

If you suspect that a person is being abused:

- Take the time to listen and believe
- Don't judge or criticize their choices
- Give emotional support
- Express concern for their safety
- Let them know about agencies that can help
- If danger is imminent, call 9-1-1



Volunteer

- Clerical / Office Support
- Event Planning
- Tutoring
- Group Facilitation
- Community Outreach Education
- Children's Activities
- Peer Support Services & Advocacy

Make a Donation

Gently used items can be dropped off at the Community Center
 Cash donations can be made payable to: Friendship of Women

Be a supportive friend

Attend an event

Organize a donation drive

Tell a friend about us

**Call Our 24-Hour Crisis Hotline
(956) 544•7412**

If you or someone you know is in an abusive relationship or have experienced sexual violence, please call us. Advocates are available 24 hours a day, 7 days a week to provide immediate, confidential crisis intervention.

Friendship of Women, Inc.
 Community Outreach Center

95 East Price Road, Suite C
 Brownsville, Texas 78520

Available on a walk-in basis:
 Hours

Monday — Thursday:

8:30 am - 12:00 pm, 1:00 pm - 5:00 pm

Friday:

8:30 am - 2:30 pm

Friendship of Women, Inc. Thrift Store and
 Satellite Office

315 Old Port Isabel Road
 Brownsville, Texas 78521
 Open for appointments only



United Way
 of Southern Cameron County



Friendship Of Women, Inc.
 A Center for the Prevention of
 Family Violence & Sexual Assault

**Empowering Survivors,
 Strengthening Communities.**

24-Hour Crisis Hotline

956-544-7412

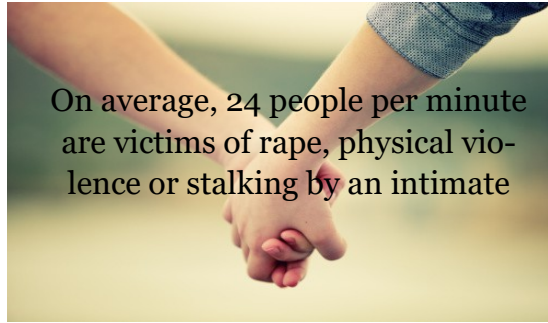
Free and Confidential Services

www.fowinc.com

The mission of Friendship of Women, Inc. is to provide leadership and comprehensive services to empower and promote safety, health, and the overall well-being of adults and children impacted by family and sexual violence. We seek social change through advocacy, education, prevention, and provide a safe home for victims and their families.

Friendship of Women was founded in 1977 and provides temporary emergency shelter and comprehensive supportive services to survivors of domestic violence and sexual assault in Southern Cameron County. Friendship of Women, Inc. is a 501 3, non-profit organization supported with private and public funds.

Friendship of Women, Inc. believes that all persons have the right to self-determination respect and dignity regardless of their race, color, sex, and national origin, age, disabilities, religion or sexual orientation. We believe in the right of all persons to live without fear, abuse and oppression and strive in our daily work to eliminate domination of all



On average, 24 people per minute are victims of rape, physical violence or stalking by an intimate

Types of Abuse

Physical

- strangulation
- Holding down the victim against their will
- Throwing/breaking items
- Pushing/shoving
- Biting
- Slapping
- Kicking/punching
- Using a weapon
- Murder

Emotional

- Isolation
- Ignoring
- Controlling finances or employment
- Lack of trust
- Following or stalking
- Criticizing
- Threats of suicide
- Threats to take away children
- Threats of physical violence
- Threats of murder
- Minimizes or denies behavior
- Explosive or critical reactions

Family Violence Program

- Crisis Intervention
- 24-hour Crisis Hotline: 956-544-7412
- Emergency Shelter
- Food & Clothing
- Information and Referrals
- Emergency Transportation

Sexual

- Rape
- Forcing Sexual acts
- Use of weapons during sex
- Inflicts pain during sex
- Forced sex involving multiple partners

Verbal

- Name-calling
- Put downs
- Yelling
- Use of Profanity
- Unfounded accusations
- Cruel and hurtful remarks
- Degrading the victim in public
- Diminishing accomplishments
- Going into rages

Services

- Child Advocacy Services
- Counseling
- Peer Support Groups
- Court, law enforcement and hospital accompaniment
- Referral to supportive services

Services

Sexual Assault Program

Provided to child and youth survivors of sexual violence and adult survivors of stranger and non-stranger sexual assault. Available 24 hours/day, 7 days/week.

- 24-Hour Crisis Hotline: 956-544-7412
- Crisis Intervention and Advocacy
- Hospital Accompaniment, including Medical Forensic Exams
- Law Enforcement, Court, and Legal Accompaniments
- Temporary Emergency Shelter
- Information and Referrals
- Public Education
- Safety Planning

Community Education

- Presentations on domestic violence, sexual assault issues and related topics
- Professional trainings and workshops
- Primary Prevention workshops for adults and children
- Media Outreach

Legal Advocacy

- Information regarding family violence and sexual assault laws
- Legal options and referrals
- Court and law enforcement accompaniment
- Assistance to immigrant battered victims

Supportive Housing

- Short-term rental assistance for homeless individuals and families
- Case Management
- Information & Referrals

Fellowship Ending Violence Batterer's Intervention & Prevention Program (FEV/BIPP)

This is a 24 week psycho-educational curriculum designed for intimate partners who batter. Sessions are offered in English and Spanish. Locations are available in Brownsville and Harlingen. There is a fee for this program.



On average, Friendship of Women provides a safe haven to 450 women and children each year.

Over 10,000 Calls

Friendship of Women, Inc. receives over 10,000 calls from or about victims of domestic violence or sexual assault.

\$8.3 Billion

The cost of intimate partner violence exceeds \$8.3 billion per year.

1 in 4 dating teens

is abused or harassed online or through texts by their partner.

Si sospecha que una persona esta siendo abusada:

- ◆ Tómese el tiempo para escuchar y creer
- ◆ No juzgue ni critique sus decisiones
- ◆ Ofrecer apoyo emocional
- ◆ Expresar preocupación por su seguridad
- ◆ Comparte información sobre agencias que pueden ayudar

Únete al equipo de
Voluntarios

fowinc.com/get-involved

DONA HOY 

SER UN AMIGA/O SOLIDARIA/O

ASISTIR A UN EVENTO

ORGANIZAR UNA CAMPAÑA DE DONACIÓN

CUENTALE A UN AMIGA/O SOBRE NUESTRA ORGANIZACIÓN

CREAR CONCIENCIA POR MEDIO DE COMPARTIR ESTADÍSTICAS, CAMPAÑAS E INICIATIVAS

COMO AYUDAR

COMO UNIRSE A LA CAUSA

LLAME A NUESTRA LINEA DIRECTA DE CRISIS DE 24 HORAS

956. 544.7412

Si usted o alguien que conoce está en una relación abusiva o ha pasado violencia sexual, llámenos. Las defensoras están disponibles las 24 horas del día, los 7 días de la semana para ofrecer servicios de intervención de crisis inmediata y confidencial.

Friendship of Women, inc.

Centro de alcance comunitario

95 East Price Road, Suite C

Brownsville, Texas 78520
(aceptamos donaciones aquí)

Horas:

Lunes - Jueves:

8:30am -12:00 pm, 1:00 -5:00 pm

Friday:

8:30am - 2:30pm



@friendshipofwomen
fowinc.com



FRIENDSHIP OF WOMEN, INC.

Un centro para la prevención de violencia familiar y abuso sexual



Empoderando sobrevivientes,
Fortaleciendo comunidades

**SERVICIOS GRATIS Y
CONFIDENCIAS**

LINEA DIRECTA

24 HORAS

956.544.7412



La misión de Friendship of Women es de proveer liderazgo y apoyo en asuntos de violencia en familia y abuso sexual y un lugar seguro para víctimas y sus familias.

La organización fue establecida en 1977. Nuestro centro proporciona refugio y otros servicios sostenedores a víctimas de la violencia doméstica y el asalto sexual en el Condado Sureño de Cameron. Friendship of Women, es una organización no lucrativa (501 C3) sostenida con fondos privados y públicos.

Friendship of Women cree que todas personas tienen el derecho a autodeterminación, respeto y dignidad a pesar de todo, raza, color, origen nacional, edad, incapacidades, religión y orientación sexual.

Friendship of Women también cree que todas personas tienen el derecho a vivir sin temor, sin abuso y sin opresión. El esfuerzo de nuestro trabajo diario es eliminar la dominación de todas formas.



Ofrecemos albergue a aprox. 450 mujeres y niños cada año

MISIÓN DE FRIENDSHIP OF WOMEN, INC.



TIPOS DE ABUSO

Físico

estrangulación | deteniendo a la víctima contra su voluntad | rompiendo artículos empujadas | mordidas | patadas/golpes uso de arma | asesinato

Emocional

Aislamiento | insultando | humillación juegos mentales | minimiza o niega reacciones explosivas o críticas | controlar finanzas | falta de confianza | acoso amenazas de suicidio | amenazas de violencia física | amenazas de asesinato

Sexual

violación | forzar actos sexuales | sexo sin consentimiento | uso de armas durante el sexo | causar dolor durante sexo | sexo forzado que involucre a múltiples parejas

Verbal

gritos | lenguaje obsceno o vulgar comentarios crueles e hirientes degradando a la víctima en público disminuyendo logros entrando en rabia hechar la culpa

Programa de violencia familiar

- ♦ La intervención de crisis
- ♦ Albergue inmediato | Alimento/ropa
- ♦ Información y referencias
- ♦ Transporte de emergencia
- ♦ Servicios de apoyo para niños
- ♦ Consejería | Grupo de apoyo a la mujer
- ♦ Acompañamiento al hospital

Programa para víctimas del abuso sexual

- ♦ Línea de crisis 24 horas **956.544.7412**
- ♦ Acompañamiento al hospital y exámenes forense
- ♦ Acompañamientos legales
- ♦ Refugio temporal de emergencia
- ♦ Información y referencias
- ♦ Educación pública
- ♦ Planificación de seguridad

La educación de la comunidad

- ♦ Presentaciones en el tema de violencia doméstica, asalto sexual y otros temas
- ♦ Entrenamiento y talleres
- ♦ Presentaciones y conferencias

Consejería legal

- ♦ Información sobre las leyes de la violencia familiar
- ♦ Opciones legales y referencias
- ♦ Compañería a la Corte y con la Policía
- ♦ Asistencia a mujeres inmigrantes víctimas de la violencia

Vivienda de apoyo

- ♦ Asistencia de alquiler a corto plazo para personas y familias sin hogar
- ♦ Manejo de casos
- ♦ Información y referencias

Programa de intervención y prevención para agresores (BIPP)

- ♦ Un plan educativo y psicológico de 24 semanas para el individuo que hace uso de violencia. Las sesiones se imparten en inglés/español. Hay un costo.