

Psalm 16

תהילים פרק 16

1 A *michtam* of David.

Protect me, God—
I have taken refuge in You.

2 I thought to myself: I said to Adonai: “You
are my Superior—
There is no good for me but in You.”

3 Here’s to the holy beings who are on the earth,
And the noble souls, in whom is all my delight.

4 Let the sorrows from others’ idols multiply—
They have betrothed themselves to the alien!
I shall not offer their libations—they are poured
from blood!

Nor will I take up their names on my lips.

5 Adonai is my portion, my libation;
You uphold my destiny.

6 The boundaries of my life have been marked in
pleasant ways;
Indeed, this heritage has become more and more
beautiful for me.

7 I will bless Adonai, who has advised me;
Indeed, come night and my innards instruct me.

8 I have set Adonai before me always,
At my right hand; I shall not be shaken.

9 Therefore my heart rejoices, my self-respect
exults!

Mybody dwells secure.

10 For You will not abandon my being to Sheol,
You will not let the members of Your covenant
behold the Pit.

11 You let me know the path of life,
Fulsome joys are with Your presence.
In Your right hand are pleasant things
Forever.

1 מִכְתָּם לְדָוִד

שְׁמַרְנִי אֱלֹ
כִּי־חָסִיתִי בְךָ:

2 אָמַרְתָּ לִּי אֲדֹנָי אַתָּה
טוֹבְתִי בְלִעְלִיךָ:

3 לְקַדוּשִׁים אֲשֶׁר־בָּאָרֶץ הַמָּה
וְאֲדִירֵי כָל־חַפְצֵי־בָם:

4 יָרְבוּ עַצְבוֹתֵם אַחַר מְהָרוּ
בְלִאֲסִיף נִסְבִּיהֶם מִדָּם

וְבִל־אֲשֵׁא אֶת־שְׁמוֹתֵם עַל־שִׁפְתָי:
5 יְיָ מִנְתַּחֲלָקִי וְכוֹסִי

אַתָּה תוֹמִיךָ גּוֹרְלִי:

6 חֲבָלִים נִפְלוּ־לִי בִּנְעֻמִים
אֶרְנַחֲלֵת שִׁפְרָה עָלַי:

7 אֲבָרַךְ אֶת־יְיָ אֲשֶׁר יַעֲצֵנִי
אֶרְלִילוֹת יִסְרוּנִי כְלִיֹּתַי:

8 שׁוֹיֵתִי יְיָ לְנִגְדֵי תַמִּיד
כִּי מִיַּמִּנִי בְלִאֲמוֹט:

9 לָכֵן | שִׂמַח לְבִי וַיִּגַל כְּבוֹדִי
אֶרְבְּשׁוּי יִשְׁכֵּן לְבִטַח:

10 כִּי | לֹא־תַעֲזֹב נַפְשִׁי לְשָׂאוֹל
לֹא־תִתֵּן חֲסִידֶיךָ לְרְאוֹת שְׁחַת:

11 תוֹדִיעֵנִי אֶרְחַח חַיִּים
שִׁבְעַת שְׂמָחוֹת אֶת־פְּנֶיךָ

נְעֻמוֹת בַּיַּמִּינְךָ נֶצַח:

Psalm 23

תהילים פרק 23

1 A psalm of David.

1 מְזִמּוֹר לְדָוִד

Adonai, my shepherd:

יְיָ רֹעִי לֹא אֶחְסָר:

I lack for nothing—

2 בְּנֵאֹת דֶּשֶׁא יִרְבִּיצֵנִי

2 In meadows thick with grass You lay me down,
Across streams serene You guide me.

עַל־מֵי מְנַחֹת יְנַהֲלֵנִי:

3 My life You restore,

3 נַפְשִׁי יִשׁוּבֵב

Leading me serenely in well-worn paths of justice
To glorify Your name.

יְנַחֲנֵי בְּמַעְגְלֵי־צֶדֶק לְמַעַן שְׁמוֹ:

4 Even when I walk in a valley dark as death's
shadow

4 גַּם כִּי־אֵלֶךְ בְּגִיא צַלְמוֹת

I shall fear no ferocity,

לֹא־אִירָא רָע כִּי־אֲתָה עִמָּדִי

For You are with me,

שְׁבִטָּתְךָ וּמִשְׁעַנְתְּךָ הֵמָּה יְנַחֲמֵנִי:

Your staff and Your walking stick—they
reassure me.

5 תַּעֲרֹךְ לְפָנַי | שְׁלֹחַן נֶגְדַּי צִרְרֵי

5 You set a table before me along with my
enemies,

דִּשְׁנַת בִּשְׁמֵן רֹאשִׁי כּוֹסֵי רוּיָה:

You rain rich oils 'round my head;

6 אֵד | טוֹב וְחֶסֶד יִרְדְּפוּנִי כָּל־יְמֵי חַיֵּי

My cup? Overflowing!

וּשְׁבַתִּי בְּבֵית־יְיָ לְאַרְךָ יָמִים:

6 For certain, goodness and the love of Your
covenant

Will run after me all the days of my life,

And I shall abide in God's house

For long days,

Long, long days.

Psalm 121

1 A Song of Ascendings:

I will raise my eyes to the mountains:

From where will come my help?

2 My help is from the realm of Adonai,

Maker of heaven and earth.

3 God will not allow your foot to slip:

Your Sentinel will not doze;

4 Behold, the Sentinel of Israel

Does not doze and does not sleep.

5 Adonai is your Sentinel,

Adonai is Your shade over Your right hand.

6 By day the sun shall not smite you,

Nor the moon at night.

7 Adonai will stand sentry, guarding you from
all harm—

Guarding your very life.

8 Adonai will stand sentry over your going out
and your coming in

From now until eternity.

תהילים פרק 121

1 שִׁיר לַמַּעֲלוֹת

אֲשָׂא עֵינַי אֶל־הַהָרִים

מֵאֵין יָבֹא עֲזָרִי:

2 עֲזָרִי מֵעַם יי

לַעֲשֵׂה שָׁמַיִם וָאָרֶץ:

3 אֶל־יִתְּן לַמּוֹט רַגְלֶךָ

אֶל־יִנּוֹם שְׁמֹרֶךָ:

4 הַבִּיחַ לֹא־יִנּוֹם וְלֹא יִשָּׁן

שׁוֹמֵר יִשְׂרָאֵל:

5 יי שְׁמֹרֶךָ

יי צִלְךָ עַל־יָד יְמִינֶךָ:

6 יוֹמָם הַשֶּׁשֶׁשׁ לֹא־יַכְּכָה

וַיְרַח בְּלִילָה:

7 יי יִשְׁמְרֶךָ מִכָּל־רָע

יִשְׁמֹר אֶת־נַפְשֶׁךָ:

8 יי יִשְׁמֹר־צֵאתְךָ וּבואֶךָ

מֵעַתָּה וְעַד־עוֹלָם: