healthier Lifestyle

Gain control of the “drains” depleting our bodies of energy, regain energy, and better balance life stresses.

Relationship Workshop

Experts estimate 55-65% of marriages end in divorce. From newlyweds to the most battle-hardened veterans, this seminar engages anyone interested in staying “very married” by exploring gender differences, conflict, and communication.

More Money Than Common Sense?

It can take a good deal more than common sense to manage money well. This seminar highlights basic planning strategies, management of existing income, saving, and credit.

Power Of A Positive Attitude

To achieve happiness, better health, stronger relationships, and continued success; you may only need to look in the mirror. Learn to be positive, recognize simple pleasures, and find joy in life.