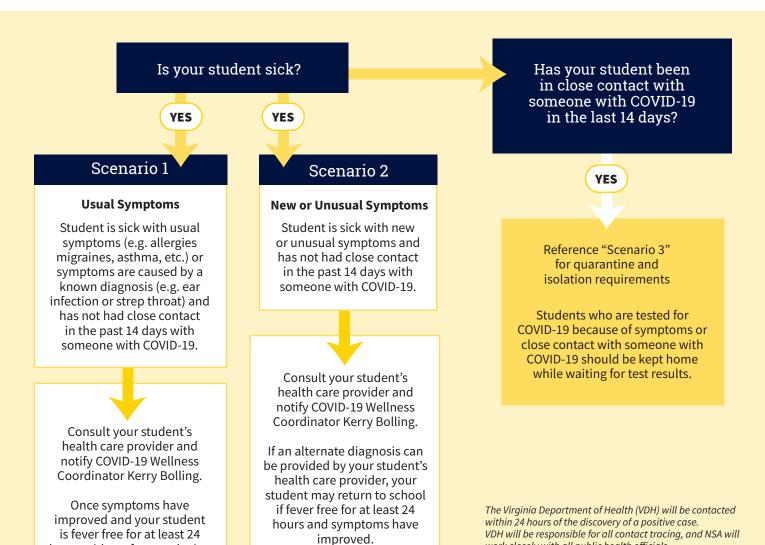
Deciding When to Stay Home



Symptoms of COVID-19 Include:

Muscle or body aches

hours without fever-reducing medication, your student may return to school.

- Headache
- New loss of taste or smell
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

- Fever or chills
- Cough
- difficulty breathing

A person with COVID-19 is considered to be contagious starting from two days before they became sick (or two days before they tested positive if they never

work closely with all public health officials.

 Shortness of breath or had symptoms) until they meet the Fatigue criteria to discontinue isolation.

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What to Do if a Student Has Contact with a Confirmed COVID-19 Case

Scenario 3

Your student has been in close contact with someone with COVID-19 in the last 14 days.

Close Contact: Being within six feet of a person who has COVID-19 for at least 15 minutes, *or* having direct contact with respiratory secretions

Student must stay home

Parent or guardian should contact COVID-19 Wellness Coordinator Kerry Bolling.

Student has symptoms consistent with COVID-19

Consult your student's health care provider. Student cannot return to school for 10 days after the day symptoms start.

After 10-day isolation, student may return to school if fever free for at least 24 hours without fever-reducing medication and symptoms have improved. A parent or guardian must call the COVID-19 wellness coordinator the day before returning to school.

Student is asymptomatic, then develops symptoms

When symptoms start, consult with your student's health care provider and begin 10-day isolation for your student and 14-day quarantine for close contacts.

After 10-day isolation, student may return to school if fever free for at least 24 hours without fever-reducing medication and symptoms have improved. A parent or guardian must call the COVID-19 wellness coordinator the day before returning to school.

Student is asymptomatic

If students do not develop symptoms, they still must remain out of school for the entire 14-day quarantine. On day 15, the student may return to school.

Note: A negative test for COVID-19 does not change the recommendations for quarantine/isolation. A note from your student's health care provider may be required to return to school.

If a student is sent home and at any point is feeling well enough, the student may participate in virtual learning until returning to campus.

Recommendations for discontinuation of isolation or quarantine in persons known to be infected with COVID-19 may differ from quarantine requirements for persons who have had close contact/exposure based on the time that it takes for symptoms to present.

The above quidance may be adapted by the CDC, state or local health departments to respond to rapidly changing local circumstances.