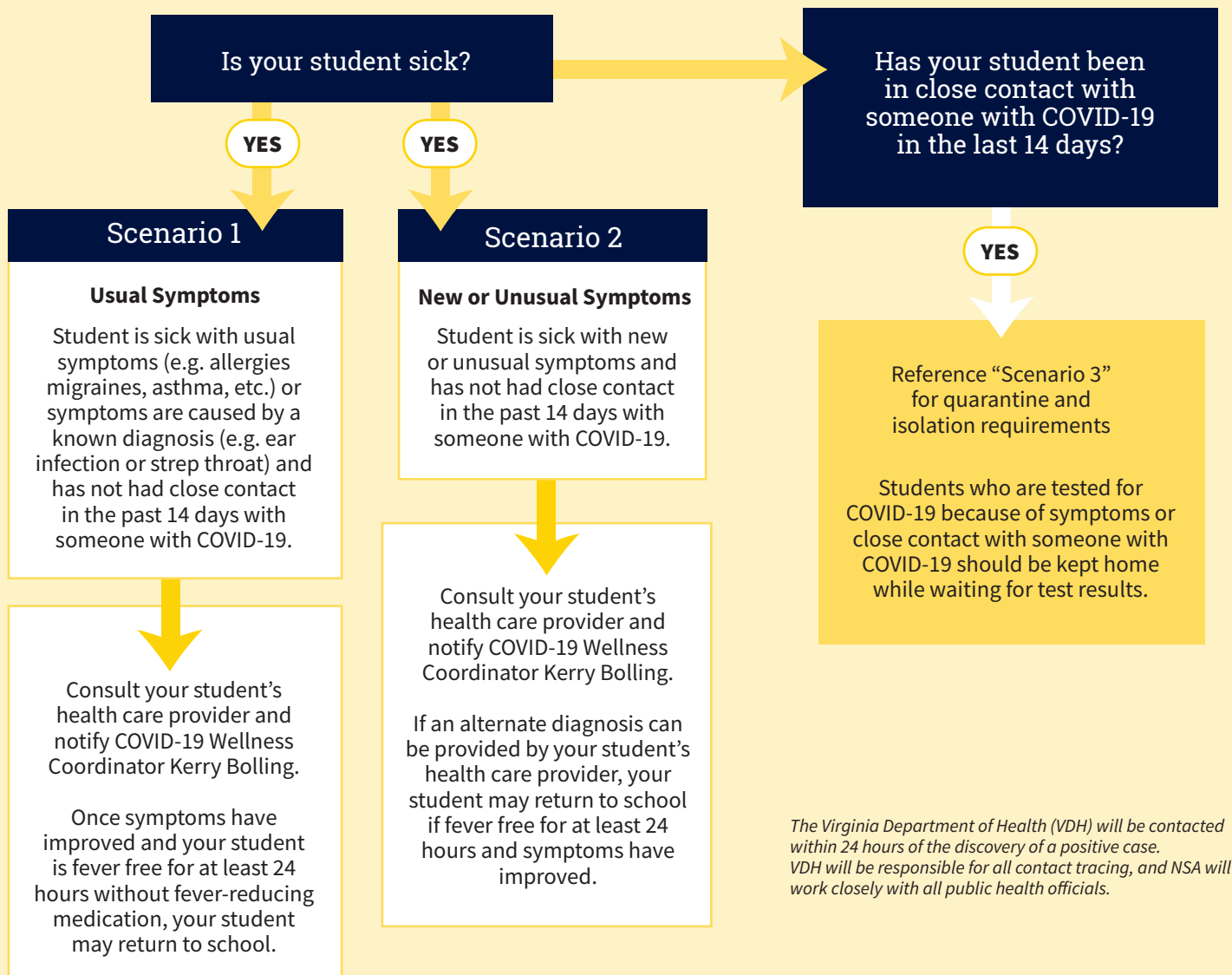


Deciding When to Stay Home



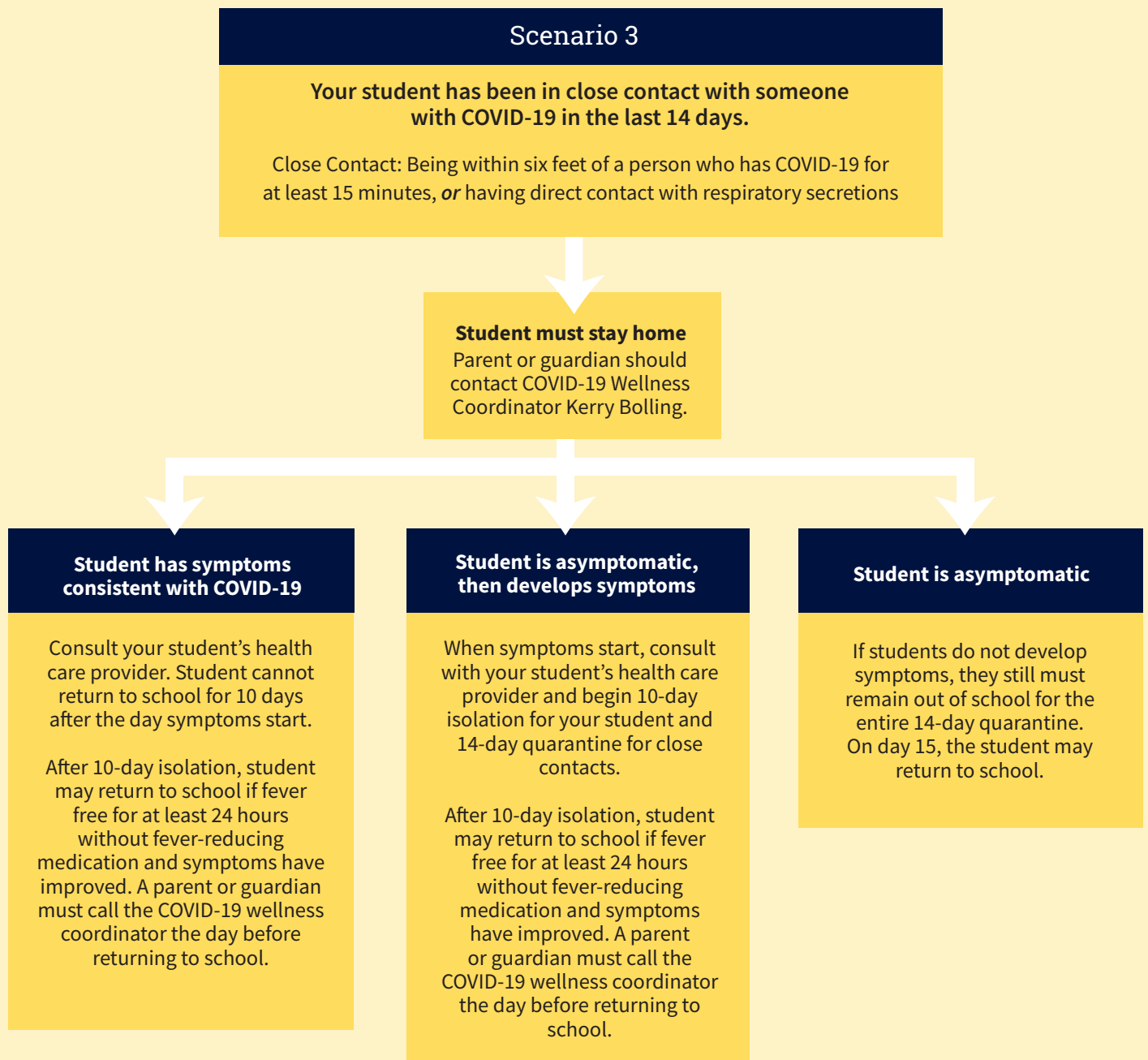
Symptoms of COVID-19 Include:

- Muscle or body aches
- Headache
- New loss of taste or smell
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea
- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue

A person with COVID-19 is considered to be contagious starting from two days before they became sick (or two days before they tested positive if they never had symptoms) until they meet the criteria to discontinue isolation.

Deciding When to Stay Home

What to Do if a Student Has Contact with a Confirmed COVID-19 Case



Note: A negative test for COVID-19 does not change the recommendations for quarantine/isolation. A note from your student's health care provider may be required to return to school.

If a student is sent home and at any point is feeling well enough, the student may participate in virtual learning until returning to campus.

Recommendations for discontinuation of isolation or quarantine in persons known to be infected with COVID-19 may differ from quarantine requirements for persons who have had close contact/exposure based on the time that it takes for symptoms to present.

The above guidance may be adapted by the CDC, state or local health departments to respond to rapidly changing local circumstances.