

Return to School Guidance After COVID-19 Illness or Exposure

Isolation of Cases

Symptomatic persons with confirmed COVID-19 or suspected COVID-19 can return to school or childcare after:

- At least 10 days have passed since symptoms first appeared **AND**
- At least 24 hours have passed since last fever without the use of fever-reducing medications **AND**
- Symptoms (e.g., cough, shortness of breath) have improved

Asymptomatic persons with confirmed COVID-19 can return to school or childcare after:

- At least 10 days have passed since the positive laboratory test and the person remains asymptomatic
- Note, asymptomatic persons who test positive and later develop symptoms should follow the guidance for symptomatic persons above.

Quarantine of Contacts

A 14-day quarantine period is still recommended; however, individuals may opt for a shorter quarantine period by following the below criteria.

Asymptomatic persons who have a known exposure to a person with COVID-19 can return to school or childcare:

After 7 full days have passed, if:

- **Tested** for COVID-19 (must be a PCR/molecular) **AND**
- Receive a negative result **AND**
- Do not experience any COVID-19 symptoms during the quarantine period

*****The test must be a PCR test performed after the 5th day of quarantine and the school nurse will need a copy of the test results before being allowed back at school.***

After 10 full days have passed, if:

- Not tested for COVID-19 **AND**
- Do not experience any COVID symptoms during the quarantine period

After stopping quarantine after day 7 or 10, individuals who do not have symptoms should:

- **Closely monitor themselves for COVID-19 symptoms for an entire 14 days**
- **For at least the entire 14 days they should strictly adhere to mitigation measures; including appropriate mask usage, staying at least 6 feet from others except for brief transitional movements (e.g. changing classes), washing their hands, avoiding crowds, and taking other steps to prevent the spread of COVID-19**