



Football Workouts Began Nov. 10th BUT YOU CAN STILL JOIN!

Have you ever thought about playing FOOTBALL? Come Join the FAMILY

Location: Aloha Football Stadium

Days: Tuesday & Thursdays evenings

Time: 5:15-6:45pm



All athletes **must have** the following:

- *** Physical Form,
- *** Athletic Participation Form,
- *** COVID-19 form



Where to locate these forms?

Access this Link:

[Aloha HS -> Athletics -> Register for Athletics](#)

Potential players questionnaire.

Click here for the Player Link:

[Fill Out this Google Form Please](#)

FOOTBALL IS FUN



ALL ARE WELCOME! You might actually ENJOY IT!

EMAIL



Do you wish to email Coach Volk?

[Send Coach Volk an EMAIL HERE](#)