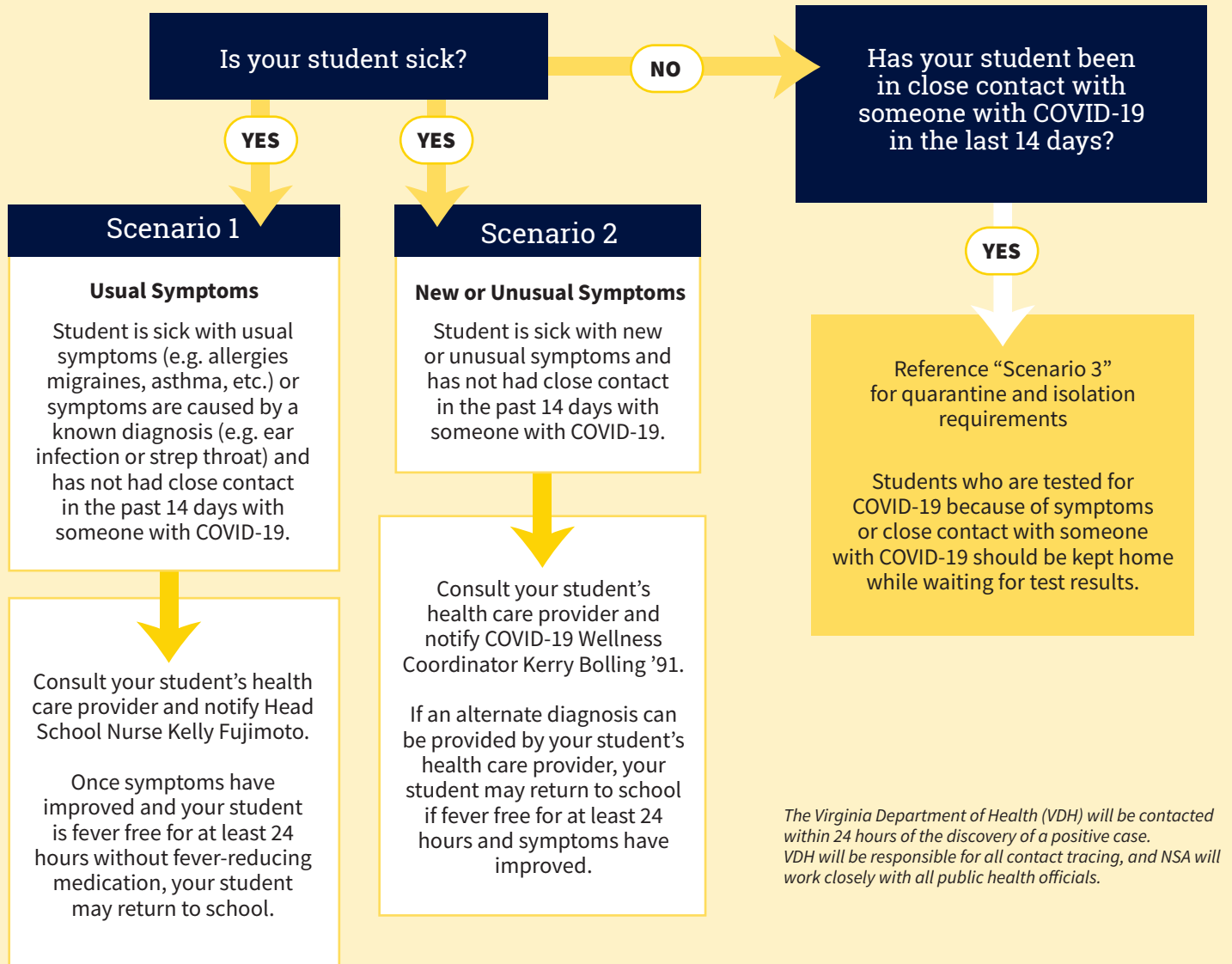


Deciding When to Stay Home

When Your Student Feels Sick



Symptoms of COVID-19 Include:

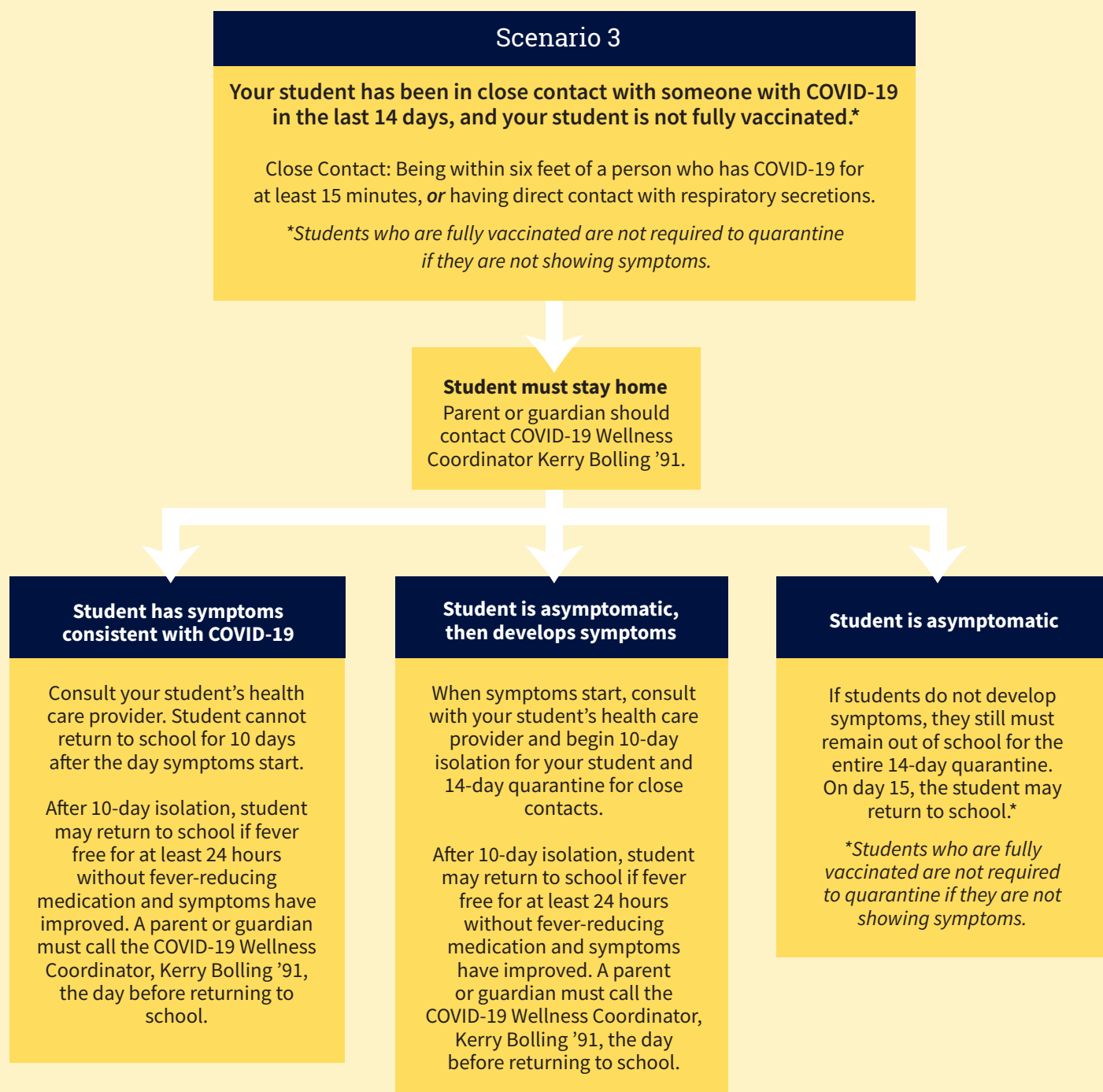
- Muscle or body aches
- Headache
- New loss of taste or smell
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea
- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue

A person with COVID-19 is considered to be contagious starting from two days before becoming sick (or two days before testing positive if asymptomatic) until the criteria has been met to discontinue isolation.

The above guidance may be adapted by the CDC, state or local health departments to respond to rapidly changing local circumstances.

Deciding When to Stay Home

What to Do if a Student Has Contact with a Confirmed COVID-19 Case



Note: A negative test for COVID-19 does not change the recommendations for quarantine/isolation. A note from your student's health care provider may be required to return to school.

Recommendations for discontinuation of isolation or quarantine in persons known to be infected with COVID-19 may differ from quarantine requirements for persons who have had close contact/exposure based on the time that it takes for symptoms to present.

The above guidance may be adapted by the CDC, state or local health departments to respond to rapidly changing local circumstances.