

CATHOLIC HIGH SCHOOL THE CRUSADER

SUMMER 2020

NEWSLETTER TO ALUMNI, PARENTS AND FRIENDS



*"Start by doing what is necessary, then what is possible,
and then suddenly you are doing the impossible."*

— SAINT FRANCIS OF ASSISI



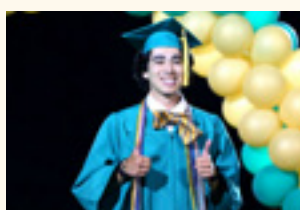
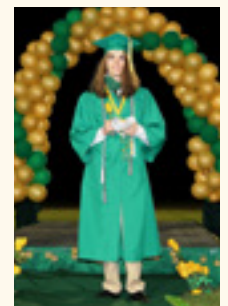
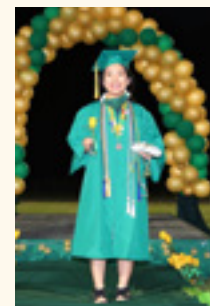
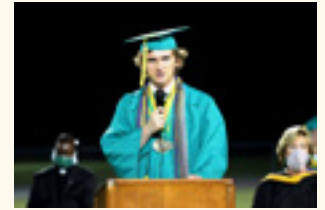
CHS

CATHOLIC HIGH SCHOOL

Fostering Values • Nurturing Intellect • Shaping Character

TABLE OF CONTENTS

LETTER FROM THE PRINCIPAL	1
CELEBRATING THE CLASS OF 2020	2
BACCALAUREATE AND GRADUATION	3
CLASS OF 2019 STATISTICS	5
DIGITAL LEARNING	6-7
2019-2020 ACADEMIC AWARDS	8-9
2020 GRAND AUCTION	10
DONOR APPRECIATION LISTS	15-16
CAMPUS MINISTRY	18-21
YEAR IN PHOTOS	24-25
SPORTS REPORT	26-31
CRUSADER NEWS	32-42
Athletic and Academic Signings	32-33
Student Achievements	34-35
Faculty Achievements	36-37
Barry Robinson Theater and Fine Arts Center	38-39
Mass and a Meal	40
Coffee with the CRU	41
ALUMNI NEWS	43-49
Keeping in Touch	43-46
Milestones	48
Reunions	49
In Memoriam	50-51



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CATHOLIC HIGH SCHOOL

Letter from the PRINCIPAL

Dear Friends,

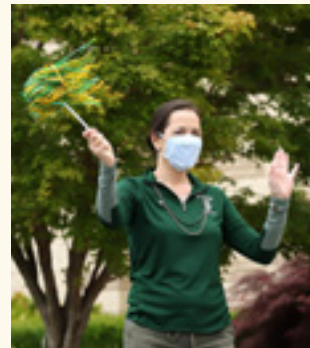
I pray this letter finds you well, staying safe and healthy. Living through a global pandemic has shaped our lives in a multitude of ways. For the Catholic High School community, we continue to build upon our mission, faith, and relationships.

When the school was closed due to Executive Order in March, our incredible staff jumped into action, modifying and expanding our Digital Learning Days (DLD). Over the course of a few days, faculty made the necessary transition to teaching remotely. Amidst the atmosphere of uncertainty, faculty provided a beacon of light to our students and families, continuing the learning, professional relationships, and routine that provided comfort and stability to students. Students connected with their teachers, classmates, and Campus Ministry through their Chromebooks, continuing to foster their faith, learning, and relationships. This issue of the magazine highlights some of those experiences, offering a window to glimpse the ways Catholic High School continues to transform students' lives during challenging times.

As we look to the reopening of school in August, our recent experiences shape our plans for the future. We look forward to facing whatever challenges may be presented, together, united in faith, spirit, and mission. Our partnership with our families has never been more important or more essential as we collaborate to maintain a vibrant, healthy student body. Together, we are fulfilling our mission while protecting the safety and well being of our students, faculty, and staff.

Peggy Boon

Mrs. Peggy Boon



Celebrating the CLASS OF 2020

"Start by doing what is
necessary, then what is possible,
and then suddenly you are
doing the impossible."

— Saint Francis of Assisi

Our student leaders selected this quote at our annual Leadership Retreat at the beginning of this school year to be their theme for the year. At that time they could never have known how important and true these words would be for them. When our seniors finally graduated this year, it certainly seemed they had conquered the impossible.

Catholic High School's graduating Class of 2020 was offered over \$9.75 million in scholarships and grants. As they take the first steps into their futures, we could not be prouder of these remarkable young men and women for what they have, and will continue to achieve. While much of their Senior year was not celebrated in a traditional sense, the faculty, staff and families of Catholic High made every effort to make sure they felt the love and pride for these amazing young men and women who have remained fearless leaders of our student body throughout this unprecedented time.

- ➡ Door Decoration contest celebrating each Senior at home
- ➡ Individual posts celebrating each senior on the school's social media accounts
- ➡ Surprise yard signs - our faculty and staff members delivered surprise yard signs to their front yards
- ➡ Drive-thru graduation regalia pickup- Senior moderators, staff, and Father Anthony greeted seniors with great joy and celebration to pick up beautiful gift boxes provided to each senior included a graduation cap and gown, honor cords, medals of honor, as well as a blessed St. Michael medal and prayer from Campus Ministry.



GRADUATION AND BACCALAUREATE

On May 31 at 6:00 PM, Father Anthony Mpungu, School Chaplain and Pastor of The Catholic Church of St. Mark, presided at Baccalaureate Mass celebrated in the Fraim Family Chapel at Catholic High School. It was streamed live via the school's official Facebook page. A virtual

graduation was held on June 1 shared via the school's Youtube channel. Graduates, friends, and families safely participated in this commencement exercise from the comfort of their homes.



The commencement speaker was **Larry J. Sabato, '70**, Director of the UVA Center for Politics. Dr. Sabato is a New York Times best-selling author, has won four Emmys, and is recognized as one of the nation's most respected political analysts. He appears multiple times a week on national and international television. A Rhodes Scholar, Dr. Sabato is the founder and director of the University of Virginia's Center for Politics, and has had visiting appointments at Oxford and Cambridge universities in England. Dr. Sabato is the author or editor of two dozen books on American politics. He has taught over 20,000 students in his 40-year career, and the University of Virginia has given him its highest honor, The Thomas Jefferson Award. Dr. Sabato has also received four Emmys for PBS television documentaries.

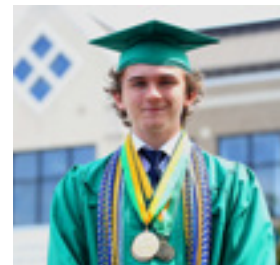
See more on page 43.

Friday, June 26, we finally got the chance to celebrate in person with graduates at a "Commencement Under the Lights" on Finch Field. Donned in their caps and gowns, our grads and their families arrived in their vehicles and were recognized by faculty and staff for all of their incredible achievements over the last four years.



Matthew Mytych, Valedictorian

As Sullivan Scholar from Christ the King Catholic School, Matt has been a member of every School Honor Society, was a 2020 National Merit Commended Scholar and an AP scholar with

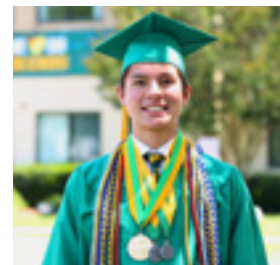


Distinction. His activities are nearly too many to mention, including Forensics, Student Ambassador and Track and Field. He notably captained our champion Blue Crab Bowl team to a well deserved victory and led the team to nationals. Matt has also won many awards for his countless hours of community service.

In his commencement speech, Matt remarked, "Graduation is a time of unity in which we reflect on where we have been and where we are going. It is a time that we, as graduates, get together for one last moment before charting a new course. This year's graduating class is full of unique and exceptional students, so I have no doubt we will excel wherever we go from here." In the fall, he will attend Clemson University in the Clemson University Honors College. Congratulations, Matt. We are so proud of you and we wish you much joy and success in your future academic career!

Hunter Quigley, Salutatorian

As President of the Executive Student Council and the National Honor Society, leading is something Hunter was born to do. He excelled in the classroom, and was a member of the National



Math, Science, Social Studies, Spanish and English Honor Societies. Hunter was a key member of the track and cross country teams, being named captain and MVP of the latter. In addition, he earned All-Tidewater Conference, All-State Catholic, and All-State Private (VISAA) honors in cross country. Hunter also spent his years at CHS as a peer ministry leader, student ambassador, and retreat leader. He was involved in many other school clubs and organizations and spent just as much time volunteering in the community.

In his commencement speech, Hunter remarked, "If there is anything that these past four years of change have taught us, it's that the tough times made us strong and more resilient, and especially strengthened our bonds together." In the fall, he will study Health Studies with a Navy ROTC scholarship at Duke University. Congratulations, Hunter. We are so proud of you and we wish you much joy and success in your future academic career!

Regalia Pickup Day

On May 14, senior moderators, staff, and Father Anthony greeted the seniors with great joy and celebration during the drive-thru graduation regalia pickup. The beautiful gift boxes provided to each senior included a graduation cap and gown, honor cords, medals of honor, as well as a blessed St. Michael medal and prayer from Campus Ministry.



Yard Sign Delivery

As we approached the end of the school year and the graduation of the Class of 2020, we ramped up our celebration of these amazing young men and women who have remained fearless leaders of our student body throughout this unprecedented time. On May 8, faculty and staff members delivered surprise yard signs to their front yards with the hopes of bringing a smile to their faces as they began their last few weeks of classes.

Door Decorating Contest

A few of our seniors participated in a door decorating contest, showcasing memorabilia from their time at CHS.



CLASSY NUMBERS

Interesting Facts and Statistics about the Class of 2020

96



Graduates
in the Class



58

Boys



38

Girls

88

seniors will attend 4-year colleges

7

seniors will attend Community Colleges

1

plans to attend a US Navy Prep School

364

Total College
Acceptances



Seniors were accepted by **157 COLLEGES AND UNIVERSITIES**
in **31 STATES** (including the District of Columbia)
and **3 COUNTRIES** (U.S.A., Scotland and Wales)

57 SENIORS were offered
129 SCHOLARSHIPS AND GRANTS
totaling more than **\$9.7 MILLION**

4

ROTC SCHOLARSHIPS

(1-Army; 2-Navy; 1-Air Force)

5

APPOINTMENTS TO SERVICE ACADEMIES

(2-US Naval Academy; 2-US Military Academy;
1-US Coast Guard)



3.57

CLASS MEDIAN GPA

1

NATIONAL MERIT
SCHOLARSHIP
COMMENDED STUDENTS

Completed

12,615



Hours of Service at CHS

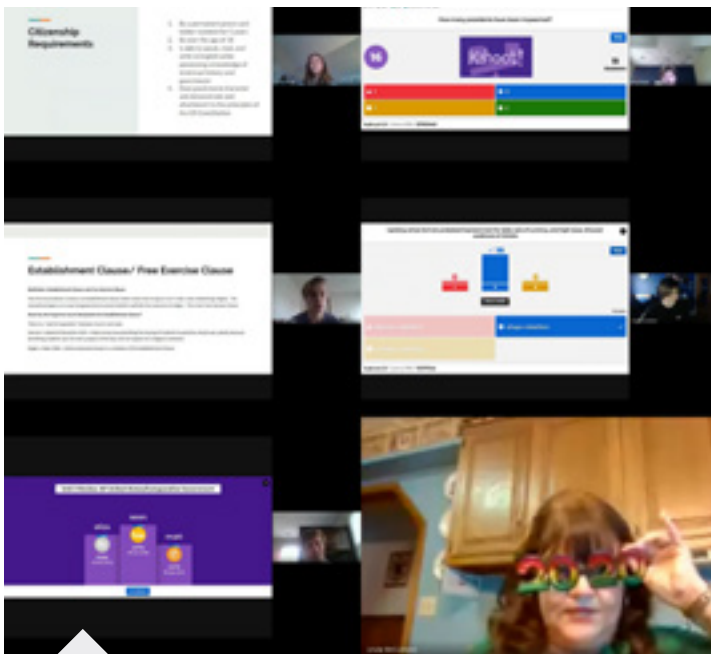
72 GRADUATES took at least
one AP level course



DIGITAL LEARNING

During Digital Learning Days, students used their school-issued Chromebook to access Google Meet, an online conferencing tool, and Google Classroom to attend class and keep up with assignments posted by their teachers. All virtual meetings, coursework, and assignments were intentionally designed to keep student learning on track with the course curriculum. Students were held accountable for logging into online class meetings on time and for the duration of the class, completing all assignments, and turning them in on time, as determined by the subject teacher.





To prepare for the **AP U.S. Government** exam each year, Mrs. McCubbins' students participate in team review competitions. Each team must review one of the five units in the AP Government curriculum with the rest of the class. They must also create review games for their units. At the end of the review period, students with the highest scores win prizes. This year's virtual competition was just as fun and instructive as past in-class contests. Students had a great time competing for 2020 graduation eyeglasses—a must have accessory for the well-dressed graduate.



Nothing can keep the Cru competitors from finding a way to play in our **annual Chess Tournament**. Our 2 finalists, Matt M. and Ricardo G., met virtually to decide the championship game. Ricardo was this year's tournament winner.



As a fun **Spanish IV final project**, Señora Glenn's students had to recreate famous pieces of art by Hispanic artists by using only household items. By incorporating history and culture into their learning, they deepen their understanding and appreciation of the language they are studying.



In honor of William Shakespeare's Birthday, **Mrs. Baker's English students** wrote parodies of Shakespeare's sonnets. Indya M., Tisha C., and Jenna M. submitted this poem, that is both clever and timely. Of the many things cancelled this year, creativity is certainly not one of them!

ACADEMIC AWARDS

Wendy's High School Heisman
Hunter Quigley, Jenna Mazzeo

Ancient Order of the Hibernians
De'Jon Felton, Marie Maton

The American Legion - Boys' State (nominees)
Joseph Beauchamp, Zach Bromley, Josh Kiggins, Zach Nagel, Kyle Pecos

The American Legion - Girls' State (nominees)
Amara Davidson, Sierra Redman

The Virginian-Pilot Scholastic Achievement Team
Matthew Mytych (Team Captain & Dillard's Scholarship Candidate), Hunter Quigley, Brandon Ly, Jessica Ballance, Josie Mazzeo, Dean Paler

Scholastic Scholarship Candidate
James Gracia

National Merit Commended Student
Matthew Mytych

Governor's School Summer Residential Program
Nadia Evancho (nominee for Theater)

U.S. Naval Academy Summer Seminar
Joseph Beauchamp, Zachary Bromley

Semper Fidelis Band Award
Charlie Turner

Harry F. Byrd, Jr. Leadership Award
Rhys Nagel

Prudential Spirit of Community
Matthew Mytych

Jefferson Scholars (nominee)
Hunter Quigley

HOBY Leadership Award
Lawrence Maclin

Optimist Club Most Outstanding Seniors
Joseph Bonvie, Sydni Stock

Hollins Book Award
Emma Dale

Randolph College Book Award
Amara Davidson

Randolph College Book Award - Latin
Nikolas Hardenberger

Princeton Book Award
Brandon Ly (awarded), Jacob Bovatsek (nominated)

Jefferson Book Award
Jacob Bovatsek

High Point University Book Award
Adam Cummings

Chatham University - Rachel Carson Healthy Planet Award
Richelle Fauni

George Washington University Book Award
Austin Miranda

St. Michael's Book Award
Kayla Kelly, Robert Cajés

Dartmouth College Book Award
Joey Nagel

William & Mary Leadership Award
Jessica Ballance

Word Wright Competition
10th: Annie O'Flaherty, Nadia Evancho, Xavier Vaquera, Josie Mazzeo, Victoria Noriega; **11th:** (Our Eleventh Graders Tied for 8th place in the Nation in Challenge Meet 1) Emma Dale, Enyojo Agene, Amara Davidson, Richelle Fauni; **12th:** Emily Shook, Nicholas Evancho, Rhys Nagel

Principal's List - Semester 1 - 2019-2020
Lexa Hunter, Thomas Marfeo, Chris Dolan, Reagan Duffy, Breanna Mellott, Richard Roehm, Julia Michalek, Dominic Loiacono, Veronica Zhi, Josie Mazzeo, Dean Paler, Brandon Rohrer, Skye Baker, Mallory Berning, Jack DeVito, Jack Domark, Nick Talicuran, Kira Fisher, Isaac Avis, Abbie Little, Alex Minayev, RaeAnna Kelly, Kristin Witt, Dylan Brennan, Jacob Averill, Kendall Coss, Riley Douglas, Kyle Cassani, Jessica Ballance, Emma Dale, Jacob Bovatsek, Adam Cummings, Brandon Ly, Tim Le, Austin Miranda, Danessa Pietrantonio, Robert Cajés, Kayla Kelly, Kyle Pecos, Olivia Hryniewicz, Bryan Rich, Matt Mytych, Eliza Glennon, Misha Zurabashvili, Andrew Rary, Joseph Bonvie, Mark Gaughan, Emma Smith, Maddie Berman

Rensselaer Polytechnic Institute Medal (RPI)
Brandon Ly

Iota Sigma Pi - National Honor Society for Women in Chemistry
Xinran "Carol" Hu

American Math Competition
AMC 12: Yucun "Ethan" Xie (top 5%), Lezhi "Andy" Hu, Xinran "Carol" Hu
AMC 10: Josie Mazzeo, Joseph Beauchamp

Crusader Club Essay Contest Scholarship
Indya Maclin

Crusader Club Freshman of the Year
Jordan Freeman

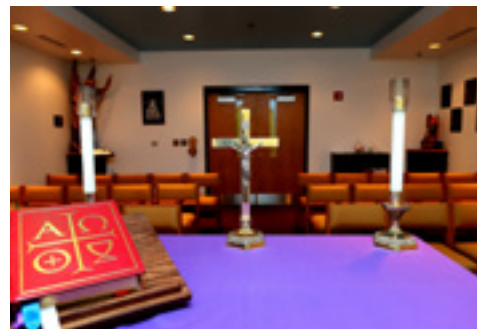
VOLUNTEER/SERVICE AWARDS
Frank Parater Award (100 - 149 Hours)
Austin Miranda, Steven Roney, Sophia Bernstein, William Schuele, Zachary Bromley, Robert Cajés, Ricardo Gil-Gomez, Ryan Speegle, Mark Gaughan, Lauren Schneider, Timothy Le, Olivia Hryniewicz, Mia Fischl, Kristin Witt, Isaac Avis, Jason Heald

Vincent dePaul Award (150 - 249 Hours)
Katie Machmer, Indya Maclin, JoMarie Kelly, RaeAnna Kelly, Jordan Freeman, Andrew Michalak

Pope Francis Award (250+ Hours)
Matthew Mytych, Abigail Little

ROTC
Bryan Rich (Air Force @ Virginia Tech), Hunter Quigley (Navy @ Duke University), Jenna Mazzeo (Navy @ Jacksonville University)

Blue Crab Bowl - Regional Champions
Matt Mytych (Captain), Jacob Bovatsek, Andrew Michalak, Brandon Ly, Robert Cajés



ACADEMIC AWARDS

Catholic High School Scholarship Recipients for the 2019-20 School Year:

Rocky Versace Memorial Scholarship
Ellie Brassart, Addison Merrell

Dick Kiefner Memorial Golf Scholarship
Tim Le, Nathan Tran

Mike Malone Sportmanship and Scholarship Award
Colt Minson

Peter and Beverly Keilty Scholarship
Lindsey Bogdon, TJ Brodowski, Justin Criscuolo, Maya Delaney, Clara DeVito, Kyle Dougherty, Channing Lee, Eileen Pak, Maria Rodriguez Mejia

Catherine M. Wright '80 Endowed Scholarship
Caley Byles

Joan Byrnes Wright '52 Memorial Scholarship
Ryan Mejia

Helen Andrasz Academic and Social Service Scholarship
Cassidy Bautista, Mallory Berning, Guiney Pomeroy

Wirth Scholarship
Riley Dillon, Taylor Ethridge, Aidan Filippini, Joey Kagel, Sterling White

Class of 1959 Award
Hunter Quigley

Class of 1962 Scholarship
Kristin Witt

Catholic High School Advisory Board Scholarship
Lawrence Maclin, Annie O'Flaherty

Scott Kline Memorial Scholarship
Matt Lohr

Alumni Legacy Scholarship
Julia Michalek

Robert and Eugenia Reinke Scholarship
Patrick Davey, Reagan Duffy, Trevor Hare

George H. Marin Scholarship
Alex Bindon

Dennis Price Scholarship for Catholic Education
Jessica Loureiro

Thomas Decker Scholarship
Jack DeVito

Margaret and Edward Lamb Scholarship
Bridget Young

Charles McFadden Scholarship
Dominic Capodanno, Aiden Chamblin, JJ Chanthavichith, Annie Cook, Brendan Davey, Emily Eason, Mia Fischl, Xander Goboy, Josh Kiggans, Jena Lawlor, Fatima Salas Lopez, Charles McFadden, Jeremy Morris, Victoria Noriega, Somtochukwu Okobi, James Overton, Gabrielle Rivero, Michael Scott, Erika Wilson, Chris Zanti

Stephen Campbell Scholarship
Gabriella Amos, Sophia Bernstein, Sophia Chepy, Adam Cummings, Abigayle Kelley, Patrick Martin, Gavin Reingold

Paul Joseph Schultz Scholarship
Logan Bromley

J. William "Bill" Diederich Scholarship
Mary Grace Molyneaux

Robert J. Keogh Scholarship
Mary Grace Molyneaux

Charles H. Ross Scholarship
Martha Boser, Julia Brandwein, Brooke French, Kevin Lopez, Onyinye Okobi, Troy Rusk

Michael Ross Scholarship
Enyojo Agene

William J. O'Brien/Msgr. William L. Pitt Scholarship
Patrick Falcon, Jude Lawrence, Micah Lundquist, Zachary Nagel, Jackson Nesmith, Balam Toro

Arthur C. Mullen Memorial Scholarship
Ashley Ackebo, Yesenia Conejo Ariza, Maria Eckhart, Erin Hubbard, Kate Hubbard, Will Palestrant

Katherine A., Mary K., and Anne R. Ewald Memorial Scholarship
Bailey Dawson, JoMarie Kelly, Abby Rakowski

Bishop Walter F. Sullivan Memorial Scholarship
Zachary Bromley, Grace Vaughn

Catholic High Faculty and Staff Scholarship
Roxann Ackebo, Isaac Avis, Jack Domark, Brandon Rohrer, Rachel Tracy

Good Man and Good Citizen Scholarship
Jack Malone

National Honor Society Scholarship
Joshua Rohrer

Msgr. William L. Pitt Scholarship
Sammy Averill, Catherine Barrineau, Calista Bautista, Mallory Beemus, Jacob Bovatsek, Isabelle Breslin, Seth Burnham, Caleb Chamblin, Jacob Chandler, Cassie Colorito, Emma Dale, Chris Dolan, Anika Donato, Ian Dooley, Kevin Dougherty, Riley Douglas, Emily Falcon, Vegas Fetterly, Zoe Fischer, Kira Fisher, Jean-Santiago Foulon, Jordan Freeman, Bianca Garcia, Matthew Gerber, Tommy Gerhardtstein, Cate Gleim, Christian Goodman, Andrew Gorman, Eva Gracia, Will Greene, Nikolas Hardenberger, Jordan Henry, Haley Herrera, Victoria Hopper, Leila Humphreys, Lexa Hunter, Victoria Ibarra, James Johnson, Ryan Jones, RaeAnna Kelly, Abbie Kiggans, Kinley Koch, Ashley Laing, Caroline Lassalle, Keagan Lee, Lauren Lenaghan, Avery Liberatore, Stephany Lindo Battle, Audrey Litkowski, Abbie Little, Alana Lohr, Nina Lucia, Lexi Macera, Gianna Maggi, Demetria Magnini, Josie Mazzeo, Ryan Mejia, Breanna Mellott, Alex Minayev, Daniel Musselman, Larissa

Padilla, Dean Paler, Cody Parret, Kyle Pecos, Isela Pedroza, Sophia Pedroza, Danessa Pietrantoni, Shannon Pope, Matthew Rakowski, Elli Rary, Emma Reed, Kameron Roberts, Maria Rodriguez Mejia, Seychelles Rodriguez St-Firmin, Joshua Rohrer, Steven Roney, Hailey Rorick, Gracie Ryan, Scott Scourfield, Kevin Shook, Annie Slawson, Mary Slawson, Gabriel Sudarma, Darcy Thien, Trey Thornton, Cynthia Valles Ortiz, Audrey Vergara, Gregory Wainer, Connor White, Thomas Williams, Paige Wilson, Bella Woods, Madeline Wrubel

Richard Leigh Butt Scholarship
Amy Gooding

Walter Gannon Scholarship
Sophia Martinez

Agnes Elaine Gordon Scholarship
Matthew Gorman, Jason Heald, Kayla Mellott

Lands' End Scholarship
Mikaila Hines

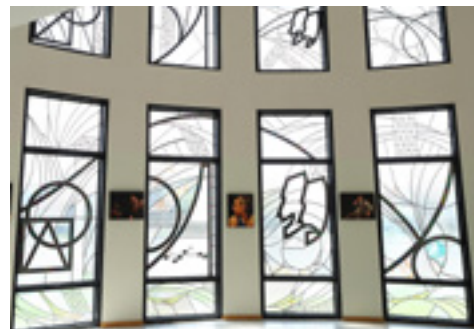
Vann Sutton Wrestling Scholarship
Sycoi David

Mary Buckley Foundation Scholarship
Sammy Averill, Sierra Redman

Margaret and Nuncy Sabato Scholarship
Paris Loukoumis, Amare McCalla

Patricia H. Sweeney Memorial Scholarship
Cate Carlson

McMahon Parater Scholarship Foundation
Alex Minayev, De'Vion Felton



2020 GRAND AUCTION

70th Soirée

Our annual Grand Auction was held Saturday, March 7, 2020 at the Chesapeake Conference Center. This year, we celebrated Our 70th Soirée, flying back in time to when the Crusader family began in the 1950s. While we had no way of knowing at the time, this event wound up being the final major gathering of the 2019-2020 school year for our Crusader family. It was a wonderful evening filled with celebration and fellowship, and we are beyond grateful for the memories we created with everyone. Every year we are humbled by the overwhelming support of all those who play a part in our Grand Auction, and this year was no different. Thanks to you, the 2020 Grand Auction was one of our most successful events ever. **We were able to raise over \$50,000 for our students and our school, including an AMAZING \$17,000 for our Fund-a-Gift, which will go to directly supporting scholarships and financial aid for young people seeking a Catholic education.** Our hats are off to all of our sponsors, donors, volunteers, bidders and well-wishers. Your contributions are invaluable and we cannot thank you enough.



SPECIAL THANKS TO:

Photography: Mike Le

Décor:

Jackie Gearheart Hutcheson '62,
Greenbrier Florist

Music and Announcements:

Eric Emerson,
Southern Entertainment

Auctioneer: Mike Henson

Emcee: Marty Campbell,
Director of School Counseling

THANK YOU TO OUR 2020 SPONSORS!

Mambo Italiano Sponsors

Mid Atlantic Benefit Solutions
The Coss Family
Ocean Drywall

Lounge Sponsors

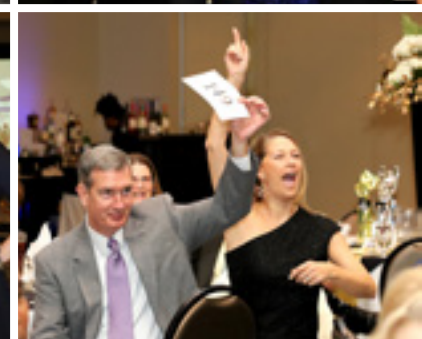
CHS Crusader Club
Edge Law, P.C.
Fraim & Fiorella, P.C.
Sage Dining Services
TBI/New Oasis International
The Murphy Family
The Speegle Family
TPMG Holland Road Family Medicine

Guys and Dolls Sponsors

Atlantic Orthopedic Specialists,
Dr. Lawrence Donato
Borza Wealth Management Group
of Raymond James
Davidson Orthodontics
Hampton Roads Radiology Associates
Hubbard Plastic Surgery
Priority Toyota
The Decker Law Firm, Decker, Cardon,
Thomas, Weintraub & Neskis, P.C.
The Hughes Family
The MASA Corporation
The UPS Store, John and Suna Espinosa
The Dunn Family

Crusader Anniversary Patrons

The Gentlesk Family, The Kelly Family, The Kiggans Family,
The McElroy Family, The McKechnie Family, The Musselman Family,
The Wrubel Family



Create a Lasting Legacy at Catholic High School

Join the Crusader Legacy Society

The Crusader Legacy Society recognizes the generosity of our alumni, parents and friends who have made a planned gift to Catholic High School. Eligibility for membership is not dependent on the amount of the gift or the age of the donor. Membership in the Crusader Legacy Society is permanent and will continue as long as the gift remains in effect. Gifts may be unrestricted or designated for a particular purpose, and there is no minimum amount.

Creating Your Legacy

Please consider the following gift opportunities:

BEQUESTS: A bequest is the simplest and most traditional way of making a planned gift. You make a provision in your will or trust for a gift to the school. You can leave a specific amount of money or asset, or a percentage of your estate. You can also make a residuary bequest by giving remaining assets to the school after providing for others.

LIFE INSURANCE: *Three Ways to Give Life Insurance*

- ➔ Designate Catholic High School as a beneficiary of your life insurance policy; or
- ➔ Give our school a fully paid life insurance policy that you no longer need; or
- ➔ Purchase a new policy and name Catholic High School as the owner and beneficiary. You will then be asked to contribute the equivalent of the annual premium payment to the school. This premium contribution is tax deductible and is used by the school to pay the insurance premium.

RETIREMENT PLANS: Individuals who have IRAs, 401(k) plans or other retirement plans can make the school the beneficiary. A retirement plan is an important building block for the future. Sometimes an account is no longer needed as a primary source of retirement income. As a result, any assets remaining in an account when the individual dies will be subject to income, and in some cases, estate taxes. By naming CHS as the beneficiary you will avoid these taxes while helping the students of our school.

THROUGH YOUR GIFT YOU CAN:

- ➔ Provide a legacy for future needs by making an unrestricted gift.
- ➔ Create a scholarship for deserving students.
- ➔ Support our academic, athletic or fine arts programs.
- ➔ Provide support for our building, technology and equipment initiatives.

For more information about making a planned gift, please contact Lisa Hamlet, Director of Advancement, at (757) 467-2679. You may also wish to contact your attorney or financial advisor about the tax benefits of a planned gift.

“
ALL GOOD MEN AND
WOMEN MUST TAKE
RESPONSIBILITY TO
CREATE LEGACIES
THAT WILL TAKE THE
NEXT GENERATION TO
A LEVEL WE COULD
ONLY IMAGINE.

Jim Rohn



Leo D. and Suzanne W. Babb generously included Catholic High School as a beneficiary of their trust. Funds from the Babb trust will be used to support current and future Crusaders who desire a Catholic education. The Catholic High community is grateful for this legacy gift.

CURRENT MEMBERS OF THE CRUSADER LEGACY SOCIETY

We offer special thanks to the Crusader Legacy Society for their continued support!

Leo D. and Suzanne W. Babb †
Mr. Dan Coogan '55
Margaret Costa Trust Share †
Kim and Keith Curtis
Mrs. Betty Harmon Edwards
Mr. William Ewald '60 & Mrs. Maryann Ewald
Mr. & Mrs. Donald Grey
Mr. Wade M. Johns †
Mr. Matthew Malone '90
Mr. Arthur C. Mullen †
Mrs. Kathleen O'Connor Neff † '68
Mr. William T. O'Brien †
Rev. Msgr. William L. Pitt †
Mr. Dennis Price '67 & Mrs. Kathy Price '67
Bishop Walter F. Sullivan †
Mr. William H. Tamm †

† Deceased

Opportunities For GIFT NAMING

Catholic High School has several gift naming opportunities that provide a way for you to leave your own legacy on our campus or to make a tribute or memorial gift in honor of someone special. Your donation may be in the form of a pledge that is paid over a five-year period and is fully tax-deductible, as allowed by law.

Various Naming Considerations:

- ➔ Yourself
- ➔ Parent, Grandparent, Child or Spouse
- ➔ Other Family Member
- ➔ Family Name
- ➔ Mentor/Faculty Mentor
- ➔ Business

All interested donors are encouraged to inquire about naming opportunities.

Through your generous gift of a paver, seat, classroom, athletic field, or other facilities you create a permanent legacy.

For more information, please contact Lisa Hamlet, Director of Advancement, (757) 467-2679, hamletl@chsvb.org.



The newly named "Leo D. and Suzanne W. Babb" Stage

Take A Seat: By giving a gift of at least \$500 you will be eligible to "take a seat" in the state-of-the-art Barry Robinson Theater. A plaque with your name or the name of a loved one will be affixed to the seat of your choice in our beautiful theater. Theater seats are a meaningful and permanent graduation or reunion gift.



In 2015, the **Mary and Frank Price Gymnasium** was named for two very special Crusader past parents and faithful supporters who will be forever recognized for the role they played in the success of our school. The Price family name is synonymous with Catholic education and their roots run deep in the Crusader tradition.

This fitting tribute to Mr. and Mrs. Price was made possible by Peter '61 and Beverly Keilty.



Sidewalk Pavers: By giving a gift of \$100 a plaque in your honor will be embedded in the sidewalk at the entrance to Catholic High School. Pavers are a wonderful and permanent graduation or reunion gift.



Opportunities For GIFT NAMING

BUILDING, OFFICES, COMMON SPACES

	GIFT RANGE
Administration Wing	150,000
Assistant Principal's Office (2)	15,000
Receptionist/Secretary Office (Administration)	15,000
Guidance/Advancement Wing	100,000
Guidance Office - 2 @ \$15,000 each	15,000
Reception Area (Guidance & Advancement)	25,000
Registrar Office	10,000
Atrium Window	15,000
Campus Minister's Office	15,000
Commons	50,000
Faculty Lounge/Workroom	25,000
Student Dining Room	150,000
Student Dining Room - Food Service Area	10,000

ACADEMIC CLASSROOMS

Academic Support Center	30,000
English Classroom – 3 @ \$25,000 each	25,000
Foreign Language Classrooms – 3 @ \$25,000 each	25,000
Math Classrooms – 2 @ \$25,000 each	25,000
Social Studies Classrooms – 3 @ \$25,000 each	25,000
Biology Classroom & Lab	50,000
Computer Science Classroom	30,000
Science Classroom – 1 @ \$25,000 each	25,000
Theology Classrooms - 2 @ \$25,000 each	25,000

ATHLETIC FACILITIES

Athletic Director's Office	25,000
Athletic/Physical Education Locker Rooms – 2 @ \$ 20,000 each	20,000
Auxiliary Gymnasium/Wrestling Room	75,000
Concession Stand & Restroom Facility	100,000
Football Stadium	200,000
Officials Locker Room	10,000
Soccer Field	100,000
Track	150,000
Weight Room	25,000

THEATER, GALLERY AND FINE ARTS WING

Art Studio	50,000
Backstage	10,000
Chorus & Performing Arts Classroom	25,000
Dressing Rooms – 2 @ \$10,000 each	10,000
Fine Arts Center Director's Office	20,000
Kiln Room	15,000
Light & Sound Booth	15,000
Multimedia Studio	20,000
Photography/Graphics Classroom	30,000
Student Art Gallery	10,000

TECHNOLOGY

Computer Lab	30,000
Technology Department Suite	35,000

LIBRARY & MEDIA CENTER WING

Library Media Center – Circulation Desk	10,000
Library Media Center – Makerspace	15,000

Gifts previously selected by donors

BUILDING, OFFICES, COMMON SPACES

	GIFT RANGE
Business Office	10,000
Principal's Office	75,000
Reception Area (Administration)	25,000
Counseling Conference Room	10,000
Chapel	100,000
Atrium/Lobby	100,000
Bookstore	10,000
Courtyard Plaza	75,000
Cross- Atrium, Courtyard	15,000
"Seat of Wisdom" Sculpture	50,000

ACADEMIC CLASSROOMS

English Classroom	25,000
Foreign Language Classroom – Latin	25,000
Health & Physical Education Classroom	25,000
Math Classroom	25,000
Social Studies Classroom	25,000
Chemistry Classroom & Lab	50,000
Marine Science/Environmental Science Classroom	50,000
Theology Classroom	25,000

ATHLETIC FACILITIES GIFT RANGE

Athletic Training Room	10,000
Baseball Field	50,000
Football Field & Lights	175,000
Gymnasium	250,000
Gymnasium Floor/Basketball Court	100,000
Outdoor Locker Room Facility	100,000
Physical Education Instructor's Office	20,000
Softball Field	50,000
Tennis Courts 1	75,000
Turf Field	100,000

THEATER, GALLERY AND FINE ARTS WING

Gallery	150,000
Stained Glass Windows – 5 @ \$25,000 each	25,000
Stage	50,000
Theater	400,000

TECHNOLOGY

Flex-Lab 206	50,000
Classroom SMART Technology Centers	200,000

LIBRARY & MEDIA CENTER WING

Boardroom	50,000
Forum	150,000
Library Media Center	250,000
Library - Reading Area	25,000
Library Study Carrels – 2 @ \$10,000 each	10,000

**Contact Lisa Hamlet, Director of Advancement,
at (757) 467-2679 for more information.**

Your opportunity to save while helping our students.

Virginia Education Improvement Scholarship Tax Credits

Receive a Virginia tax credit equal to 65% of your eligible contribution	MINIMUM DONATION FOR INDIVIDUALS \$500	MAXIMUM ANNUAL DONATION FOR INDIVIDUALS & MARRIED COUPLES \$125k	MAXIMUM DONATION FOR BUSINESSES None
IMPORTANT: Consult your tax advisor to determine your specific tax savings.			

SAVE ON STATE AND FEDERAL TAXES

In addition to a 65% state tax credit, individuals and businesses may also receive a deduction for a charitable contribution, and therefore achieve tax savings in two ways:



1. Deductions against taxable income as a charitable donation on both federal and state income taxes.

- ◆ The tax reduction equals the contribution amount times the tax rate of the applicable tax (federal or state)
- ◆ Subject to rules governing deductibility of charitable contributions

2. Credit against Virginia taxes.

- ◆ Tax reduction equals 65% of the amount of the donation
- ◆ Credit is non-transferable

BUSINESSES CAN CLAIM THE EISTC AGAINST:

✓	Virginia Corporate Income Taxes
✓	Virginia Bank Franchise Tax
✓	Virginia Insurance Premiums License Tax
✓	Virginia Public Service Corporations Tax
✓	Personal Income Taxes via pass-through entities such as S-Corporations, LLCs and Partnerships.
✓	The amount of the Tax Credits may not exceed the donor's tax liability for the year in which the credit is claimed, but Tax Credits may be carried over for up to five succeeding years.

PROCESS

To take advantage of EISTC, follow these simple steps:

1 Obtain a Letter of Intent from the Advancement Office at Catholic High School. Also, obtain the Virginia Department of Education Preauthorization Form.	2 Send the completed Letter of Intent and Preauthorization Form to MPSF , who will submit your Preauthorization Form by secure electronic dropbox to the VA DOE for approval of your Tax Credits.	3 Within approximately 7-10 days , the DOE will send you an Approval Letter indicating your tax credits have been reserved for a period of 180 calendar days.	4 Return the Signed Approval Letter with your check or securities transfer information to MPSF within 180 days of the date of the notice. (Preauthorizations become void after 180 days). Make checks payable to the McMahon Parater Scholarship Foundation.
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After you have made your donation...

Within 40 days of receiving your gift, MPSF will:

- ✓ Send you an acknowledgment of receipt of your gift
- ✓ Send the DOE a notice that your gift payment has been received
- ✓ Notify the designated school(s) that your gift has been received

Within 30 days, the DOE will issue your Tax Credit Certificate.

- ! The Tax Credit Certificate must be attached to the tax return in which the credits are being claimed.
- ! Tax credits may be claimed for the taxable year of the donation, and for up to five successive years.

Don't miss this opportunity. Enroll today.

Contact Advancement Director Lisa Hamlet at 757-467-2679 or hamletl@chsvb.org.



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As of July 2020

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All donation lists reflect gifts received from July 1 2019 – Jun 30 2020.

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International Students

This year we had the pleasure of welcoming new students from the countries of China, Columbia, France, Georgia, Korea, and Vietnam. Our CHS community would not be complete without them! To better assist our newest Crusaders, we introduced the International Student Advisor program. Current students applied for the advisor positions and went through an interview process to earn the title of International Student Advisor. Our advisors play an important role as mentors and become their go-to for all things CHS by providing peer support and acquainting them with clubs, sports, and activities. We want all students to become involved in CHS life and become valued members of our CRU community!



Spotlight on...

Xinran "Carol" Hu '20

Carol Hu joined our Crusader family in her senior year and what an impact she made in just one year! Carol arrived with a smile on her face and ambition in her heart and took CHS by storm! She joined the cross country team in the fall, became president of the International Cultural Club, and was a member of the National Honor Society, Math Honor Society and the Science Honor Society. She was recognized by Iota Sigma Pi, the National Honor Society for Women in Chemistry, as an Outstanding Female High School Chemistry Student in 2020. She will be attending the University of Florida majoring in Dietetics and Nutritional Sciences.

Her advice to incoming students:

“All the teachers and staff [at CHS] are very supportive and students are smart and friendly. There are many activities that allow new students to get involved quickly. You can easily find the classes that fit your ability. Schoolwork is not hard as long as you put effort into it.”



CRU MINISTRY



In January many of our Crusaders travelled to Washington D.C. for the **March for Life**. This annual trip is an amazing experience for them and we are grateful for the wonderful leaders who make it possible for them to have this experience!

In February our Crusaders and Cru Ministry team travelled to the **State Capitol Building in Richmond** for the Virginia March for Life! Thanks to those who braved the early morning, the rain, and the traffic to stand for the voiceless and the vulnerable.



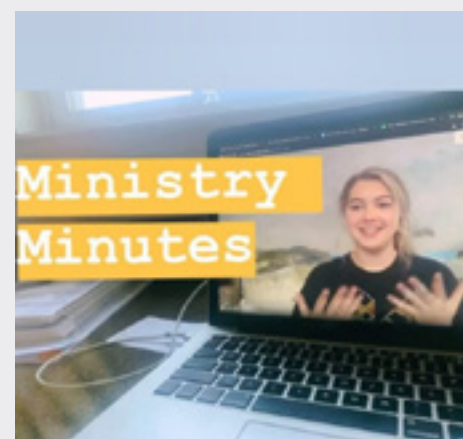
One of the most unique and impactful experiences our students have each year is their annual retreat. The CHS Retreat program is the "heart" of Campus Ministry's mission to evangelize our students. We are truly blessed that our Junior Boys were able to experience their **Kairos Retreat** before we made our transition to digital learning. Though our physical year was cut short, all of our classes were able to attend their retreats this year. Our Campus Ministry team and Peer Ministry Leaders have done an incredible job keeping our community together spiritually!

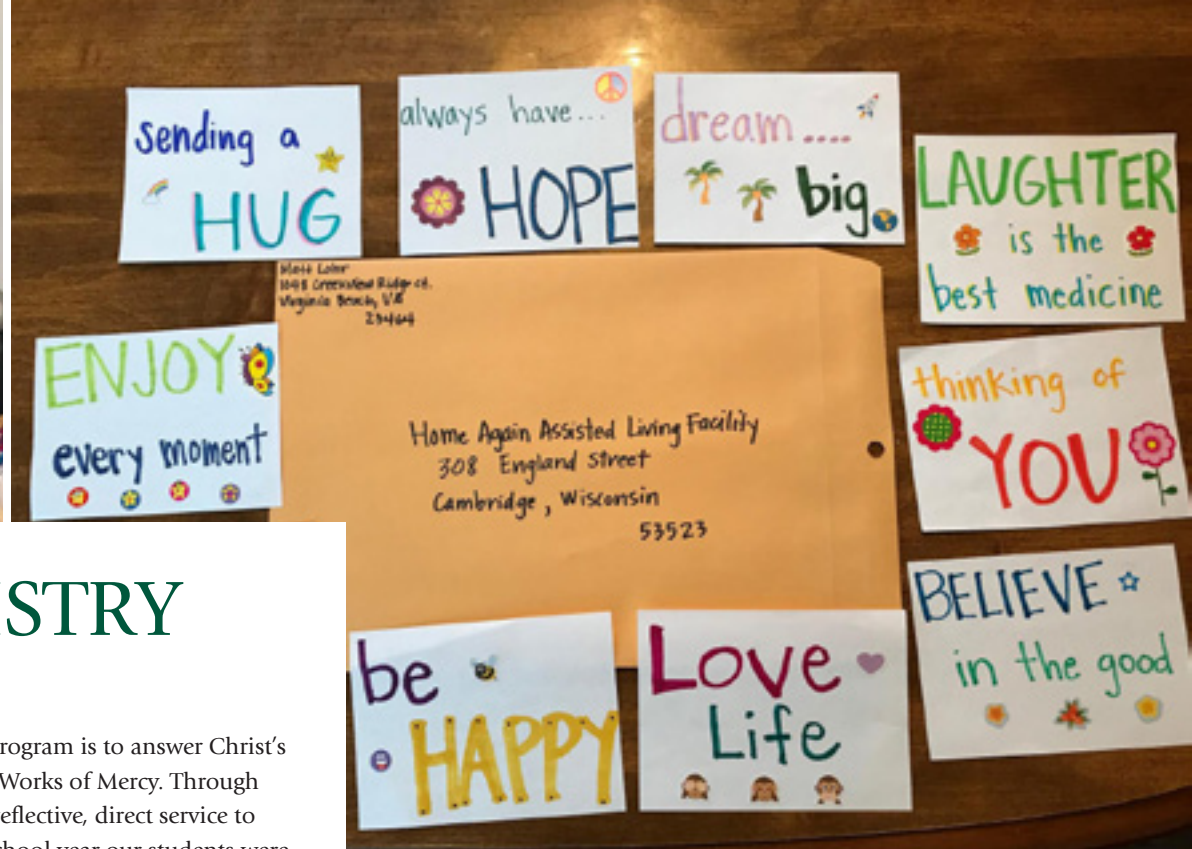


Though physically separated, our community remained spiritually connected through Christ, and especially the Holy Eucharist. This year, Lent started one way, and ended a very different way. Nonetheless, our Campus Ministry team tirelessly worked all semester to pray alongside our CRU family.

During Quarantine, CRUMinistry...

- ➡ Hosted weekly digital "Hangouts" to touch base, laugh, and chat with students
- ➡ Held weekly digital Bible Study for Faculty/Staff and Students
- ➡ Shared daily Morning Prayer on the @CruMinistry Instagram Story
- ➡ Led daily Morning Prayer on Google Meets for Faculty/Staff
- ➡ Held their first Virtual Peer Ministry Discernment process to determine Peer Ministry leaders for the 2020-2021 School year, including a virtual "Transition Prayer" with this and next year's Retreat Leaders
- ➡ Shared videos from Father Anthony and Father Dan Molockho
- ➡ Shared a Virtual Holy Week on school social media accounts, with a different message each day of Holy Week, including prayers, videos, song playlists and more
- ➡ Hosted weekly Praise and Worship sessions on Instagram, and a LIVE Praise and Worship from the Fraim Family Chapel on Facebook and the end of the semester Mr. Kelkis and Mrs. Martinson lead us in songs of praise to our awesome God!
- ➡ Planned and hosted LIVE Baccalaureate Mass on Facebook.
- ➡ Helped with many other school events including our Drive-Thru Champions' Banquet and Senior Sign Surprise drop-offs.





CRU MINISTRY

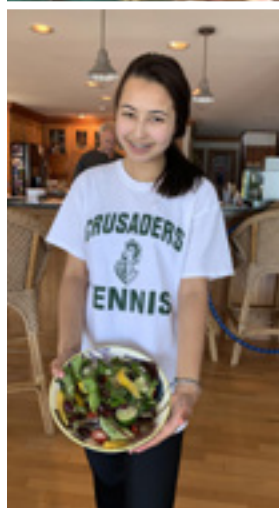
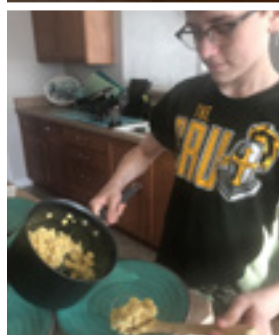
En Christe

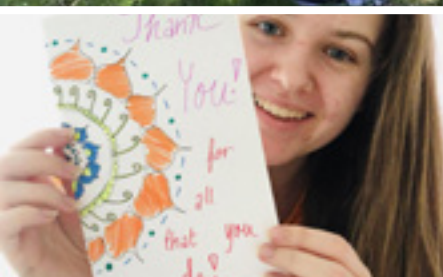
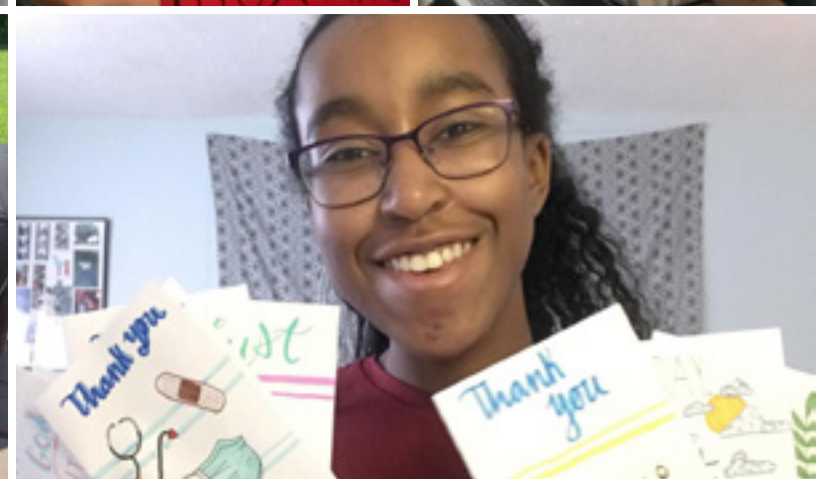
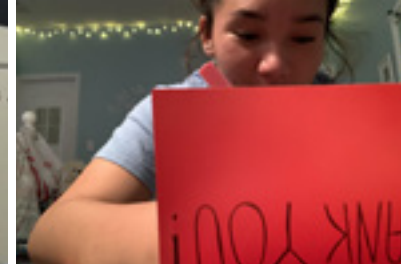
The goal of the En Christe Service Program is to answer Christ's call in Matthew 25 of the Corporal Works of Mercy. Through En Christe, our students engage in reflective, direct service to those most in need. Earlier in the school year our students were able to serve in many ways for many worthy organizations. Naturally, the program was adjusted in the spring semester to reflect state-wide directives regarding social distancing. Students were encouraged to do yard work for neighbors, make and send cards of support for Medical Professionals and quarantined residents of Assisted Living Facilities, help family/friends with homeschool work digitally, and serve in their homes by helping with siblings, cooking or cleaning.

Despite all the challenges, our students completed nearly 10,000 hours of service this year!! We are each called to reach out in service in new and creative ways. Our hope is to turn current obstacles into opportunities to spread faith, hope, and charity. Our CRU remains committed to creating, strengthening, and supporting relationships in our communities and families during this challenging time.



CHS juniors Enyojo A., Robert C., Adam C., Mia F., Timothy L., and Brandon L. volunteered with the Norfolk Emergency Shelter Team (NEST) program this week to provide shelter, food, and fellowship for homeless adults. The students spent time serving food, setting up bedding, and organizing clothing for the shelter.





CATHOLIC SCHOOLS WEEK

January 24 through February 1 - Theme: *Learn, Serve, Lead, Succeed*



Annual Catholic Schools Week Art Show

The 4th annual Catholic Schools Week Student Art Show Friday was held Friday, January 24 at The Dragonfly Art Studio. Crusader families and friends came out to celebrate with our students and to admire over 200 fantastic and creative works of art that were on display from Hampton Roads Catholic Schools, including many amazing pieces from our Fine Arts students. Thank you to our Art teacher Mrs. Hudson, and all who helped organize this amazing event!



Celebrating Families

We honored and recognized our parents, guardians, and family members who play a vital role in Catholic education. Our Crusader families volunteer at the school, instill Catholic values, and cultivate expectations for academic excellence at home. We appreciate our Crusader families for making Catholic education a priority for their children and for supporting Catholic High School in so many ways. WE LOVE OUR CRUSADER FAMILIES!



Celebrating Your Parish

Students showed their Crusader pride this weekend while celebrating their parishes by wearing CHS gear to Mass! Austin Miranda '21 is pictured here at St. John the Apostle Catholic School with Pastor Rev. Robert J. Cole.



Celebrating the Nation

With our whole Crusader family, we celebrated our Nation together by praying and recognizing all those who serve our nation. Students, faculty, and staff dressed in red, white, and blue. Anyone who donated \$1 for the Wounded Warrior Project was allowed to wear jeans. Together we raised about \$300!



Celebrating Your Students

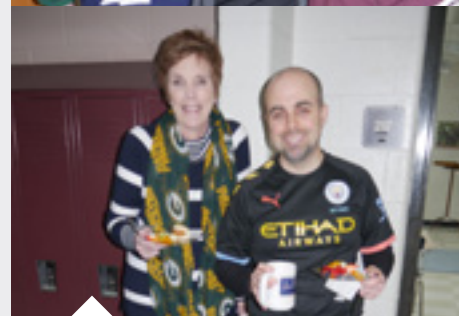
Our faculty and staff took time to celebrate our students and recognize their accomplishments by offering fun treats and game breaks in class. Cookies and hot chocolate were also available at all lunches for students to enjoy.



Celebrating Vocations

Our students were blessed to have the chance to visit with Sister Marianne Therese Lallone, IHM, and Mr. Joe Kauflin, a Seminarian with the Catholic Diocese of Richmond who spoke with our Freshmen classes. Many of our students wrote letters to the seminarians in the Diocese of Richmond in Theology classes. By focusing on faith, knowledge and service, Catholic schools prepare children to use their God-given talents to the fullest later in life.

Saint Gregory the Great Catholic School invited our Crusaders to join them to hear nationally recognized and renowned public speaker, Sister Bethany Madonna of the Sisters of Life, as a part of our Catholic Schools Week celebration.



Celebrating Faculty, Staff, and Volunteers

The Advancement office made visits to each classroom with a breakfast cart for teachers to enjoy. We honored our teachers, our administrators and staff who support teachers in their important work, and we thanked all our parents, grandparents, alumni, parishioners and school board members who volunteer their time and talents in service to Catholic education. Our teachers, leaders, and volunteers always give of themselves to ensure that the love of God is shared with the students and families they serve.



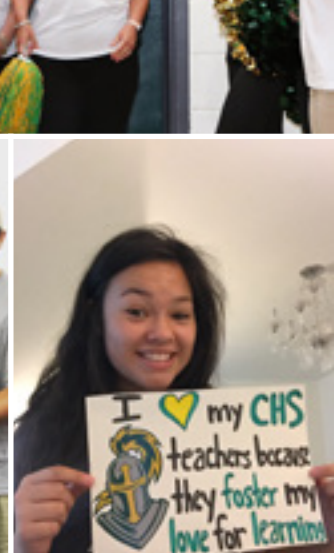
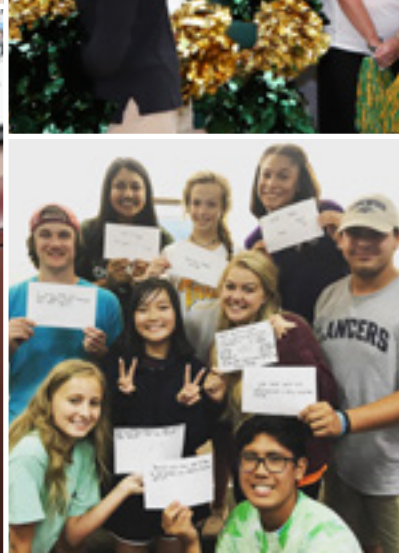
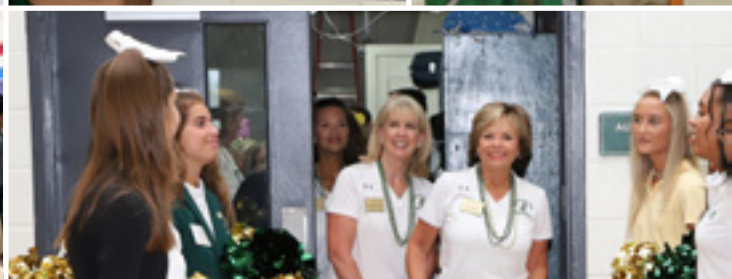
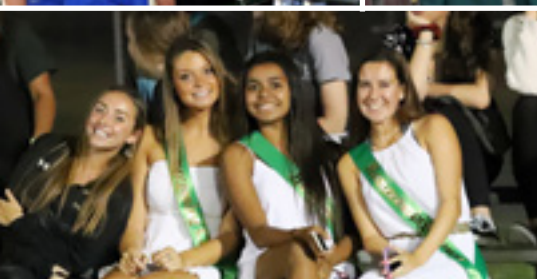
Celebrating Your Community – "Souperbowl" Monday!

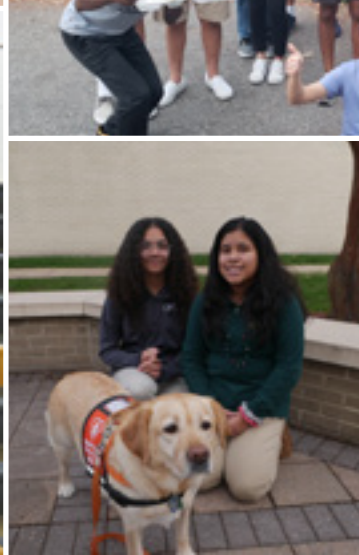
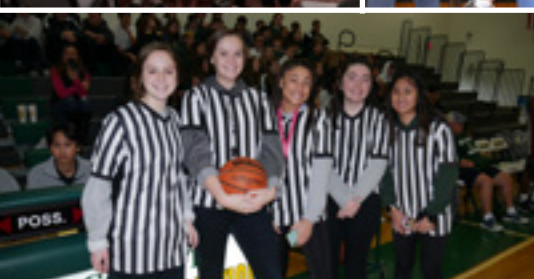
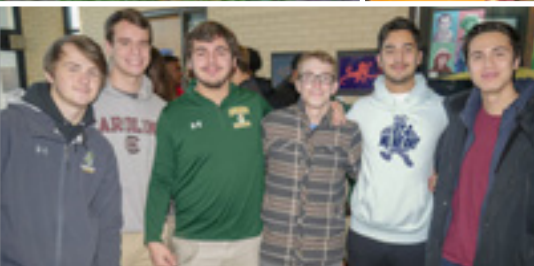
A central aspect of Catholic education is learning the importance of service to others. When students take part in service activities they demonstrate the values and faith gained through Catholic education. Students celebrated their community by bringing in donations for our "SouperBowl" food drive. Those who brought in donations throughout the week were able to wear their favorite team's gear on Friday, January 31! All soup was donated to the Church of the Ascension.

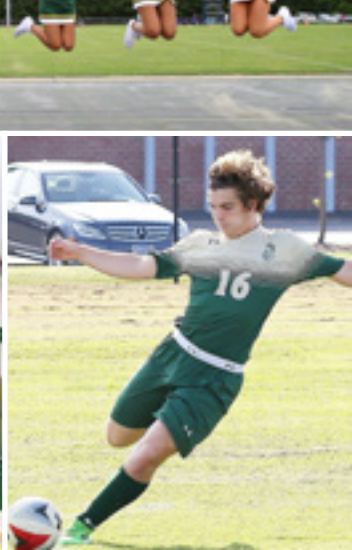
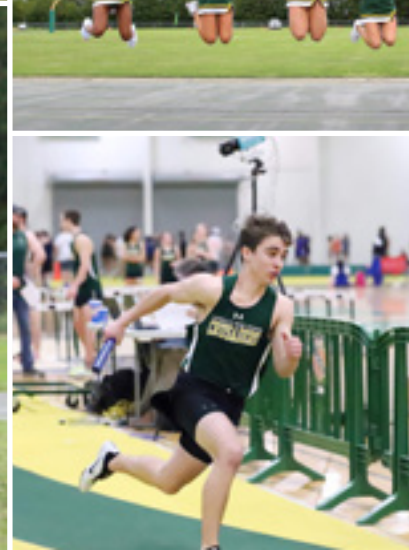
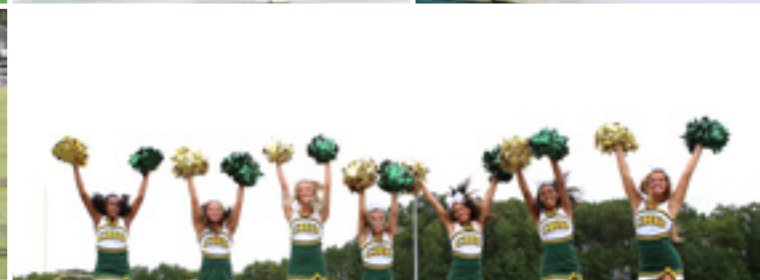
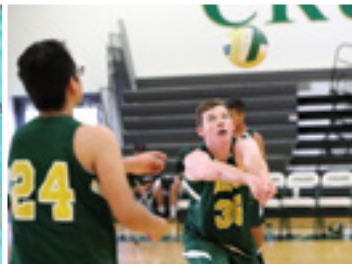
Students also continued the celebration of our community by creating handmade Valentine's Day cards to our friends at Our Lady of Perpetual Help. Their regular visits to the residents demonstrate the values and faith they gain through their Catholic education.



THE YEAR IN PHOTOS







SPORTS REPORT

Team Spotlights



Varsity Boys Soccer

The 2019-2020 TCIS Varsity Boys Soccer Team is coming off another solid season with an overall record of 11-7-1 and an impressive 8 games ending in shutouts. The Crusaders were led by a strong and experienced class of seniors that drove them to a 4th place TCIS finish and a trip to states vs. neighborhood foe Norfolk Academy. Captain Sam Provideo was named Offensive MVP and was awarded 1st Team All TCIS and 2nd Team All-State honors for the second year in a row. Goalie Zane Claffy was named Defensive MVP and was awarded 2nd Team All TCIS honors along with fellow senior Tony Pearson. Team highlights included two shutout wins against Norfolk Collegiate (2-0), Walsingham (2-0) and Hampton Roads Academy (3-0). Defense proved to be the

theme for the Crusaders this season and with offensive sparks upfront from Provideo, Moran, Chanthavichith, Lawrence, and Richardson, the CRU always found themselves in charge of the game. Led by coach Paul Bleier, the Crusaders had one of their best finishes in school history. In their final showdown versus Norfolk Academy the Bulldogs narrowly escaped with a 3-1 victory. During the game, the CRU team fought tooth and nail, and for most of the first half had NA on their heels. With a late goal by Provideo, the CRU was right in it until the end. When the final whistle blew a proud group of students and parents stood and applauded. Even though it wasn't the desired outcome, the CRU soccer program made a statement and has created excitement for the 2020 season. With another solid senior class returning and a talented junior group alongside, watch out for CRU soccer this fall!

Varsity Girls Basketball

It was another successful season for the Lady Crusader basketball team. Swoosh and Crusader fan's cheering was all that could be heard when the 2019-2020 TCIS Varsity Girls Basketball Team took the court. With an impressive 20-12 overall record and 9-1 TCIS record the girls team continued to solidify themselves atop the TCIS conference and Hampton Roads area. It was the first time since 2001 the team had won more than 20 games and with Coach Larry Bowman's strategic game plans and knowledge of the game, the future continues to look bright for CRU basketball. This season Senior Tisha Cajés led the team with 129 assists and was named the team MVP. Freshman and Rookie of the Year Taylor Ethridge led the team in scoring with 409 points and sophomore Jorah Eppley led the team in rebounds 209, 78 steals and scored 382 points which put her well on her way to the team's Most Outstanding Player honor. With key contributions from seniors Sydni Stock and Bryn Matthews, this year's team was always competitive and in the game. Team highlights from this season include a second consecutive bid to states and a huge win over state champion Steward School at home where coaches Bowman and Stokes put together an "all-time" inbounds play in the closing minutes to seal it for the



CRU! Several girls received postseason honors such as Taylor Ethridge and Jorah Eppley being named to the first team All TCIS team and Tisha Cajés receiving second-team TCIS honors. In previewing the 2021 season, look for more of the same. The CRU returns with a very talented young core led by Ethridge and with leadership from returning juniors Eppley, Bella Woods, Vegas Fetterly, and Ashley Laing, CHS will sure to be back at the top of the conference!

SPORTS REPORT

Year in Review

BASEBALL (SPRING)

Coach: Donovan Waefler

Adversity Award: Jacob Lopez

BOYS BASKETBALL

Overall Record: 13-11; TCIS Record: 6-4; TCIS Place: 5th

Coach: Ricky Barbosa

Team MVP: Sterling White

1st Team All TCIS: Sterling White

GIRLS BASKETBALL

Overall Record: 20-12; TCIS Record: 9-1; TCIS Place: 2nd

Coach: Larry Bowman

Team MVP: Tisha Cajés

1st Team All TCIS: Jorah Eppley, Taylor Ethridge

2nd Team All TCIS: Tisha Cajés

FALL CHEERLEADING

Coach: Kristen Troyanos

Team MVP: Rylee Sadler

WINTER CHEERLEADING

Coach: Kristen Troyanos

Team MVP: Mariah Rivero

CREW/ROWING (SPRING)

Coach: Joe Bousquet

BOYS CROSS COUNTRY

TCIS Place: 3rd; State Catholic: 4th; State Private: 6th

Team MVP: Hunter Quigley

1st Team All TCIS: Hunter Quigley, Jack DeVito

1st Team All State Catholic: Hunter Quigley and Jack DeVito

1st Team All VISAA: Hunter Quigley

GIRLS CROSS COUNTRY

TCIS Place: 2nd; State Catholic: 2nd; State Private: 4th

Team MVP: Hailey Rorick

TCIS Conference MVP: Hailey Rorick

1st Team All TCIS: Hailey Rorick, Kira Fisher, Sophia Pedroza, Bridget Young

1st Team All State Catholic: Hailey Rorick, Kira Fisher, Sophia Pedroza

1st Team All State Catholic Champion: Hailey Rorick

1st Team All VISAA: Hailey Rorick

FIELD HOCKEY

Overall Record: 9-10; TCIS Record: 5-2; TCIS Place: 3rd

Offensive Team MVPs: Tisha Cajés and Bailee Sunderland

Defensive Team MVP: Katie Zazsweski

1st Team All TCIS: Tisha Cajés, Kinley Koch

2nd Team All TCIS: Katie Zazsweski

First Team All VISAA: Bailee Sunderland

BOYS FOOTBALL

Overall record: 4-6

Offensive MVP: VJ Johnson

Defensive MVP: Ricky Corpus

Special Teams Player of the Year: Brandon Jones

1st Team All TCIS Offense: VJ Johnson, Colt Minson, Brandon Jones, Joey Kagel, Al Barlow.

1st Team All TCIS Defense: Quinton Gregory, Niko McKay, Alex Oates, Ricky Corpus

1st Team All VISAA Offense: Al Barlow

2nd Team All VISAA Offense: Colt Minson, VJ Johnson

2nd Team All VISAA Defense: Alex Oates, Quinton Gregory

All State Honorable Mention: Brandon Jones, Joey Kagel, Niko McKay, Ricky Corpus

GOLF (SPRING)

Coach: Pat Cavallario

BOYS LACROSSE (SPRING)

Coach: Liam Benmicasa

Adversity Award: Cole Mayer

GIRLS LACROSSE (SPRING)

Coach: Lee Murphy

Adversity Award: Cammie Odom, Maddie Berman, Jenna Mazzeo

SAILING

TCIS Place: 7th Place at Conference Championships

Coach: Joe Bousquet

Team MVP: Grace Webber

BOYS SOCCER

Overall Record: 11-7-1; TCIS Record: 6-3; TCIS Place 4th

Coach: Paul Bleier

Offensive MVP: Sam Provido

Defensive MVP: Zane Claffy

1st Team All TCIS: Sam Provido

2nd Team All TCIS: Tony Pearson, Zane Claffy

2nd Team All VISAA: Sam Provido

BOYS SWIMMING

Coach: Doug Cassell and Lexi Johnson

Team MVP: Austin Miranda

GIRLS SWIMMING

Coach: Doug Cassell and Lexi Johnson

Team MVP: Kat VanBourgonchien

1st Team All VISAA: Kat VanBourgonchien

VARSITY GIRLS TENNIS

Overall record: 4-8; TCIS Record: 2-7; TCIS Place 6th

Coach: Matt Randall

Team MVP: Kendall Coss

SPORTS REPORT

Year in Review

WINTER TRACK AND FIELD (INDOOR)

Coach: George Dillon

Team MVP (Boys): Keontae Jenkins

Team MVP (Girls): Lucy Czirjak

VARSITY BOYS VOLLEYBALL

Overall Record: 3-12 ; TCIS Record: 0-3; End of Season Tournament: 4th

Coach: Jared Wilbur

Offensive MVP: Joey Easmeil

Defensive MVP: Sterling White

VARSITY GIRLS VOLLEYBALL

Overall record: 4-17 ; TCIS Record: 3-7 ; TCIS Place: 7th

Offensive MVP: Sydni Stock

Defensive MVP: Sierra Redmon

WRESTLING

TCIS Record: 5-2

Coach: Cody Gier

Team MVP: Dominic Stone

1st Team All TCIS: Dominic Stone, Ian Harris.

JUNIOR VARSITY SPORTS

JV Girls Field Hockey: 3-5

JV Boys Soccer: 4-3-2 (3-2 TCIS); 2nd Place in TCIS

JV Girls Volleyball: 8-13 (4-5 TCIS); 5th Place in TCIS

JV Football: 2-2

JV Boys Basketball: 14-6 (7-3 TCIS); 4th Place in TCIS

JV Girls Basketball: 6-7

IRON MAN AWARDS (Competed for 3 seasons / All 4 years)

Hunter Quigley: Cross Country, Indoor Track, Outdoor Track.

Indya Maclin: Volleyball, Basketball, Lacrosse, Indoor Track, Field Hockey.

Rylee Sadler: Field Hockey, Fall Cheer, Winter Cheer, Softball.

Mariah Rivero: Fall Cheer, Winter Cheer, Softball, Lacrosse Manager.

Will Moran: Soccer, Indoor Track, Tennis, Outdoor Track

VISAA 3 SPORT ATHLETES SENIOR YEAR

Hunter Quigley: Cross Country, Indoor Track, Outdoor Track

Indya Maclin: Volleyball, Basketball, Lacrosse, Indoor Track, Field Hockey

Rylee Sadler: Field Hockey, Fall Cheer, Winter Cheer, Softball

Mariah Rivero: Fall Cheer, Winter Cheer, Softball, Lacrosse Manager

Will Moran: Soccer, Indoor Track, Tennis, Outdoor Track

Gabriella Gutierrez: Volleyball, indoor Track, Outdoor Track

Tony Pearson: Soccer, Indoor Track, Outdoor Track

Evan Dooley: Cross Country, Indoor Track, Lacrosse

Karl McKenzie: Soccer, Indoor and Outdoor Track

Keontae Jenkins: Football, Indoor Track, Outdoor Track

DJ Felton: Football, Basketball, Track

ATHLETES OF THE YEAR



Sterling White



Tisha Cajés

ACADEMIC ATHLETES OF THE YEAR

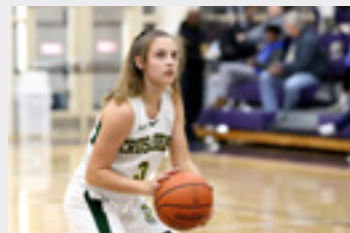


Hunter Quigley



Jenna Mazzeo

ROOKIE OF THE YEAR



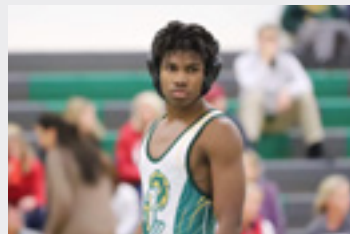
Taylor Ethridge

COACH OF THE YEAR



Marty Campbell

VANN SUTTON WRESTLING SCHOLARSHIP



Sycoi David

MALONE SCHOLARSHIP AWARD



Colt Minson

SUPER FAN RAY AWARD



Mr. Michael Le



2020 Crusader CHAMPIONS BANQUET

Friday, May 29, the Athletic Department hosted a Friday Night Lights Drive-In Champion's Banquet on the track surrounding Finch Field honoring our student-athletes for their excellence on and off the field.

Congratulations to all of the student-athletes who were honored!

SPORTS REPORT

New Coaches



Tonya Boser

Head Varsity Girls and Boys Volleyball



Mike Brandwine

Head JV Girls Volleyball



John Harlow

Varsity Assistant Football Coach



Rachel Bogdon

Varsity Assistant Cheerleading



Bobby Steinburg

Head Varsity Boys Basketball



CRUSADER NEWS

Athletic and Academic Signings



National Letter of Intent Signing Day — February 5, 2020

Congratulations to the following seniors on their college commitments:

Ricardo Corpus - The Apprentice School (Football)

Valerian Johnson - Virginia Military Institute (Football)

Brandon Jones - West Point - The U.S. Military Academy (Football)

Niko McKay - Virginia Union University (Football)

Alex Oates - William & Mary (Football)

Spring Athletic Signing Day May 15, 2020

Congratulations to the following seniors
on their college commitments:

Lucy Czirjak

Butler University (Track and Field)

Sam Provideo

Eastern University (Soccer)

DJ Felton

Kentucky State (Football)

Jacob Lopez

Saint Andrew's University (Baseball)



Academic Signing Day Celebrating the Top 10%

Although we were not able to hold our traditional Academic Signing Day in person this year, we celebrated the top 10% of our senior class digitally. Each of the students were featured on the school's official social media accounts with a picture and brief account of their high school career and college selection, counting down to the announcement of the salutatorian and valedictorian.



Matt Mytych, Valedictorian,
Clemson University



Hunter Quigley,
Salutatorian, Duke University



Rhys Nagel, University of
Virginia



Nick Evancho, George
Mason University



Joseph Bonvie, Dartmouth
College



Sydni Stock, Christopher
Newport University



Eliza Glennon, University
of Glasgow (Scotland)



Bryan Rich, Virginia Tech



Megan Grijalva, Villanova
University



Kristian Quilon, Old
Dominion University

CRUSADER NEWS

Student Achievements



Many of our students won high honors in the second meet of **WordWright**, a national language arts competition, held in December 2019. More than 70,00 high school students from 48 states entered the meet. Seniors Emily Shook and Katherine VanBourgondien were among only 44 twelfth graders in the entire country to earn a perfect score in the competition, while junior Enyojo Agene was one of only 37 eleventh graders to also earn a perfect score.

Other students who achieved outstanding results in the meet included sophomores Skye Baker and Audrey Vergara; juniors Jacob Bovatsek and Madeline Wrubel; and seniors Jenna Mazzeo, Rhys Nagel, and Sydni Stock.



Senior Xinran "Carol" Hu was recognized by Iota Sigma Pi, the National Honor Society for Women in Chemistry, as an **Outstanding Female High School Chemistry Student**. In an effort to promote interest in chemistry among young women, Iota Sigma Pi has presented 46 female high school students with the "Outstanding Young Women in Chemistry" award. Recipients of the award show high academic achievement in chemistry. The award includes an official certificate issued by Iota Sigma Pi and recognition in the Iotan, the national publication of the Society.

In early March, six of our most noted leaders spent the day yesterday discussing diversity with other student leaders from around Hampton Roads at the **Tidewater Diversity Dialogue Day**. Diversity Dialogue Day is a one-day high school forum that brings together students from public and private schools in a particular geographic area in Virginia. Students created practical plans to create a more inclusive community!



Crusader Maria Rodriguez, who was chosen based on her strong academic record and thoughtful application into the **Harvard Secondary Summer School Program**!

The Secondary School Program is a college program for high school students that resembles that of a Harvard University student. Students study with Harvard faculty and visiting scholars, and earn college credit that may transfer to their chosen university. We are very proud to have our student body represented by such a worthy candidate!



Two of our Crusaders, Jenna Mazzeo and Joseph Bonvie, were selected as student diplomats for the **Model NATO Challenge Scholarship Program**. Jenna acted as a student diplomat representing Italy and Joseph represented Hungary. The student diplomats were assigned mentors, military officers from each of the 29 countries of NATO, who assisted in preparing the students for the challenge while teaching them about their culture, national military resources, and political backgrounds. The students were selected based on their essay on a predetermined topic involving NATO.

CRUSADER NEWS

Student Achievements



Catholic High School emerged in First Place at the 23rd Annual **Blue Crab Bowl**, held February 8 at Old Dominion University's Virginia Beach Center. Blue Crab Bowl, a day-long academic tournament, is the Virginia Regional Competition of the National Ocean Science Bowl (NOSB®). The contest drew sixteen teams of top science students from fourteen schools; they came from across the Commonwealth, hailing from Manassas and Warrenton to Hampton Roads and the Eastern Shore. The 70 students spent the day in a heated tournament competition focused on the marine sciences.

The challenging day included both round robin and double elimination contests – over 45 matches in all. Tense final competitions resolved 4th through 1st Place winners. First Place was captured by the Crusaders.

The Catholic High team, coached by science teachers Dr. Carol Stapanowich and Jennifer McMullen, included: Team Captain Matt Mytych; Jacob Bovatsek; Robert Cajes; Brandon Ly; and Andrew Michalak. At the Awards Ceremony, the successful team received their trophy from Representative Elaine Luria of Virginia's 2nd Congressional District, special guest and awards presenter.



Seven of our students joined 800 students from Virginia, North Carolina and Maryland at Old Dominion University's **Model United Nations**. Rylee S., Mariah R., Patrick D., Justin C., Patrick H., and Frances W. represented Nigeria on various General Assembly committees. Maggie B., played Ivanka Trump on the United States National Security Council. Well done, all!

This year, Catholic High School once again received the **Pearl School Award** for the 2019-2020 school year! The Pearl School Award recognizes schools that provide their student body with a variety of environmental activities, exceeding the requirements of their curriculum. This award is thanks to the efforts of the entire school, notably the Environmental Crusader Club, our champion Blue Crab Bowl team and Ms. McMullen's AP Environmental class who work with oyster restoration and recently raised money for a sustainable water bottle fountain on campus.

In the last two years, Catholic High School has created a garden where the students of the Environmental Crusader Club (ECC) planted sunflowers, cucumbers, kale, and radishes, as well as a Dogwood Tree in front of the school. They also hosted an environmental film festival where they showed the movie Our Planet. While the school was closed, the ECC kept members engaged with environmentally focused activities by sending out wildflower seeds to students who were interested in planting a garden at home during the stay at home order.

CRUSADER NEWS

Faculty Achievements



Once again this year, several of our faculty were invited to participate as readers for the AP exams. A notable achievement and honor, **Mrs. Noreen Baker** served as an AP Distributed Table Leader for AP English Literature and Composition, **Mrs. Linda McCubbins '76** served as an Early Distributed Table Leader for AP U.S. Government, and **Mrs. Suzanne Glenn** for AP Spanish Language and Culture. In the past they have traveled to various cities for this opportunity, but this year reading participants performed their scoring online at home this year. This is a distinguished honor for these educators who will then share their insight and experience with their students.

Mrs. McCubbins was also accepted once again this year to attend the 2020 International Studies Research Lab (ISRL) at the University of Illinois at Champaign-Urbana. Although both the lab and the traditional Collaborative Workshop projects and interactions will be maintained online, this year's ISRL will be just as supportive and productive as previous years.



It is always bittersweet to recognize the faculty members who will be retiring after long service to our school, and this year we have one special faculty member who deserves abundant recognition: Catholic High School's nominee for the 2020 Excellence in Education award, **Mrs. Barbara Green**. Barbara Green has been a Physical Education teacher and Chair at Bishop Sullivan Catholic and Catholic High School for 24 years, and she has been an impactful educator and friend to countless students. She is a devoted, 34-year veteran Catholic educator who sent all of her children to Catholic schools. She goes to great lengths to make a difference in her students' lives, routinely and regularly going above and beyond on their behalf. A straight shooter, students knew they could get honest and objective advice from a very understanding adult. The gym was her classroom, and despite its being utilized for anything from school Mass to pep rallies to blood drives, Mrs. Green always found a way to accommodate others. And, perhaps more importantly, hundreds of students have learned to drive under her tutelage – and not a single one has ever been in an accident! She adjusted her schedule to make sure everyone who wanted the behind-the-wheel experience with Mrs. Green could get in, working around sports schedules, play practices, and every other activity under the sun. Thank you, Mrs. Green, for always setting the bar high and being a steady guiding light for countless Crusaders.

CRUSADER NEWS

Faculty Achievements



Welcome our New School Nurse, Madison Dellinger, BSN, RN

Ms. Dellinger earned a Bachelor of Science degree in Nursing from Kent State University. A registered nurse, Ms. Dellinger most recently worked as a Neonatal Intensive Care Registered Nurse at Akron Children's Hospital in Ohio. Ms. Dellinger's clinical and interpersonal skills, work ethic, and compassion at the core of her practice are valued in her role as the CHS school nurse.

“I plan to live the CHS Mission by providing confidence in each student through education and practice regarding the health challenges in the world today, while keeping our faith strong at the forefront of each battle.”

Crusader **Athletic Director, Lyndsey Boyce '99** was recognized by the NIAAA - National Interscholastic Athletic Administrators Association as a Certified Athletic Administrator.

To earn this distinction, Coach Boyce demonstrated the highest level of knowledge and expertise in the field of interscholastic athletic administration. The voluntary certification process included a thorough evaluation of the candidate's educational background, experience and professional contributions, as well as a rigorous, comprehensive written examination. She is one of an elite group of interscholastic athletic administrators nationwide to attain this level of professionalism.



CRUSADER NEWS

Barry Robinson Theater and Fine Arts Center

Student Theater Perspectives:

"As a member of the theatre company, I participated in the spring production of *The Tempest*. I was cast as *Stephano*, the drunk butler who has an eye for power and revenge. Out of the three characters I was given this past theatre season, Stephano was my most challenging, as it was a comedy role, arguably the hardest type of role. The experience on stage was amazing, and so was the off-stage experience. We truly grew as a family behind the scenes, and all worked together to make this show amazing. This experience was my first full-length play as our fall piece, *Frankenstein: Anatomy of a Monster*, was a one-act. This Shakespeare play required lots of line memorization, correction diction and acting ability to properly relay the message of the lines and characters, and hard work in the tech field. We also integrated music with a Spanish influence and a full stage of set work. Caliban, Ariel, and Stephano, my character, each had points on stage where singing was integrated into the play, having moments in song on stage. Each person who participated showed how much they truly loved theatre, and each person was key for the show to come alive. From our director Mr. Clarkson, Assistant Director, Ms. Truelove, to our amazing tech team, our costume designer, to our choreographer, to the actors on stage, each person helped shape and design this amazing show into the success it was. In theatre, each participant guides, shapes, and designs the show, no matter what the role. Unfortunately, we were a week away from the show when COVID-19 restrictions began, and it ended up putting a stop to our show. Losing something that we worked so hard to complete, and not getting to have that final senior stage moment was crushing, better quoted in the words of Stephano, "there is not only disgrace and dishonor in that, but an infinite loss". But, we must all remember that as actors we must keep pushing forward, and always remain ready for our next role. I will be continuing with theatre at ODU in the fall and will support my BRTFC family with their productions as well. The *Tempest* shaped me as an actor to always be ready for change, and value time that you don't know is limited, and Stephano taught me to never let evil get in the way of remaining good, always shoot for success, and allow yourself to change. This was truly a life-changing experience, and, will always remember my time in the CHS theatre company. This experience has guided, shaped, and changed me as an actor, and I will always look back fondly on my time in *The Tempest*. Never lose your dreams, and always take the time to relish in an experience as amazing as this was."

— David Dumas '20

"The *Tempest* was an awesome experience for me. I had never had the chance to do a full-length play before, so this was my first. This was such a fun show to do! The *Tempest* is a jam-packed show filled with comedy and emotion. The characters are wildly dynamic and I loved not only playing my character but watching my fellow actors play their characters as well. The family environment of the show was the best part of it all. I just hate that we did not get to perform it for audiences to see!"

— Lindsey Sawyer '21



CRUSADER NEWS

Barry Robinson Theater and Fine Arts Center



3D Art by Brendyn Benincasa '21



Our fine arts students are still creating wonderful art while at home. Check out this amazing sneaker Zekai Chen created using his 3D Pen!



Fine Arts students in Glass, Art Foundations, Ceramics, and AP Studio Art never stopped creating - they adjusted quickly to virtual learning and continued making some fantastic works of art in all types of styles and mediums!

Early in March, five of our students competed in the **Great Computer Challenge**. Their competition included schools such as Landtown, ATC, and the Governor's School. Our students had an amazing showing with winners including Isaac Avis (1st Place, Music Composition), Sophia Pedroza and Angelina Bailey (2nd Place for Graphic Design), Gabe Sudarma (3rd Place, Web Design) and Maria Rodriguez (Honorable Mention, Desktop Presentations).

Congratulations, to the 2nd Annual Catholic High School Photography Contest winners: Cynthia V. third place, Julia M., and Kyle C., first place. A special thank you goes out to Mr. Le for his continued support and The Crusader Club for sponsoring this year's contest!

Mass and a Meal

Catholic High School has many inclusive programs to encourage middle school students to become part of our Crusader community. Our Mass and a Meal program invites 7th graders from our partner Catholic schools to celebrate weekly Mass and share a meal together. Our student ambassadors are an integral part of the program as they lead small groups on a tour of our campus, share their high school experiences, and assist in fun experiments. Afterwards, our visitors can experience the best school lunch (and cookies!) prepared by our own Sage Dining! We hope to show them how CHS will enrich their high school experience academically, spiritually and culturally.

We were blessed to be able to host seven of our eight partner schools before the pandemic closed our doors. We hope to continue this important program each year and show rising high schoolers that Catholic High is the right choice to prepare them for college and the world beyond!

For more information on next year's Mass and a Meal dates, please contact Eileen Monacchio, Admissions Coordinator, at 757-467-2679 or monacchioe@chsvb.org.





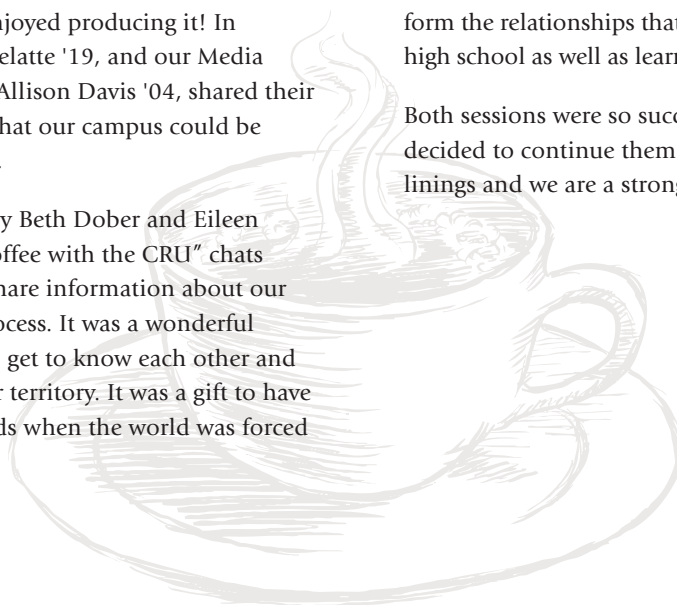
Adversity inspires creativity! Because of the pandemic, we had to find new ways to connect with interested and new families. It was important to us that everyone that wanted to get to know our community felt welcomed and well-informed.

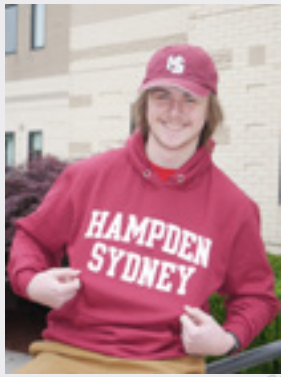
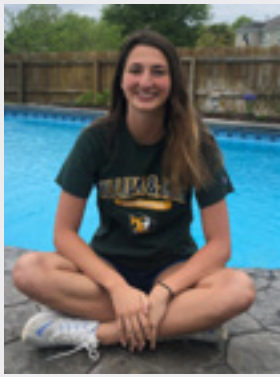
In mid-March, our admissions team went to work to create a virtual tour inspired by our campus visits. Our goal was to simulate the feel of warmth and enthusiasm felt when walking our hallways. Trying to bring alive our school was a fun and challenging project but we really enjoyed producing it! In addition, a recent graduate, Sean Delatte '19, and our Media Relations and Events Coordinator, Allison Davis '04, shared their talents in creating a drone tour so that our campus could be enjoyed from a different viewpoint.

Our Admissions Coordinators, Mary Beth Dober and Eileen Monacchio, then set up weekly "Coffee with the CRU" chats for new and interested parents to share information about our community and the admissions process. It was a wonderful format to show our Crusader spirit, get to know each other and discuss concerns in such unfamiliar territory. It was a gift to have the opportunity to make new friends when the world was forced to disengage.

Our new students also had the opportunity to bond in our weekly CRU CHAT sessions where they could ask questions and learn about our ambassadors' experiences and soak up their advice for a successful transition to high school. Our new students started to form the relationships that will be their foundation throughout high school as well as learn a little about Crusader life.

Both sessions were so successful and so rewarding that we have decided to continue them every year! There are always silver linings and we are a stronger community because of them!





CONGRATULATIONS TO OUR
NEWEST ALUMNI,
the Class of 2020!
YOU ARE CRUSADERS...
NOW AND FOREVER!



CRUSADER ALUMNI

2020 Commencement Speaker

Alumni Spotlight

Dr. Larry J. Sabato '70

Dr. Larry J. Sabato, 1970 Norfolk Catholic graduate, was the commencement speaker this year. Dr. Sabato is a New York Times best-selling author, has won four Emmys, and is recognized as one of the nation's most respected political analysts. He appears multiple times a week on national and international TV, including FOX, CNN, MSNBC, and CNN International. A Rhodes Scholar, Dr. Sabato is the founder and director of the University of Virginia's Center for Politics, and has had visiting appointments at Oxford and Cambridge universities in England. Dr. Sabato is the author or editor of two dozen books on American politics. He has taught over 20,000 students in his 40-year career, and the University of Virginia has given him its highest honor, The Thomas Jefferson Award. In 2020, Sabato will celebrate his 50th year of association with the University of Virginia.

Dr. Sabato is the editor and lead author of the recent book, "The Blue Wave," which explores the 2018 election and its outcome.

Professor Sabato heads up Sabato's Crystal Ball, which has won numerous awards. The Pew Charitable Trust recognized the Crystal Ball as the #1 leader in the field of political prediction, and The Daily Beast designated it as one of the top political sites on the web. A thorough statistical analysis of all 2018 prognosticators found that the Crystal Ball was the best (Nate Silver of 538.com was second).

Dr. Sabato has received four Emmys for the PBS television documentaries "Out of Order," which highlights the dysfunctional U.S. Senate, "The Kennedy Half-Century," which examines the life, assassination, and lasting legacy of President John F. Kennedy, "Feeling Good About America," which looks at the 1976 presidential election, and "Charlottesville," which looks at the events in the titular city during August 11 and 12, 2017.

Prof. Sabato is very active on social media. His Twitter feed (@LarrySabato) was named by Time Magazine as one of the 140 best.



CRUSADER ALUMNI

Keeping in Touch

Alumni Spotlight

Elizabeth Sitarski '08

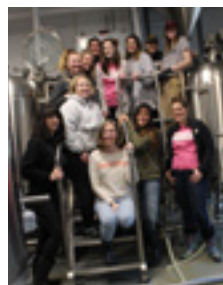
Elizabeth Sitarski '08 attended Old Dominion University after graduating from BSCHS where she received her B.S. in Biochemistry in 2013. She then moved to San Diego and continued her education in the University of California San Diego's Brewing Science program. Once completed, she moved back to Hampton Roads and has been employed at Smartmouth Brewing Co. for two years. Aside from daily brewing and production tasks, she has implemented a QA/QC program.

In San Diego, Elizabeth joined the Pink Boots Society San Diego chapter. The Pink Boots Society is an international non-profit organization that assists, inspires, and encourages women beer professionals through education. The brewing industry is a male-dominated industry, and to have an organization that rallies behind women, focuses on education, and provides an abundance of scholarships yearly is transformational. When she moved back to Hampton Roads, there wasn't an active chapter, so she decided to start one.

Elizabeth is currently the Chapter Leader for the Pink Boots Society Hampton Roads Chapter. After their first year, they have over 45 active members! They have bi-monthly meetings at different breweries/bottle shops with different educational topics. Topics range from talking about the botany of hops to beer and cheese pairings! She has been able to make a career out of her passion, and now she also focuses on encouraging women to join this male-dominated industry.

Every year, on or around International Women's Day, the Pink Boots Society encourages breweries worldwide to participate in a collaboration brew day. Last year two Hampton Roads breweries participated in the collaboration brew day, and this year there were seven! At Smartmouth, "Underestimated Power" IPA was developed, brewed, transferred, packaged, and labeled by women.

Elizabeth says, "As a brewer, it is exhilarating for me to see women in other roles (sales rep, graphic designer, beertender, marketing, etc) getting their hands dirty and experiencing the entire brewing process from grain to glass. None of that would have been possible without the support from my Smartmouth family. They are my biggest supporters and believe in and encourage not only me but all women in the beer industry."



What did you do after you left Bishop Sullivan and tell us about your career? How did your studies as BSCHS influence (if at all) where you are in your career choice today?

When I left BSCHS, I attended ODU and graduated in 2013 with a B.S in Biochemistry. I moved to San Diego and enrolled in UCSD's Brewing Science program while working full time for a biotech company. I am currently a brewer at Smartmouth Brewing in Norfolk. In my spare time I am a chapter leader for an international organization (Pink Boots Society) that helps inspire and educate women in the brewing industry.

Mr. Kline had the biggest influence on my career choice. My first day of Chemistry was also his first day at BSCHS. He wrote "chem is try" on the board. I took his advice by trying and ended up loving it. Mrs. Green had the biggest influence in my personal life, always giving me confidence and believing in me (even after in my adult life).

What are you passionate about in your work?

The best part of learning and studying chemistry is knowing it isn't static information. Chemistry is applicable to everything, and because of that, I'm able to focus on the four main raw ingredients in brewing - water, hops, barley, and yeast. The brewing process, from grain to glass, is intricate and it is important to know and understand it all to have a consistent product.

What are your favorite memories from Bishop Sullivan CHS?

Being involved with sports was definitely a highlight. Oh, and having the same lunch slot as the 2006 seniors... that food fight was pretty gnarly.

What advice do you have for today's Crusaders?

Everyone is different and conformity is boring. There isn't a timeline on when things should happen in your life. The sooner you stop comparing yourself to everybody, the happier you'll be (and at the end of the day, your happiness and health are really all that matters).

CRUSADER ALUMNI

Keeping in Touch



Paige Welch '10, owner and founder of Empowered Plant Cakes, was featured in Distinction Magazine! The magazine showcases an interview about her gluten-free, raw, and plant-based cake company.



Alumnus and former substitute teacher, **Michael Walker '84**, now has two self-published books, "One for Each Day at a Time" and "Inspired By," on the shelves of the Shepherd Library at CHS. Starting this fall, Michael will be serving as a full-time teacher at Christ the King Catholic School.



Maddie Campbell '15, shown at her desk at Madison Square Garden, where she interned last year until the Covid-19 outbreak. A graduate student in the Sports Media Program at Iona College, Maddie archived game footage, made highlight recaps, and produced in-game entertainment for the fans of the New York Knicks and New York Rangers.



Bobby Price '16 agreed to a free-agent contract with the Detroit Lions! Bobby was a Cru football & track star, earning 1st-team all-state honors in football & state titles in the high & long jumps. He then played for Norfolk State University, where he garnered second-team All-Mid-Eastern Athletic Conference honors as a senior.



Our AP Environmental Science class hosted **Ryan Kmetz '06**, M.S., ENV SP, Assistant Director of Sustainability at the University of Maryland, Baltimore County (UMBC). Via video conference, Ryan described his work and career path using questions from students and an overview of climate change and sea-level rise threats and solutions for Hampton Roads based on research in his field of interest. At CHS, Ryan took AP Biology with Dr. Stapanowich and went onto pursue a Bachelor of Science in Biology and on to a Master's in Environmental Science. Thank you for passing on your experience to the next level of Crusaders, Ryan!

CRUSADER ALUMNI

Keeping in Touch



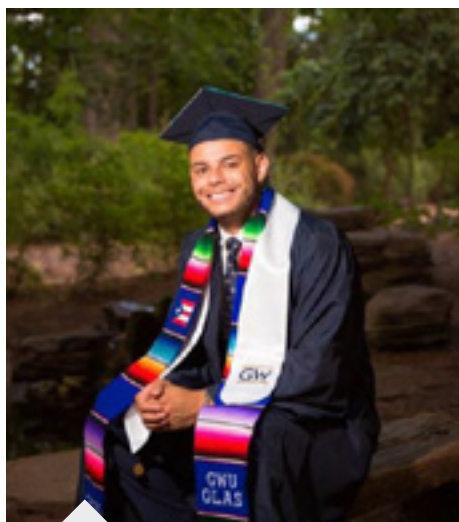
Congratulations to our Valedictorian and Salutatorian from the class of 2016! **Ryan Remias** (Salutatorian) recently graduated from The University of Virginia and **Patrick West** (Valedictorian) recently graduated from The University of Notre Dame.



Roman Cook '15 recently graduated from James Madison University with a Bachelor of Science in engineering with a minor in robotics.



Alexa Monacchio '16 graduated from Virginia Polytechnic Institute and State University with a Bachelor of Science in fashion merchandising and design and a minor in communications.



Jose Roman '16 graduated from The George Washington University with a double degree in Political Science and Geography! He has accepted an offer and will be working in the Financial District on Wall Street in New York City.



Jordan Quigley '16 recently graduated from James Madison University with a Bachelor of Science. She majored in interdisciplinary liberal studies and minored in elementary education. She is currently attending graduate school at JMU to receive her masters in elementary education!



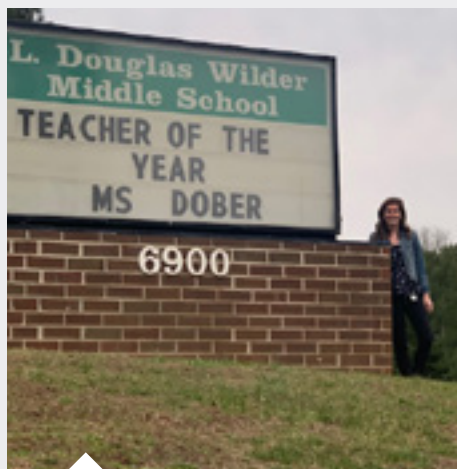
Congratulations to **Ryan Query '16**, a 3rd generation Crusader, for graduating from James Madison University with a Bachelor of Science in public policy and administration.

CRUSADER ALUMNI

Keeping in Touch



This year **Marina Goldberg '11** received Outstanding Teacher of the Year at her school, Chesterbrook Elementary School! Marina is currently in her 4th year of teaching elementary school in Fairfax County. She has taught 2nd grade for 3 years and 4th grade for 1 year.



Meighan Dober '09 was selected as the 2019-20 Teacher of the Year for L. Douglas Wilder Middle School in Henrico, VA. After teaching for 3 years in South Carolina, Meighan moved back to Virginia and has been a middle school Math teacher at Wilder Middle for four years and is currently the Math Department Chair.



Lauren Ciampoli '09 is a 2020 CoVaBiz Magazine Millennial on the Move and also a 2020 graduate of LEAD Hampton Roads. She currently lives in Norfolk and works as Education Manager in Charge of Special Programs for Junior Achievement of Greater Hampton Roads.



Braden Welsh '16 graduated from the United States Military Academy on June 13, 2020. Braden majored in Systems Engineering. He has since reported to Fort Rucker, Alabama, for Basic Officer Leadership Course, Survival, Evasion, Resistance and Escape Training, and Flight Training. Braden will ultimately be a helicopter pilot!



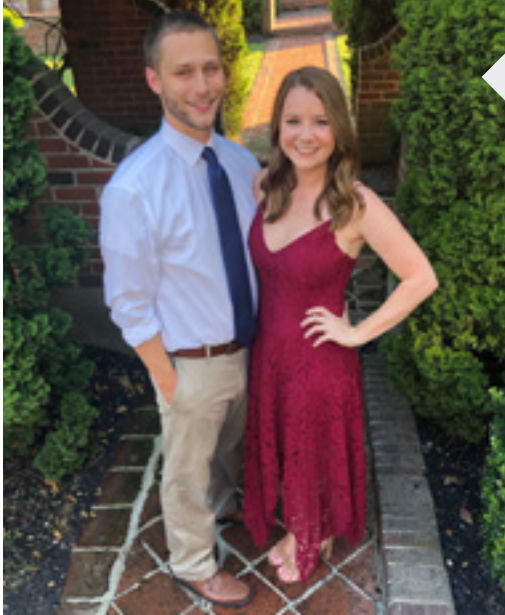
Tyler Fleetwood '15 graduated from United States Merchant Marine Academy with a Bachelor of Science in Marine Transportation, Logistics and Security. He also successfully sat for his Coast Guard Third Mate Unlimited license as a requirement for graduation. Tyler is currently an Ensign in the US Navy Reserves and will sail in the private shipping sector on his Third Mate license.



CRUSADER ALUMNI

Milestones

Engagements

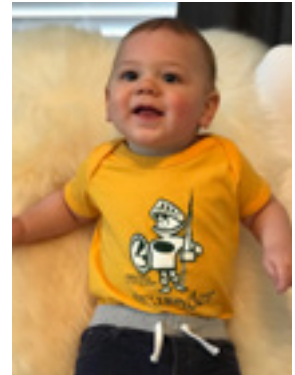


Paul Thrush '11 and Hallie Obleas were engaged on June 14, 2019. Their wedding will take place on October 3, 2020 in Culpeper, VA. Paul and Hallie are both graduates of Radford University, which is where they met.

SHARE YOUR GOOD NEWS WITH US!

Email engagement, wedding and birth announcements to us at crusaderalumni@chsvb.org!

Baby Crusader onesies are mailed to newborns of alumni who are announced in the Crusader Magazine.



Theodore Swafford, son of Meghan Schrader Swafford '03 and William Swafford

Future Crusaders



Callahan Gordon was born on May 23, 2019. Callahan is the son of **Christine Lundrigan '10** and **Tony Gordon '10**. **Elijah Ferrer** was born on May 26, 2019. Elijah is the son of **Caitlin Gordon '04** and husband, Alex.



Rachel (Peterson) Schultz '12 and husband, Taylor Schultz, welcomed a son, **Liam Steely Schultz**, on February 12, 2020.



Cara Sinclair de Dios '01 and her husband, Rae, have welcomed a third child to their family. **Fintan Jerome** was born on March 20, 2020, at 8:08 am weighing 8 lbs 0 oz and 20 in long. His older sisters, Fiona and Colleen, love helping with their baby brother. The de Dios family is very grateful for the new addition.

CRUSADER ALUMNI

Upcoming Class Reunions

Bishop Sullivan Catholic High School **Class of 2015 - 5th Reunion**

There has been an interest for a 5-year reunion for the class of 2015. If you are a member of this class and would like to begin planning your reunion, please contact Alumni Relations Coordinator, Samantha Williams, at williamss@chsvb.org. She will gladly help you begin the planning process.

Bishop Sullivan Catholic High School **Class of 2010 - 10th Reunion**

There has been an interest for a 10-year reunion for the class of 2010. If you are a member of this class and would like to begin planning your reunion, please contact Alumni Relations Coordinator, Samantha Williams, at williamss@chsvb.org. She will gladly help you begin the planning process.

Norfolk Catholic High School **Class of 1965 - 55th Reunion**

Due to the Pandemic, the Norfolk Catholic High School Class of 1965 had to cancel its 55th reunion over the weekend of October 16-17, 2020. They hope to reschedule their reunion for next year if all goes well. Please contact Sally Spollen at 757-589-1495 or spollensa@yahoo.com with any questions.

Norfolk Catholic High School **Class of 1966 - 55th Reunion**

The NCHS Class of 1966 would like to have a 55th class reunion in 2021. Reunion details are to be determined. Text Peggy Richard Mitchell at (850) 225-0179 if you are interested in attending this reunion.

2020-2021 REUNIONS!

Visit our website for details on upcoming reunions! If you have a reunion planned and it is not listed on our webpage or you'd like to get started on planning your reunion, please email all details and questions to crusaderalumni@chsvb.org.

Norfolk Catholic High School **Class of 1970 - 50th Reunion**

Dear fellow alumni:

In light of the coronavirus, the reunion committee surveyed approximately 100 folks from our class on their opinion on whether or not to postpone the reunion for this year. 61 voted to postpone; 21 voted to have it this October as planned. Due to our desire to have the most successful event possible, we are sadly postponing the festivities until next year.

Our current hope is to reschedule for the fall of 2021. The committee will continue to meet over the coming months and will monitor the progress of the coronavirus. We are very committed to making our reunion special and hope you can feel our excitement!

We will provide updates via the Catholic High Crusader Quarterly, Facebook, individual e-mails, and via the USPS for those we are missing a valid e-mail address. We're continuing to attempt to collect current e-mail addresses and/or mailing addresses. If you have contact with anyone not aware of our plans, please ask them to reach out to us to provide their information. Please contact Mary Anne Runaldue Copeland for any questions at racmac3@verizon.net.

Thank you from the reunion committee and stay well!

Norfolk Catholic High School **Class of 1976 - 45th Reunion**

Cheryl Rako, the class reunion coordinator, is looking for ideas and recommendations on whether to have a 45th reunion in 2021 or to wait until the 50th Golden Reunion in 2026. Please send your suggestions to nchs1976_40threunion@cox.net.

Norfolk Catholic High School **Class of 1980 - 40th Reunion**

The Norfolk Catholic High School Class of 1980 will no longer be celebrating their 40-year reunion over the weekend of September 25-26, 2020. However, they hope to make plans to reschedule their reunion.

IN MEMORIAM

As of July 2020

Aurelio Abrigo passed away January 26, 2020. He was the grandfather of Marcus Abrigo '91 and April Abrigo '93.

Salvador "Sammy" Alfonso passed away June 8, 2020. He was the father of Debbie Davis, CHS Advancement Assistant.

Carol Maloney Ambuhl '65 passed away November 20, 2019, in Troy, New York.

Epitacio Arganza passed away May 16, 2020. He was the father of Neal Arganza and the grandfather of Camden Arganza '22.

Suzanne Babb, a friend of Catholic High School, passed away April 13, 2020.

Valerie Bachmann Hixon '70 passed away on June 16, 2020. She is survived by her loving husband of 42 years, Bill Hixon; two daughters, Holly Hixon, and Jenna Schultz (Jeff); brother, John Bachmann '63 (Vicki); sister, Tina White (John); and niece, Heather Westheimer (Josh). She is also survived by her beloved grandchildren, Declan and Emilyn Schultz, and grand-nephew, Reed Westheimer.

Inez Carson passed away on June 19, 2020. She is survived by her two sons Gary H. Carson and Randall E. Carson. Inez was exceptionally proud of her grandson Christopher H. Carson '05 and her three step-grandchildren and great-grandchildren, which brought so much added joy to her life.

Thomas P. Dunn '57, a resident of Belcamp, MD, passed away peacefully in his sleep on June 17, 2020. During his NCHS years, Tom was a star athlete playing baseball, football, basketball, and track. Left to cherish his memory is his spouse, Norma; son, Christopher (Nancy); daughter, Suzanne (Joel) Heiss; brothers, James '62 and Lawrence (Leslie); eleven grandchildren, one great-grandchild, and his classmates, who were life-long friends. He was predeceased by his sons Lindsey Craft and Jeffrey Dunn.

Dorothy Earle of Danville passed away June 17, 2020. She was the mother of Mary Lou Keyes, and mother-in-law of Ed Keyes, current building supervisor of CHS.

Michael O. Emerson '58 passed away on November 19, 2019. He is survived by his wife of 59 years, Judy.

Barbara Hairston '55 passed away February 22, 2020. She is survived by her husband of 62 years, William.

William L. Hester passed away on May 12. He was the father of Teresa Lee Hester Dettmer '81 and John William Hester '82, and the grandfather of Bladen Hester '23.

Frances Hicks passed away January 18, 2020. She was the grandmother of Laura Jeffreys '98 and Paul Jeffreys '02.

Doris Lambert '58 passed away January 19, 2020. She is survived by her husband of 60 years, Brigadier General Wayne Lambert, Sr. (USAF, RET.); her two sons, Wayne and Shane (Lt. Col., US Army, Ret.), and eight grandchildren.

Raymond Lee '52 passed away on February 22, 2020, at home in Burbank, IL. He was the brother of Doris Lee Bossie '53.

Lydia Lopez passed away May 17, 2020. She was the grandmother of Leo Mendoza '02, Adrian Magno '09, and Allison Magno '13.

Joseph Malloy passed away May 21, 2020. He was the father of Kelly Lazzara, Superintendent of Schools, Diocese of Richmond.

Joseph R. "Bob" Mathews, Jr. passed away November 15, 2019, with his devoted wife and family by his side. Bob is survived by his wife of over 64 years, Dorothy Gregory Mathews. Left with his loving memory are Joseph R. Mathews, III (Theresa), Karen Mathews Devereaux '76 (Dean), Greg Mathews '78 (Lisa), Michael Mathews '79, Tom Mathews '80 (Faith). He had four Grandchildren, Megan Mathews, Eric Mathews, Paul Devereaux & Erin Mathews.

Barbara McLaughlin '65 passed away November 29, 2019. She is survived by her husband, James McLaughlin '65.

Cynthia "Chi" Mendoza passed away March 27, 2020. She was the mother of Mychael Dennis Mendoza '94.

Eugene Meredith passed away February 1, 2020. He was the father of Nehki Meredith '20.

Rev. Michael Vincent Moro, M.D. passed away on February 23, 2020. Left to cherish his memory is his wife of 44 years, Fran; children, Loreen Clayton, Lisa Poole and husband Danny, Michael Moro (Claudia), Amy Moro, Geoffrey Moro (Molly); grandchildren, Brittany Clayton (Danny), Nicholas Clayton, and Paul Moro; great-grandchild Cooper Fair; sisters, Cookie Burnett, Eileen (Dr. Aswini Lenora); brother, Robert "Bobby" Moro (Toni); many more extended family members and friends.

Michael Mumejian passed away on May 16, 2020. He was the son of George and Sheri and the brother of Christopher '09, Kara '17, and Nicolas.

James Neary passed away May 18, 2020. James is survived by his parents Jim '82 and Karen, brothers Jeff '08, Ross '13, daughters Caelynn and Hannah, their mother Callie Ann Kohlman, and so many other extended family members and friends.

James Novelli '56 passed away March 16, 2020. He is survived by his wife Helen '56.

Mary Parrott passed away April 27, 2020. She was the mother of Jimmy Parrott, former PE Teacher.

Christopher Pate '67 passed away May 9, 2020. He is survived by his wife, Crystal.

Christine Preston passed away on April 25, 2020. She was the grandmother of Donna (Preston) Ridgeway '05.

Emily Taliaferro Prince '79 passed away May 13, 2020. She is survived by her sisters; Sarah Pishko '77 and Anne Thompson '87, and three brothers; William Prince, Jr. '82, John Prince '85, and Robert Prince '88; and many nieces and nephews.

Jennie Knoop-Pfister '65 passed away on March 26, 2020. She was the daughter of Mary Knoop, former NCHS faculty member. She is survived by Kathryn Knoop Judge '64, John Knoop '66, Mark Knoop '68, James Knoop, Kevin Knoop '70, and David Knoop, and children; Elizabeth Broyles and Theodore Walker.

Mary Price, 95, passed away peacefully at her home at Harbor's Edge on January 23, 2020. Mary was born and raised in Richmond, Virginia. She met and married the love of her life, Frank Price, as a young working woman in Richmond. They were married on May 1st, Mary's birthday, and shared 67 years together until Frank's death four years ago.

Mary and Frank were amazing parents to seven children: Former CHS principal, Dennis Price '67 (Kathy Price '67), Donny Price '69 (Barbara Price '72), Peggy Barney '72 (predeceased by her husband, Steve Barney '72), Kelly Price '73 (predeceased by his wife, Chris Price), Mary Kay Price Lawrence '75 (David Lawrence '73), Eileen Price '76 (Bene Hoffmann) and Joan Price-Bayer '82 (Hayden Bayer '80). Mary is also survived by her 12 grandchildren and 6 great-grandchildren.

In addition to raising 7 children, Mary briefly taught kindergarten at Holy Trinity Catholic School and worked in the business office at Norfolk Catholic High School for over 10 years. The CHS gymnasium is named after her and her husband, Frank, in honor of their generous contributions.

Craig D. Rhodes, Sr. '57, a resident of Daphne, AL, passed away on June 15, 2020. Left to cherish his memory is his wife, Mahail; daughter Anita Simon; sons, Craig D. Rhodes, Jr. and Scott Rhodes; a stepson, James Deese; seven grandchildren and brother, Clem Rhodes. Craig left a legacy of helping others and he treasured his friendship with his NCHS classmates.

Alonzo Roane '18, 19, gained his angel wings on April 11, 2020. He leaves to cherish his memories with his host of family and friends.

Betty Irene Rychen, 78, of Norfolk, passed away unexpectedly after a short illness. She is survived by her husband of 53 years, Charles B. Rychen and her children, Mark Rychen '84, and Tracy Lee (Rychen) '87.

Joseph J. Sweeney passed away on Tuesday, April 29, 2020. He is the beloved husband of the late Patricia H. (nee Donaldson) Sweeney and the loving father of Joseph J. (the late Bernadette) Sweeney, Patricia S. (Vito, Esq.) Gagliardi, Esq., and Kevin M. (Abby) Sweeney, Rear Admiral USN (Ret). Joe is the devoted grandfather of Christine Marie (Dustin) Steerman, Daniel (Katelyn) Sweeney, Kevin (Chrissy '07) Sweeney Jr. '07, Colin Sweeney '10, Vito Gagliardi and Gregory Gagliardi.

Mary J. Szymanski passed away on February 4, 2020, after a short illness. She was the mother of four children, all of whom graduated from NCHS. She was predeceased by her husband, Chester, and son, Gary Szymanski '64. Left with her loving memory are Karen Szymanski Talbert '69, Mary Jane Szymanski Carpenter '71, and Katherine Szymanski Campen '74. Mary was an active member of St Pius X Parish and the Polish Apostolate of Tidewater.

Mary "Pepper" Termini '66 passed away on February 1, 2020. Pepper's memory will live in her husband John; daughter Angela; son Christopher and his wife Julie; grandsons Jack and Michael; brothers Francis A. Bruno '60 and James A. Bruno '59; sisters Catherine Wishnosky '64, Virginia Bowden, Marian Vollmer '72; and a host of nieces, nephews, cousins, in-laws, and friends who felt the warmth of Pepper's love. She is predeceased by her parents, brother; Alphonse Bruno, Jr. '56, and sister; Ann Deaton '62.

Gerald F. Thummel passed away on December 7, 2019, at age 94. Gerald was the father of Karen Still '66, Linda Livingston '68, Maureen Wixsten '70, Richard Thummel '72, and Liz Compton '73.

Juliet Wagner Walton '57 left her earthly home on April 13, 2020. She is survived by her husband, Harry '56, and was predeceased by a daughter, Tracy.

Anthony "Tony" Zito, Sr. passed away December 19, 2019. He was the father of, current substitute teacher, Mark Zito, Sr. and the grandfather of Mark Zito, Jr. '04.

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In the previous issue of the Crusader, an obituary for Andrea Belperain Grantham '65 ran in error. We apologize for the mistake on our part.
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Every attempt is made to ensure accuracy of the information printed; however, if some errors or omissions occur, we sincerely apologize. Please contact the Advancement Office at (757) 467-2679, or email crusaderalumni@chsvb.org with corrections or news for The Crusader.

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Office Depot: Help our school earn FREE SUPPLIES! Our school will earn credits equal to 5% of your qualifying school supply purchases* to use for FREE supplies. You can credit the school year round! Every time you shop at Office Depot, remember to give our school ID# 70105215.



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Remember to link your card to our school under community rewards and every time you shop at Kroger you will be helping our school.

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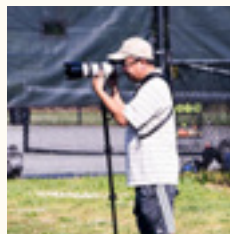
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www.chsvb.org



SAVE THE DATE

Green and Gold Alumni Game Day!



Alumni Co-ed Soccer Game
Saturday, November 28, 2020 • 11:00 a.m.



Alumni Girls Basketball Game
Saturday, November 28, 2020 • 12:00 p.m.



Alumni Boys Basketball Game
Saturday, November 28, 2020 • 1:00 p.m.

All alumni will receive a special gift of appreciation! Refreshments (pizza, chips, and drinks) will be available for alumni to enjoy throughout the day! Contact crusaderalumni@chsvb.org if you are interested in playing in either of these alumni games.

Athletic Hall of Fame Induction Ceremony



We are accepting nominations for the 2021 Athletic Hall of Fame through November 6, 2020!

Visit our Alumni page on the website to submit your nomination. Stay tuned for information regarding the Induction Ceremony in 2021.

The 2021 Hall of Fame recipient/s will also be presented at halftime.

For more details on these events, please contact crusaderalumni@chsvb.org or visit our Crusader Alumni Facebook page and website, www.chsvb.org!

Due to the current social climate, all events are subject to change. Please follow us on social media for the most relevant and up to date information.

THE CRUSADER

CONTACT INFORMATION

(757) 467-2679 PHONE

(757) 467-0284 FAX

www.chsvb.org

Parents: If this issue is addressed to your son or daughter who no longer maintains his or her permanent address at your home, please notify the Advancement Office of the new mailing address.

ADMISSIONS



Find out why Catholic High School is the right place for your student. As the only Catholic High School in the South Hampton Roads area, we are committed to developing the whole person. A challenging college preparatory curriculum and numerous and diverse athletic and extra-curricular activities paired with supportive faculty and a Christ-centered Catholic foundation will prepare your student for college and beyond. Catholic High School graduates are confident, principled leaders that are respected both in their chosen fields and in their personal lives.



For Admission information, please contact Mary Beth Dober or Eileen Monacchio, Admissions Coordinators at (757) 467-2881, doberm@chsvb.org or monacchioe@chsvb.org. Tours and Student Shadowing available by appointment.

Homecoming 2020



Plans for the 2020 Crusader Homecoming Festivities are currently being determined. More information will be announced as it becomes available. Connect with us on social media to stay up to date!

Alumni discounts available!



SAVE THE DATE

NOVEMBER 7, 2020

Whether you walk, jog, or run, come out and show your support for our students and our school!